

2009 UNIVERSITY OF CENTRAL MISSOURI JENNIES SOCCER

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2009 Central Missouri Jennies Soccer Schedule

August

28 at Abilene Christian L, 0-1
30 at Midwestern State University L, 0-1

September

4 vs. West Texas A&M # T, 1-1 2OT
6 at No. 16 Texas A&M-Commerce #. W, 1-0
10 Missouri Southern * 7 p.m.
12 Washburn * 7 p.m.
17 at Nebraska-Omaha * 4 p.m.
24 at Washburn * 7 p.m.
26 at Emporia State * 1 p.m.

October

1 at Northwest Missouri * 4 p.m.
3 Missouri Western * 7 p.m.
8 at Truman State * 2 p.m.
10 at Missouri Western * 7 p.m.
17 at Missouri Southern * 7 p.m.
22 at Southwest Baptist * 3 p.m.
24 Emporia State * 2 p.m.
29 Southwest Baptist * 7 p.m.
31 Truman State * 7 p.m.

November

5 Northwest Missouri * 7 p.m.
7 Nebraska-Omaha * 2 p.m.

* - MIAA match
- Texas A&M-Commerce Tournament
All home matches in **bold** at South Recreation Complex



Sharaya Sidebottom recorded her first game-winning goal this past weekend as the Jennies won their first game of the season over No. 16 Texas A&M-Commerce.

This Week's Schedule

vs. Missouri Southern State Sept. 10, at 7:00 pm
vs. Washburn Sept. 12, at 7:00 pm

The Games: After opening the season 1-2-1, Central Missouri comes back to familiar turf. The Jennies kick off conference play against Missouri Southern on Thursday at 7 p.m. and then goes head-to-head with Washburn on Saturday at 7 p.m.

The Week in Review

West Texas A&M - Kayla Jupp opened the scoring gates as she put the Jennies on the board in the 17th minute. The Lady Buffs came back to tie it up in the 31st minute, as neither team would score again in the last 78 minutes of play, including both overtimes. **Melanie Hall** and **Kelsie Hanson** were credited with the assists for the Jennies, as **Lauren Bamvakais** had five saves in the game. Central Missouri took 19 shots, five from Hall, three from **Kayla Shain** and Jupp, two each from **Katie O'Keefe** and **Angela Dobbie**, and one shot each from **Kelsie Hanson**, **Sharaya Sidebottom**, **Kaylee Schuhler** and **Lindsay Hoerl**.

No. 16 Texas A&M-Commerce - Sharaya Sidebottom took a pass from **Cara Hennahane** in the 37th minute of the game and fired it past the goalie for the game-winning goal. **Lauren Bamvakais** tallied one save in net for the shutout, the 13th of her career. The Lions took six shots times to UCM's four, as **Kayla Shain** and **Kayla Jupp** both had one and Sidebottom recorded two.

The Coaches

Lewis Theobald is in his third season at the helm of the Jennies soccer program. He led the Jens to back-to-back conference titles and has posted a 28-8-6 overall mark. He was the first assistant at Division I Indiana State where he was the lead recruiter before coming to UCM. He is a 1999 graduate of the University of Kansas.

Trevor Wachsmann enters his seventh season as head coach at Missouri Southern. He led the Lions to a 6-12-1 overall record last season and a 4-11-1 conference mark, placing them seventh in the MIAA. Wachsmann has a career record of 52-47-19, all with MSSU. Wachsmann graduated from Fort Lewis in 2000.

Tim Collins began his seventh season at the helm of the Lady Blues. He led Washburn last season to a 15-7-2 overall record and a 10-5-1 mark

in the conference, finishing fourth in the MIAA. Collins has posted a 60-43-21 career record all at WU. Collins graduated from Ottawa in 1991.

The Opponents

Missouri Southern State: The Lions are currently 2-2 this season, with both losses coming on the road. Michelle Dimza and Stephanie Heines both have two goals and one assist on nine shots in the young season. Randi Russell has been in goal every minute of every game, allowing eight goals and saving 21 shots. Central Missouri leads the all-time series between the teams 9-7-2 as the Jennies won both games last season.

Washburn: The Lady Blues are 2-1 this season, defeating Newman 2-1 in double overtime this past weekend. Leah Talley leads Washburn with two goals, both of which have been game-winners. Ashley Klone has held down the fort in net, allowing four goals and saving 14 of the 34 shots faced. Central Missouri leads the all-time series between the teams 7-4-1 as the Jennies shutout the Lady Blues both times last season.

Jennies against ranked opponents: Central Missouri is 5-1-2 under Coach Theobald against ranked opponents and 6-6-2 against ranked opponents since 2005. UCM defeated No. 16 Texas A&M-Commerce on Sunday 1-0 in the TAMCU Tournament.

Taking Shots: Central Missouri has taken 47 shots this season as opposed to facing 26. The majority of those shots have been taken in the second half as UCM has taken 26 shots in the last 45 minutes of play. The Jennies half out shot all of their opponents except for the game against Texas A&M-Commerce where the Jens only tallied four to the Lions six.

2009 MIAA Standings

School	Overall	MIAA	Pts
Northwest Missouri State	4-0-0	0-0-0	0
Southwest Baptist	2-0-1	0-0-0	0
Missouri Western	2-2-0	0-0-0	0
Truman State	1-1-2	0-0-0	0
Washburn	1-1-0	0-0-0	0
Central Missouri	1-2-1	0-0-0	0
Missouri Southern	1-2-0	0-0-0	0
Nebraska-Omaha	1-3-0	0-0-0	0
Emporia State	0-2-1	0-0-0	0

3 pts for MIAA win
 1 pt for MIAA tie
 () - Rank in NSCAA Div. II poll

2009 Preseason Coaches Poll

School	Pts.
1. Central Missouri (6)	.62
2. Truman (3)	.59
3. Nebraska-Omaha	.49
4. Washburn	.43
5. Southwest Baptist	.35
6. Northwest Missouri State	.30
7. Missouri Southern	.22
8. Emporia State	.13
9. Missouri Western	.11

Points awarded on a 8-7-6-5-4-3-2-1 basis.
 Coaches could not vote for their own team.
 First place votes in parentheses.

Upcoming MIAA Schedule

Thursday, September 10

Emporia at Southwest Baptist 3 p.m.
 Missouri Western at Nebraska-Omaha 4 p.m.
 Truman State at Northwest Missouri St. 4 p.m.
Missouri Southern at Central Missouri 7 p.m.

Saturday, September 12

Truman State at Nebraska Omaha 12 p.m.
 Missouri Southern at Southwest Baptist 12 p.m.
 Missouri Western at Northwest Missouri St . . 12 p.m.
 Washburn at Central Missouri 7 p.m.

2009 NSCAA/Adidas D-II Rankings (Sept 8)

School	Prev.	W-L-T
1 Seattle Pacific (Wash.)	1	4-0-0
2 West Florida	2	2-0-0
3 Saint Rose (N.Y.)	4	3-0-0
4 Grand Valley State (Mich.)	5	3-0-1
5 Incarnate Word (Texas)	6	4-0-1
6 Minnesota State-Mankato	15	4-0-0
7 Columbus State (Ga.)	7	2-0-1
8 UC San Diego	10	2-0-0
9 Rollins (Fla.)	11	3-0-1
10 California (Pa.)	24	3-0-0
11 Carson-Newman (Tenn.)	17	4-0-0
12 Indianapolis, University of	21	4-0-0
13 C.W. Post (N.Y.)	18	3-0-0
14 Fort Lewis (Colo.)	RV	4-0-0
15 St. Edward's (Texas)	23	3-0-1
16 Wisconsin-Parkside	25	2-0-1
17 East Stroudsburg (Pa.)	NR	5-1-0
18 North Alabama	NR	4-0-0
19 Cal Poly Pomona	NR	4-0-0
20 Colorado Mines	NR	4-0-0
21 Midwestern State (Texas)	NR	3-0-0
22 Adelphi (N.Y.)	NR	3-0-0
23 Armstrong Atlantic State (Ga.)	12	3-1-0
24 Kutztown (Pa.)	NR	3-0-0
25 Slippery Rock (Pa.)	8	2-1-0

Also receiving votes: Metro State (Colo.), Regis (Colo.), West Texas A&M, Florida Tech, Saint Leo (Fla.), Merrimack (Mass.), Northern Kentucky, Chico State (Calif.), North Georgia

The 2009 Jennies Record When...

Scoring First	.1-0-1
Opponents score first	.0-2-0
Scoring last	.0-0-0
Opponents score last	.0-0-0

Playing at home	.0-0-0
Playing on the road	.1-2-0
Playing at a neutral site	.0-0-1

Playing at night	.0-1-0
Playing during the day	.1-1-1

Playing a team from Kansas	.0-0-0
Playing a team from Missouri	.0-0-0
Playing a team from Nebraska	.0-0-0
Playing a team from Oklahoma	.0-0-0
Playing a team from Texas	.1-2-1

Leading at halftime	.1-0-0
Trailing at halftime	.0-1-0
Tied at halftime	.0-2-0

Outshooting opponent	.0-2-1
Being outshot	.1-0-0
Same number of shots	.0-0-0

The Last Time it Happened

Individual

4 Goals in a game

Sarah Bourn vs. Southwest Baptist (September 18, 1995)

3 Goals in a game

Caitlin Keith vs. Emporia State (September 15, 2007)

2 Goals in a game

Lindsay Hoerl vs. Missouri Western (October 4, 2008)

3 Assists in a game

Carrie Twellman vs. Missouri Western (September 29, 2006)

2 Assists in a game

Sharaya Sidebottom vs. Nebraska-Omaha (September 18, 2008)

6 Points in a game

Caitlin Keith (3g, 0a) vs. Emporia State (September 15, 2007)

5 Points in a game

Melanie Hall (2g, 1a) vs. Missouri Western (September 29, 2006)

8 Shots in a game by 1 player

Melanie Hall vs. Midwestern State (August 30, 2009)

6 Shots in a game by 1 player

Lexie Bristow vs. Emporia State (October 19, 2007)

5 Shots in a game by 1 player

Melanie Hall vs. West Texas A&M (September 4, 2009)

Keeper had at least 12 saves

Sarah Bomhoff (13) vs. Southwest Baptist (November 6, 2003)

Keeper had at least 10 saves

Liz Casey (11) vs. Minnesota State (November 11, 2007)

Team

Scored at least 6 goals in a game

7 - September 5, 2008 vs. Southwestern Oklahoma State (W 7-2)

Scored 5 goals in a game

October 11, 2008 vs. Missouri Western (W 5-1)

Scored 4 goals in a game

September 13, 2006 at Emporia State (W 4-1)

Scored 3 goals in a game

October 4, 2008 vs. Missouri Western (W 3-0)

5 assists in a game

September 29, 2006 vs. Missouri Western

4 assists in a game

September 5, 2008 vs. Southwestern Oklahoma State

3 assists in a game

October 11, 2008 vs. Missouri Western

Shutout the opponent

September 6, 2009 vs. Texas A&M-Commerce (Lauren Bamvakais, 1-0)

2009 Jennies Soccer Alphabetical Roster

<u>No.</u>	<u>Name</u>	<u>Position</u>	<u>Ht.</u>	<u>Year (Exp.)</u>	<u>Hometown</u>	<u>Previous School</u>
1	Lauren Bamvakais	GK	5-6	Jr-2L	St. Louis, Mo.	CorJesu Academy
11	Lexie Bristow	Fwd	5-7	Jr-2L	Olathe, Kan.	Olathe South HS
18	Aaryn Burke	MF	5-8	Fr-HS	Deltona, Fla.	Winter Park HS
14	Brittany Colvin	MF	5-4	Fr-HS	O'Fallon, Mo.	Fort Zumwalt West
25	Jessica Depew	MF	5-2	Jr-1L	Lee's Summit, Mo.	Missouri State University
21	Angela Dobbie	MF	5-7	Sr-3L	Overland Park, Kan.	St. Thomas Aquinas HS
20	Melanie Hall	Fwd	5-8	Sr-3L	Topeka, Kan.	Washburn Rural HS
7	Kelsie Hanson	MF	5-8	Fr-HS	Olathe, Kan.	Olathe South HS
24	Cara Hennahane	Fwd	5-6	So-1L	Leawood, Kan.	Blue Valley North HS
10	Lindsay Hoerl	MF	5-3	Sr-3L	Overland Park, Kan.	Blue Valley West HS
19	Sarah Hotop	Def/MF	5-9	So-1L	Mexico, Mo.	Mexico Senior HS
5	Kayla Jupp	MF	5-6	Sr-3L	Chesterfield, Mo.	Marquette HS
15	Eileen Miller	MF	5-5	Fr-HS	Spring Hill, Kan.	Spring Hill HS
13	Katie Ruhmann	MF/Fwd	5-4	Fr-HS	Florissant, Mo.	Incarnate Word Academy
22	Katie O'Keefe	Def	5-10	So-1L	Olathe, Kan.	Olathe East HS
6	Alyssa Rhodes	MF	5-9	So-1L	Olathe, Kan.	Olathe South HS
17	Kylee Schuhler	Def	5-6	Sr-3L	Olathe, Kan.	Olathe South HS
4	Kayla Shain	MF/Fwd	5-5	Fr-HS	Olathe, Kan.	Olathe Northwest HS
2	Brittany Sharp	Def	5-10	Jr-1L	Columbia, Mo.	Hickman HS
12	Sharaya Sidebottom	Fwd	5-5	So-1L	Blue Springs, Mo.	Blue Springs South HS
8	Jenna Stones	Def	5-7	Fr-HS	Olathe, Kan.	Olathe East HS
9	Sarah Thompson	Fwd	5-6	Fr-HS	Olathe, Kan.	Olathe North HS

Head Coach: Lewis Theobald

Assistant Coach: Elizabeth Valenti

<h3>Numerical Roster</h3>	<h3>Pronunciation Guide</h3>																																																																																																																																																																																																							
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