

2007 University of Central Missouri Jennies Soccer



At Warrensburg, Mo. vs. Northwest Missouri Friday October 26, at 7:00 p.m.
At Warrensburg, Mo. vs. Truman State Saturday October 27, at 7:00 p.m.

2007 Central Missouri Jennies Soccer Schedule

August

24 at Midwestern State University \$L 3-1
 26 vs. Texas Women's University \$W 2-0
 31 **Northeastern State #****T-2OT 2-2**

September

2 **Central Oklahoma #****W 1-0**
 7 at Missouri Western*W-OT 2-1
 14 **Washburn*****W 1-0**
 15 **Emporia State*****W 6-0**
 21 at Missouri Southern*W 1-0
 22 at Southwest Baptist*W 1-0
 28 at Truman*T-2OT 1-1
 29 at Northwest MissouriW-2OT 2-1

October

4 **Missouri Western*****W 5-0**
 12 **Southwest Baptist*****L-2OT 3-2**
 13 **Missouri Southern*****L 2-0**
 19 at Emporia State*W-2OT 2-1
 20 at Washburn*L 1-0
 26 **Northwest Missouri*****7:00 p.m.**
 27 **Truman*****7:00 p.m.**

* - MIAA match. \$ - Midwestern State University Classic. # - Comfort Inn/UCM Classic
 All home matches in **bold** at South Recreation Complex



Junior **Carrie Twellman** scored the game-tying goal against Emporia State with 19 seconds remaining last Friday.

The Game: The Jennies finish the regular season with two important home games. The Jennies take on Northwest Missouri on Friday night at 7 and host Truman State on Saturday at 7. The Jennies trail Truman by three points for first place in the MIAA.

Last time out

Emporia State: The Jennies escaped Emporia with a hard-fought 2-1 double overtime victory over Emporia State. The Jennies out-shot Emporia State 34-5 including 30-4 in regulation, but still trailed 1-0 for the majority of the contest. With just 19 seconds remaining in the game **Carrie Twellman** knocked home a penalty kick to force overtime. In the second overtime period **Hazel Cox** beat the goalkeeper for her second game-winning goal of the season. **Liz Casey** made one save in net for the Jennies while earning her eighth win of the season.

Washburn: The Jennies were only able to muster four shots against the Lady Blues and fell 1-0 in Topeka. The game was tied for the majority of the game until Washburn found the net in the 82nd minute to get the win. The Jennies were outshot 15-4 for the game.

The Coaches: **Lewis Theobald** is in his first season at the helm of the Jennies soccer program. His career records stand at 10-4-2, 8-3-1 in the MIAA. He spent last season as the first assistant at Division I Indiana State where he was the lead recruiter. He was also in charge of scouting as well as game and player evaluations. He is a 1999 graduate of the University of Kansas.

Tracy Hoza is in her fifth season at the helm of the Northwest Missouri State soccer program. Her overall record is 26-56-11 including a 5-10-1 mark this season. She is a 1995 graduate of Mercyhurst.

Mike Cannon is in his 15th season as head coach of the Truman State Bulldogs. His career record stands at 196-69-25 including a 12-4-1 mark this season. He is a 1992 graduate of Truman State.

The Series: This will be the 16th meeting between Central Missouri and Northwest Missouri State. The Jennies lead the series 10-2-3 including a 2-1 double overtime win in Maryville earlier this season.

This is the 20th all-time meeting between the Jennies and Truman State. TSU leads the series 14-3-2. The teams battled to a 1-1 tie earlier this season in Kirksville.

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Northwest Missouri: The Bearcats enter the game with at 5-10-1 overall and 4-7-1 in MIAA play. Last weekend NWMSU defeated Missouri Southern 1-0 on Friday and fell 1-0 to Southwest Baptist on Saturday. The Bearcats are led by Amanda Deml (5g, 4a), Marti Trummer (3g, 2a) and goalkeeper Lauren Hodgson (two shutouts).

Truman State: The Bulldogs enter the final weekend of the regular season atop the MIAA standings at 9-2-1, they are 12-4-1 overall. TSU beat Southwest Baptist 1-0 on Friday in Kirksville and Missouri Southern 3-1 on Saturday. Truman is lead by Jessica Wiegart (6g, 4a), Katie Reuck (6g, 3a) and goalkeeper Emily Roark (0.74 GAA, six shutouts).

Jennies in NCAA Central Region: The Jennies continue to hold down the No. 5 spot in this week's NCAA Central Region rankings. The top six teams in the region qualify for the NCAA tournament.

Jennies control their own destiny: The Jennies are currently in second place in the MIAA and control their own destiny. If they win their final two games they will win the MIAA and host the conference tournament next weekend. With one win the Jennies clinch a spot in the MIAA tournament. If they lose their final two games the Jennies could miss out on the postseason altogether. They could finish anywhere from third to a tie for fourth in the conference. With two wins the Jennies would put themselves in great position to receive a bid to the NCAA Tournament.

MIAA statistical leaders: **Liz Casey** is tied for first in the MIAA in goals against average (0.74), fourth in the MIAA in shutouts (4) and sixth in saves per game (3.50). **Lindsay Hoerl** is tied for fourth with three game-winning goals. **Hazel Cox** is third in the MIAA in shots per game (3.64) and sixth in points per game (0.93) and goals per game (0.36).

2007 MIAA Standings

| School | Overall | MIAA | Pts |
|--------------------------|---------------|--------------|-----------|
| Truman State | 12-4-1 | 9-2-1 | 28 |
| Central Missouri | 10-4-2 | 8-3-1 | 25 |
| Washburn | 9-5-4 | 7-2-3 | 24 |
| Southwest Baptist | 8-6-2 | 7-4-1 | 22 |
| Missouri Southern | 10-5-2 | 6-5-1 | 19 |
| Northwest Missouri State | 5-10-1 | 4-7-1 | 13 |
| Missouri Western | 4-13-0 | 3-9-0 | 9 |
| Emporia State | 0-17-0 | 0-12-0 | 0 |

3 pts for MIAA win
 1 pt for MIAA tie
 () - Rank in NSCAA Div. II poll

2007 NCAA Central Region Rankings (As of October 24, 2007)

| School | W-L-T |
|----------------------------|---------------|
| 1. Minnesota State-Mankato | 14-2-0 |
| 2. Winona State (Minn.) | 14-3-0 |
| 3. Nebraska-Omaha | 10-5-0 |
| 4. Truman State | 12-4-1 |
| 5. Central Missouri | 10-4-2 |
| 6. Northern State (N.D.) | 12-3-2 |
| 7. Missouri Southern | 10-5-2 |
| 8. Univ. of Mary (S.D.) | 10-4-0 |
| 9. Washburn | 9-5-4 |
| 10. Southwest Baptist | 8-6-2 |
| 10. Upper Iowa | 10-6-1 |

Upcoming MIAA Schedule

Friday, October 26

Emporia State @ Southwest Baptist 4 p.m.
 Northwest Missouri @ **Central Missouri** . . 7 p.m.
 Truman State @ Missouri Western 7 p.m.
 Washburn @ Missouri Southern 7 p.m.

Saturday, October 27

Washburn @ Southwest Baptist 2 p.m.
 Emporia State @ Missouri Southern 4 p.m.
 Northwest Missouri @ Missouri Western . . 7 p.m.
 Truman State @ **Central Missouri** 7 p.m.

Saturday, November 3

MIAA Conference Tournament - First Round
 @ Reg. Season Champ TBA

Sunday, November 4

MIAA Championship game TBA

The Last Time it Happened

Individual

4 Goals in a game

Sarah Bourn vs. Southwest Baptist (September 18, 1995)

3 Goals in a game

Caitlin Keith vs. Emporia State (September 15, 2007)

2 Goals in a game

Melanie Hall vs. Missouri Western (October 4, 2007)

3 Assists in a game

Carrie Twellman vs. Missouri Western (September 29, 2006)

2 Assists in a game

Hazel Cox vs. Northwest Missouri (September 27, 2006)

6 Points in a game

Caitlin Keith (3g, 0a) vs. Emporia State (September 15, 2007)

5 Points in a game

Melanie Hall (2g, 1a) vs. Missouri Western (September 29, 2006)

6 Shots in a game by 1 player

Lexie Bristow vs. Emporia State (October 19, 2007)

5 Shots in a game by 1 player

Hazel Cox vs. Emporia State (October 19, 2007)

Keeper had at least 12 saves

Sarah Bomhoff (13) vs. Southwest Baptist (November 6, 2003)

Keeper had at least 10 saves

Liz Casey (11) vs. Missouri Southern (October 13, 2006)

Team

Scored at least 6 goals in a game

6 - September 15, 2007 vs. Emporia State (W 6-0)

Scored 5 goals in a game

October 4, 2007 vs. Missouri Western (W 5-0)

Scored 4 goals in a game

September 13, 2006 at Emporia State (W 4-1)

Scored 3 goals in a game

October 29, 2006 vs. Missouri Western (W 3-1)

5 assists in a game

September 29, 2006 vs. Missouri Western

4 assists in a game

October 20, 2006 vs. Emporia State

Shutout the opponent

October 4, 2007 vs. Missouri Western (Team shutout, 5-0)

2007 NSCAA/Adidas D-II Rankings (As of October 23, 2007)

| School | W-L-T | Prev. |
|------------------------------|--------|-------|
| 1 Grand Valley State (Mich.) | 16-0-0 | 1 |
| 2 Seattle Pacific University | 17-0-0 | 2 |
| 3 Saint Rose (N.Y.) | 15-0-2 | 4 |
| 4 Minnesota State-Mankato | 14-2-0 | 7 |
| 5 Columbus State (Ga.) | 12-3-1 | 6 |
| 6 Incarnate Word (Texas) | 14-1-1 | 8 |
| 7 C.W. Post (N.Y.) | 12-1-2 | 22 |
| 8 Bryant University (R.I.) | 15-0-4 | 9 |
| 9 Saint Leo (Fla.) | 12-2-0 | 19 |
| 10 Seattle University | 15-2-0 | 11 |
| 11 Winona State (Minn.) | 14-3-0 | 12 |
| 12 Central Oklahoma | 14-3-1 | 14 |
| 13 West Florida | 12-2-0 | RV |
| 14 Slippery Rock (Pa.) | 14-3-1 | RV |
| 15 Carson-Newman (Tenn.) | 13-3-0 | 21 |
| 16 SIU-Edwardsville | 12-3-1 | 17 |
| 17 Franklin Pierce (N.H.) | 12-1-4 | 18 |
| 18 UC San Diego | 12-2-1 | 16 |
| 19 Nova Southeastern (Fla.) | 9-2-1 | 10 |
| 19 West Chester (Pa.) | 12-2-2 | 5 |
| 21 St. Edward's (Texas) | 13-3-0 | 19 |
| 22 Tampa (Fla.) | 13-2-1 | 3 |
| 23 Quincy University (Ill.) | 13-4-1 | 22 |
| 24 Nebraska-Omaha | 10-5-0 | NR |
| 25 Tusculum College (Tenn.) | 11-5-0 | NR |

Also receiving votes: Mercyhurst (Pa.), Metro State (Colo.), Armstrong Atlantic State (Ga.)

The 2007 Jennies Record When...

| | |
|------------------------------|---------|
| Scoring First | .8-1-1 |
| Opponents score first | .2-3-1 |
| Scoring last | .10-0-1 |
| Opponents score last | .0-4-1 |
| Playing at home | .4-2-1 |
| Playing on the road | .5-2-1 |
| Playing at a neutral site | .1-0-0 |
| Playing at night | .5-4-1 |
| Playing during the day | .5-0-1 |
| Playing a team from Kansas | .3-1-0 |
| Playing a team from Missouri | .5-2-1 |
| Playing a team from Oklahoma | .1-0-1 |
| Playing a team from Texas | .1-1-0 |
| Leading at halftime | .4-0-1 |
| Trailing at halftime | .1-0-0 |
| Tied at halftime | .5-4-1 |
| Outshooting opponent | .5-2-1 |
| Being outshot | .3-1-1 |
| Same number of shots | .2-1-0 |

2007 Jennies Soccer Alphabetical Roster

| No. | Name | Position | Ht. | Year (Exp.) | Hometown | Previous School |
|-----|-----------------------|------------|------|----------------|---------------------|----------------------------------|
| 11 | Madeline Baker | Midfielder | 5-6 | Junior - 1L | Odessa, Mo. | Weber State University |
| 1 | Lauren Bamvakais | Goalkeeper | 5-6 | Freshman - RS | St. Louis, Mo. | CorJesu Academy |
| 19 | Lexie Bristow | Defender | 5-7 | Freshman - HS | Olathe, Kan. | Olathe South High School |
| 00 | Elizabeth Casey | Goalkeeper | 5-6 | Senior - 1L | Olathe, Kan. | Johnson County Community College |
| 30 | Hazel Cox | Forward | 5-5 | Junior - 2L | Olathe, Kan. | Olathe North High School |
| 21 | Angela Dobbie | Midfielder | 5-7 | Sophomore - 1L | Overland Park, Kan. | St. Thomas Aquina High School |
| 8 | Randi Fernsler | Defender | 5-8 | Junior - 2L | Ballwin, Mo. | Marquette High School |
| 14 | Kelsi Ginavan | Defender | 5-5 | Senior - 3L | Olathe, Kan. | Olathe East High School |
| 7 | Erin Hainey | Fwd/MF | 5-7 | Senior - 3L | Springfield, Mo. | Kickapoo High School |
| 20 | Melanie Hall | Forward | 5-8 | Sophomore - 1L | Topeka, Kan. | Washburn Rural High School |
| 23 | Heidi Helfers | Midfielder | 5-8 | Sophomore - 1L | Chesterfield, Mo. | Lafayette High School |
| 3 | Erin Hendrix | Defender | 5-4 | Senior - 3L | Overland Park, Kan. | Blue Valley West High School |
| 18 | Kathleen Higginbotham | Defender | 5-5 | Junior - 1L | Blue Springs, Mo. | Rockhurst University |
| 10 | Lindsay Hoerl | Midfielder | 5-3 | Sophomore - 1L | Overland Park, Kan. | Blue Valley West High School |
| 5 | Kayla Jupp | Forward | 5-6 | Sophomore - 1L | Chesterfield, Mo. | Marquette High School |
| 15 | Caitlin Keith | Forward | 5-8 | Freshman - HS | Columbia, Mo. | Hickman High School |
| 9 | Alicia Krug | Defender | 5-6 | Freshman - HS | Plattsmouth, Neb. | Plattsmouth High School |
| 33 | Alison Lusardi | Goalkeeper | 5-5 | Freshman - HS | Lee's Summit, Mo. | Blue Springs South High School |
| 13 | Kelsi McCrite | Forward | 5-8 | Senior - 1L | Topeka, Kan. | Emporia State University |
| 16 | Landri Schmitt | Forward | 5-5 | Junior - 2L | Olathe, Kan. | Olathe East High School |
| 17 | Kylee Schuhler | Defender | 5-6 | Sophomore - 1L | Olathe, Kan. | Olathe South High School |
| 2 | Brittany Sharp | Defender | 5-10 | Freshman - RS | Columbia, Mo. | Hickman High School |
| 6 | Carrie Twellman | Midfielder | 5-4 | Junior - 2L | Chesterfield, Mo. | Incarnate Word Academy |
| 32 | Megan Volker | Defender | 5-8 | Freshman - HS | Overland Park, Kan. | Blue Valley West High School |
| 4 | Alex Woolard | Defender | 5-4 | Freshman - HS | Lee's Summit, Mo. | Blue Springs South High School |

Head Coach: Lewis Theobald

Assistant Coaches: Chris Clements, Jeremy Clevenger, Shannon Patterson

Numerical Roster

| No. | Name | Pos. | Ht. | Yr. |
|-----|-----------------------|--------|------|---------|
| 00 | Elizabeth Casey | GK | 5-6 | Sr - 1L |
| 1 | Lauren Bamvakais | GK | 5-6 | Fr - RS |
| 2 | Brittany Sharp | Def | 5-10 | Fr - RS |
| 3 | Erin Hendrix | Def | 5-4 | Sr - 3L |
| 4 | Alex Woolard | Def | 5-4 | Fr - HS |
| 5 | Kayla Jupp | Fwd | 5-6 | So - 1L |
| 6 | Carrie Twellman | MF | 5-4 | Jr - 2L |
| 7 | Erin Hainey | Fwd/MF | 5-7 | Sr - 3L |
| 8 | Randi Fernsler | Def | 5-8 | Jr - 2L |
| 9 | Alicia Krug | Def | 5-6 | Fr - HS |
| 10 | Lindsay Hoerl | MF | 5-3 | So - 1L |
| 11 | Madeline Baker | MF | 5-6 | Jr - 1L |
| 13 | Kelsi McCrite | Fwd | 5-8 | Sr - 1L |
| 14 | Kelsi Ginavan | Def | 5-5 | Sr - 3L |
| 15 | Caitlin Keith | Fwd | 5-8 | Fr - HS |
| 16 | Landri Schmitt | Fwd | 5-5 | Jr - 2L |
| 17 | Kylee Schuhler | Def | 5-6 | So - 1L |
| 18 | Kathleen Higginbotham | Def | 5-5 | Jr - 1L |
| 19 | Lexie Bristow | Def | 5-7 | Fr - HS |
| 20 | Melanie Hall | Fwd | 5-8 | So - 1L |
| 21 | Angela Dobbie | MF | 5-7 | So - 1L |
| 23 | Heidi Helfers | MF | 5-8 | So - 1L |
| 30 | Hazel Cox | Fwd | 5-5 | Jr - 2L |
| 32 | Megan Volker | Def | 5-8 | Fr - HS |
| 33 | Allison Lusardi | GK | 5-5 | Fr - HS |

Personnel Situation

| Starters Returning (R) | Ht. | Class | Position | (Applicable Statistics, Honors) |
|---------------------------|-----|-----------|------------|--|
| (R) Elizabeth Casey | 5-6 | Senior | Goalkeeper | 0.93 GAA, 76 saves |
| (R) Hazel Cox | 5-5 | Junior | Forward | 10 goals, 6 assists, first-team all-region |
| (R) Angela Dobbie | 5-7 | Sophomore | Midfielder | 2 goals, second-team All-MIAA |
| (R) Kelsi Ginavan | 5-5 | Senior | Defender | Second-team All-MIAA |
| (R) Melanie Hall | 5-8 | Sophomore | Forward | 8 goals, 5 assists, second-team All-MIAA |
| (R) Kathleen Higginbotham | 5-5 | Junior | Defender | 20 games, 1 assist |
| (R) Lindsay Hoerl | 5-3 | Sophomore | Midfielder | 2 goals, 3 assists, 26 shots |
| (R) Carrie Twellman | 5-4 | Junior | Midfielder | 4 goals, 6 assists, second-team all-region |
| (R) Landri Schmitt | 5-5 | Junior | Forward | 5 goals, 5 assists, H.M. All-MIAA |
| (R) Kylee Schuhler | 5-6 | Sophomore | Defender | 20 games, 1 goal |

| Starters Lost (L) | Ht. | Class | Position | (Applicable Statistics, Honors) |
|---------------------|-----|----------|----------|---------------------------------|
| (L) Mallory Milburn | 5-8 | Defender | | Second-team all-region |

| Letterwinners Returning | Pos. | Ht. | Yr-Exp | Player | Pos. | Ht. | Yr-Exp | Player |
|-------------------------|--------|------|---------|-----------------------|-------------|------------|---------------|--------|
| Elizabeth Casey | GK | 5-6 | Sr - 1L | Kathleen Higginbotham | Def | 5-5 | Jr - 1L | |
| Lauren Bamvakais | GK | 5-6 | Fr - RS | Melanie Hall | Fwd | 5-8 | So - 1L | |
| Brittany Sharp | Def | 5-10 | Fr - RS | Angela Dobbie | MF | 5-7 | So - 1L | |
| Erin Hendrix | Def | 5-4 | Sr - 3L | Heidi Helfers | MF | 5-8 | So - 1L | |
| Kayla Jupp | Fwd | 5-6 | So - 1L | Hazel Cox | Fwd | 5-5 | Jr - 2L | |
| Carrie Twellman | MF | 5-4 | Jr - 2L | | | | | |
| Erin Hainey | Fwd/MF | 5-7 | Sr - 3L | Newcomers | Pos. | Ht. | Yr-Exp | |
| Randi Fernsler | Def | 5-8 | Jr - 2L | Lexie Bristow | Def | 5-7 | Fr - HS | |
| Lindsay Hoerl | MF | 5-3 | So - 1L | Caitlin Keith | Fwd | 5-8 | Fr - HS | |
| Madeline Baker | MF | 5-6 | Jr - 1L | Alicia Krug | Def | 5-6 | Fr - HS | |
| Kelsi McCrite | Fwd | 5-8 | Sr - 1L | Allison Lusardi | GK | 5-5 | Fr - HS | |
| Kelsi Ginavan | Def | 5-5 | Sr - 3L | Megan Volker | Def | 5-8 | Fr - HS | |
| Landri Schmitt | Fwd | 5-5 | Jr - 2L | Alex Woolard | Def | 5-4 | Fr - HS | |
| Kylee Schuhler | Def | 5-6 | So - 1L | | | | | |

Pronunciation Guide

Lauren **Bamvakais**(BAM-vaw-kiss)
 Lindsay **Hoerl**(Hurl)
 Allison **Lusardi**(LOO-sar-dee)
 Kelsi **Ginavan**(GIN-a-vun) with a hard G
 Kylee **Schuhler**(Shoe ler)