

CENTRAL MISSOURI STATE UNIVERSITY TRACK & FIELD TOP 10 LIST

Men's Indoor Honor Roll

<u>60 Meter Dash (55m + .48)</u>			<u>400 Meter Dash</u>				
	<u>mark</u>	<u>year</u>		<u>mark</u>	<u>year</u>		
1.	Imani Butler	6.73	2006	1.	Edwin Harris	47.34	2000
2.	Jeremy Knox	6.75	2001	2.	Petko Yankov	47.44+	2004
3T.	Mike Dotts	6.81	1987	3.	Jeremy Knox	48.05	1999
3T.	Greg Schmidt	6.81	2001	4.	Michael Payne	48.23	1991
5T.	Fred Murrell	6.82*	1974	5.	Willie Tague	49.01	1988
5T.	Rick Williams	6.82*	1980	6.	Ryan Irvin	49.06+	2004
7.	James Robinson	6.86	1997	7.	Kai Roper	49.09	2008
8T.	Michael Payne	6.88	1991	8.	Ira Baldwin	49.11	1991
8T.	Bruce Williams	6.88	2006	9.	Tim Stockdale	49.14	1997
8T.	Damond Berry	6.88	2008	10.	David Baxter	49.15	2001

<u>60 Meter Hurdles (55m + .53)</u>			<u>600 Yard Run</u>				
	<u>mark</u>	<u>year</u>		<u>mark</u>	<u>year</u>		
1.	Bruce Derks	7.87*	1979	1.	Edwin Harris	1:10.52	2000
2T.	Danny Holland	7.97	1987	2.	Aaron Schlecht	1:10.69+	2001
2T.	Jason Ramsey	7.97	1997	3.	Kirk Tyner	1:12.02+	2004
2T.	Jeff Sander	7.97	1999	4.	Leif Kennedy	1:12.14	2002
5.	David Baxter	8.02	2001	5.	Ryan Irvin	1:12.50	2004
6.	Darwin Featherston	8.09	1984	6.	Kyle Brown	1:12.62+	2006
7.	Stephen Chambers	8.11	2003	7.	Jason Ramsey	1:12.86	1997
8.	Arvis Greene	8.16	1989	8.	Craig Heeney	1:13.04	1987
9T.	Fred Washington	8.17*	1977	9.	Justin McCarthy	1:13.16+	2001
9T.	Larry Roberts	8.17*	1968	10T.	George Devereaux	1:13.24*	1976
				10T.	Kevin Clark	1:13.24*	1987

<u>200 Meter Dash</u>			<u>800 Meter Run</u>				
	<u>mark</u>	<u>year</u>		<u>mark</u>	<u>year</u>		
1.	Imani Butler	21.04+	2006	1.	Leif Kennedy	1:51.97	2003
2.	Petko Yankov	21.51	2004	2.	Dale Elliott	1:53.00+	2002
3.	Bruce Williams	21.54	2006	3.	Jonah Melly	1:53.06	1995
4.	Jeremy Knox	21.66	1999	4.	Presley Cherubin	1:53.42+	2004
5.	Kai Roper	21.80+	2009	5.	Brayce Forsha	1:53.76	2000
6.	Kevin O'sadnick	21.94	2002	6.	Mike Fairbanks	1:54.34*	1985
7.	Edwin Harris	21.98	2000	7.	Alexandr Alexin	1:55.22	1996
8.	Eddie Murillo	22.02	2003	8.	Kyle Brown	1:55.32	2007
9.	Greg Schmidt	22.06	2001	9.	Vladimir Golias	1:55.33	1998
10.	Eric Moore	22.16	2008	10.	Kevin Clark	1:55.44	1986

<u>300 Yard Dash</u>			<u>1000 Yard Run</u>				
	<u>mark</u>	<u>year</u>		<u>mark</u>	<u>year</u>		
1.	Michael Payne	31.00	1991	1.	Bill Kanan	2:13.84*	1977
2.	Arnold Hammond	31.24*	1983	2.	Mike Fairbanks	2:14.04*	1986
3.	Kevin Henry	31.25	1989	3.	Dave Plains	2:14.92	1988
4.	Darrell Glasco	32.04	1984	4.	Scott Stetzler	2:15.31	1988
5.	Ric Phillips	32.42	1985	5.	Mark Leicht	2:15.44	1977
6.	Keith Thornton	32.44*	1975	6.	Kevin Clark	2:16.24*	1986
7.	Terry Thompson	32.53	1986	7.	Don Wehmeyer	2:17.04	1974
8.	Jim Rocquemore	32.54*	1986	8.	Jeff Buehrle	2:17.14*	1987
9T.	James Esters	32.74*	1981	9.	Craig Heeney	2:17.27	1990
9T.	Don Wells	32.74*	1983	10.	Jerry Coleman	2:17.54*	1973

*converted time

+oversized track

<u>1000 Meter Run</u>		
	<u>mark</u>	<u>year</u>
1.	Adam Akers	2:30.06+
2.	Mike Knutson	2:30.10+
3.	Paul Orsheln	2:31.26
4.	Jamie Moreno	2:33.26
5.	Jason Ramsey	2:35.01
6.	Patrik Eder	2:35.05+
7.	Brent Curp	2:35.36
8.	Rodger Knedel	2:38.14*
9.	Willie Hamm	2:38.32
10.	Joe Nagel	2:38.76+

<u>5000 Meter Run</u>		
	<u>mark</u>	<u>year</u>
1.	Jarod Wall	14:19.91+
2.	Vladimir Golias	14:36.17
3.	Martin Fysh	14:36.71+
4.	Todd Beran	14:37.42+
5.	Rafael Colmenares	14:38.02
6.	Justin Adams	14:40.84+
7.	Matt Lucas	14:47.82
8.	Paul Orscheln	14:48.42
9.	Brett Carter	14:49.17+
10.	Eliasa Tanui	14:55.99+

<u>Mile Run</u>		
	<u>mark</u>	<u>year</u>
1.	Alexander Alexin	4:05.10
2.	Dale Elliott	4:08.51
3.	Paul Bennett	4:08.90
4.	Brayce Forsha	4:09.45
5.	Jonah Melly	4:09.76
6.	Jim Brocksmith	4:11.34*
7.	Mike Knutson	4:11.91
8.	Vladimir Golias	4:12.12
9.	Adam Akers	4:12.21+
10.	Mark Curp	4:13.64*

<u>880 Yard Relay</u>		
	<u>mark</u>	<u>year</u>
1.	Darrell Sears	Aaron Whitehurst
	Jemar Hayes	Tim Stockdale
		1:31.84*
		1995

<u>1600 Relay (Mile Relay - 1.20)</u>		
	<u>mark</u>	<u>year</u>
1.	Jeremy Knox	Tim Stockdale
	Tommy Tavegia	Jason Ramsey
		3:11.64+
		1997

2.	Jeremy Knox	Lamont Truitt
	Aaron Schlecht	Edwin Harris
		3:12.65+
		2001

3.	Darius Walker	Anthony Cooper
	Britt Johnson	Kai Roper+
		3:13.09+
		2009

4.	Dannon Abney	Ryan Irvin
	Kyle Brown	Bruce Williams
		3:14.40
		2006

5.	Kevin O'sadnick	Presley Cherubin
	Ryan Irvin	Kirk Tyner
		3:14.42
		2004

<u>3000 Meter Run</u>		
	<u>mark</u>	<u>year</u>
1.	Jarod Wall	8:18.55+
2.	Alexandr Alexin	8:21.93
3.	Vladimir Golias	8:21.94
4.	Dale Elliott	8:29.69
5.	Justin Adams	8:30.74
6.	Mike Knutson	8:33.18
7.	Brett Carter	8:34.85
8.	Adam Akers	8:35.03
9.	Tommy Neal	8:35.21
10.	Labab Sialo	8:35.39

<u>3200 Relay (Two Mile Relay -2.40)</u>		
	<u>mark</u>	<u>year</u>
1.	Leif Kennedy	Jon Dalby
	Mike Knutson	Dale Elliott
		7:46.63
		2002

2.	?????????	7:47.74*
		1977

3.	Jon Dalby	Joe Conley
	Joe Mack	Paul Bennett
		7:48.50
		2000

4.	Jeff Buehrle	Darin Calton
	Craig Heeney	Kevin Clark
		7:50.57
		1987

5.	Jon Dalby	Paul Bennett
	Brayce Forsha	Leif Kennedy
		7:51.20
		2001

<u>Two Mile Run</u>		
	<u>mark</u>	<u>year</u>
1.	Mark Curp	8:51.54*
2.	Rick Clear	8:57.14*
3.	Jim Brocksmith	9:05.24*
4.	Gary Denny	9:07.24*
5.	Ron Tabb	9:10.24*
6.	Rick Schmid	9:10.74*
7.	Charlie Gray	9:11.84*
8.	Ed Crumm	9:12.24*
9.	Kyle Ellis	9:14.24*
10.	Steve Brummit	9:14.34*

<u>Distance Medley Relay</u>		
	<u>mark</u>	<u>year</u>
1.	Jon Dalby	Todd Devoe
	Leif Kennedy	Dale Elliott
		10:03.23+
		2002

<u>Three Mile Run</u>		
	<u>mark</u>	<u>year</u>
1.	Rick Clear	14:07.24*

*converted time

+oversized track

High Jump

		<u>mark</u>	<u>year</u>
1.	Ivan Varbanov	7-3	2004
2.	Mark Blahnik	7-0 1/4	1988
3T.	Jeff Sander	6-11	1999
3T.	Neal Brownsfield	6-11	1977
5.	Andy Gilmore	6-10 3/4	2001
6.	Mark Webster	6-10	1991
7.	Mark Spartz	6-9	1981
8.	Jason Wilcox	6-8 3/4	2003
9T.	Tim Bischel	6-8	1987
9T.	Kevin Jones	6-8	1982
9T.	Boyd Harrison	6-8	1979
9T.	Jason Ramsey	6-8	1997

Shot Put

		<u>mark</u>	<u>year</u>
1.	Brad Mears	59-4 3/4	1994
2.	Jaban Moore	59-2 1/4	2009
3.	Drew Frizzell	57-10 1/2	2009
4T.	Jeff Kremer	56-8 3/4	1997
4T.	Steven Edwards	56-8 3/4	2006
6.	Kerry Tarr	55-4	1985
7.	Derrick Mears	54-10	1987
8.	Wes Martin	54-9	1984
9.	Aaron Thurman	54-1 1/4	1996
10.	Barry Bohlman	53-6 1/2	1985

Long Jump

		<u>mark</u>	<u>year</u>
1.	Danny Holland	25-5 3/4	1986
2.	Greg Schmidt	25-4	2000
3.	Darrell Sears	25-0 3/4	1995
4.	Eric Moore	24-0 1/4	2009
5.	Aaron Crossley	23-11 3/4	2002
6.	Marques Wooten	23-11	2004
7.	Duane Brisbon	23-8 3/4	2002
8T.	Randall Mercer	23-8 1/2	1982
8T.	Jimmy Rocquemore	23-8 1/2	1986
10.	James Robinson	23-7 1/4	1998

Weight Throw

		<u>mark</u>	<u>year</u>
1.	Drew Frizzell	68-7	2009
2.	Jeff Kremer	62-11 1/4	1998
3.	Dan Raithel	62-10 3/4	2008
4.	Steven Edwards	62-6 3/4	2005
5.	Jaban Moore	59-5 3/4	2009
6.	Aaron Thurman	58-10 3/4	1996
7.	Tom Woodward	56-10	2002
8.	Derrick Mears	56-2	1989
9.	Casey Sims	55-9	2004
10.	Spencer McKnight	54-9 1/4	1996

Triple Jump

		<u>mark</u>	<u>year</u>
1.	Duane Brisbon	52-2	2002
2.	Ivan Varbanov	51-9 1/4	2003
3.	Darrell Sears	51-5	1996
4.	Tyrone McNichols	50-5 1/2	1986
5.	Dave Oglivie	50-1 3/4	1977
6.	James Robinson	50-1 3/4	1997
7.	Danny Holland	49-6 1/2	1985
8.	Stephen Chambers	49-2 1/4	2003
9.	Andrei Skvortsov	48-10 3/4	1998
10.	Austin Miller	47-11	1977

Pentathlon

		<u>mark</u>	<u>year</u>
1.	Jeff Sander	4088 pts.	1999
2.	Zack Miller	3887	2001
3.	Aaron Crossley	3833	2002
4.	Dustin Bosswell	3765	2003
5.	Ryan Thompson	3238	2005
6.	Robbie Marin	3144	2005
7.	Michael Klaus	3112	2004
8.	Joe Hettinger	3108	1997
9.	Jason Ramsey	3067	1997
10.	Ryan McCracken	3059	2002

Pole Vault

		<u>mark</u>	<u>year</u>
1.	Andrei Skvortsov	17-8 1/2	1998
2.	Roman Botcharnikov	17-5 1/2	1996
3.	Brad Feldkamp	17-0	1990
4.	Aaron Crossley	16-5 1/4	2002
5.	Chris Thoma	16-4	1996
6.	Chad Harting	16-3 1/4	1992
7.	Alex Lohman	16-1 1/4	2009
8.	Jeff Sander	16-0 3/4	1999
9.	Jeff Chanay	16-0	1996
10.	Tarius McClure	15-9 1/2	1988

Heptathlon

		<u>mark</u>	<u>year</u>
1.	Zach Miller	5334	2001
2.	Darius Walker	5156	2009
3.	Aaron Crossley	5108	2001
4.	Alex Lohman	5107	2009
5.	Ross Smithey	4781	2007
6.	Shawn Boss	4631	2009
7.	Brent Vogel	4559	2009
8.	Kevin Uhl	4211	2007
9.	A.J. Roth	4132	2008

Women's Indoor**Honor Roll****60 Meter Dash (55 m + .53)**

	<u>mark</u>	<u>year</u>
1.	Elise Johnson	7.59
2.	Shelly Holder-Johnson	7.65
3.	Charise Smith	7.67
4.	Chelsea Luck	7.69
5.	Serena Brown	7.70
6T.	Tonja Ashcraft	7.74
6T.	Evelise Gomez	7.74
8.	Rochelle Moss	7.77
9.	Teresa Snyder	7.80
10.	Melissa Marsalis	7.83

60 Meter Hurdles (55 m + .57)

	<u>mark</u>	<u>year</u>
1.	Denise Sandbothe	8.61
2.	Chelsea Luck	8.65
3.	Teresa Snyder	8.74
4.	Heather Jones	8.80
5.	Belinda Hayden	8.91
6.	Lindsay Lettow	8.92
7T.	Angela Horned	8.93
7T.	Brittanie Roldan	8.93
9T.	Shelly Holder-Johnson	8.95
9T.	Elaine Jarnagin	8.95
9T.	Melissa Bolinger	8.95

200 Meter Dash

	<u>mark</u>	<u>year</u>
1.	Shelly Holder-Johnson	25.07
2.	Chelsea Luck	25.13
3.	Amber Walker	25.70
4.	Elise Johnson	25.79
5.	Evelise Gomez	25.93
6.	Treisha Thorpe	25.94
7T.	Victoria Freeman	26.12
7T.	Chandra Eads	26.12
9.	Shantel Newbold	26.16
10.	Jessi Kirkman	26.17

300 Yard Dash

	<u>mark</u>	<u>year</u>
1.	Serena Brown	36.72
2.	Charise Smith	36.74*
3.	Teresa Snyder	37.12
4.	Tonja Ashcraft	37.57
5.	Kathy Gephards	37.74*
6.	Theresa Kelleghan	37.74*
7.	Terrie Robinson	37.76
8.	Jenny Wrigley	38.14*
9.	Vanessa Cunningham	38.22
10.	Dedra Frazier	38.44

400 Meter Dash

	<u>mark</u>	<u>year</u>
1.	Marilyn Carlson	55.54*
2.	Shelly Holder-Johnson	56.00
3.	Lori Pitz	56.74+
4.	Treisha Thorpe	58.28
5.	Victoria Freeman	58.36
6.	Charise Smith	58.54*
7.	Catherine Rucker	58.56+
8.	Chelsea Luck	58.80
9.	Serena Brown	58.84
10.	Doris Hammond	58.89

600 Yard Run

	<u>mark</u>	<u>year</u>
1.	Lori Pitz	1:24.42+
2.	Jackie Neville	1:24.89
3.	Melissa Bolinger	1:25.82
4.	Elaine Jarnagin	1:26.02
5.	Millicent Foskin	1:27.10
6.	Marisa Johnston	1:27.34+
7.	Cody Varner	1:27.58
8.	Angela Elsberry	1:27.63
9.	Leah Bateman	1:27.66
10.	Melinda Branch	1:27.78

800 Meter Run

	<u>mark</u>	<u>year</u>
1.	Marilyn Carlson	2:05.94*
2.	Rachel Harvey	2:10.89
3.	Melissa Short	2:13.19
4.	Millicent Foskin	2:13.47
5.	Candy Knabe	2:14.09+
6.	Elizabeth George	2:15.94*
7.	Connie Frank	2:16.74*
8.	Lori Pitz	2:17.13
9.	Kim Menke	2:17.68+
10.	Susie Thomas	2:18.27

1000 Yard Run

	<u>mark</u>	<u>year</u>
1.	Darla Moberly	2:40.01
2.	Connie Frank	2:41.90
3.	Lucille Carson	2:42.14*
4.	Denise Jackson	2:44.87
5.	Nancy Blunt	2:46.24
6.	Jo Flora	2:46.25
7.	Dee Steffee	2:49.34*
8.	Sybil Cassidy	2:51.89
9.	Jaleen Wormsley	2:52.01
10.	Brandi Heaps	2:53.69

*converted time

+oversized track

1000 Meter Run

		<u>mark</u>	<u>year</u>
1.	Angela Elsberry	3:04.98	1993
2.	Kim Curp	3:05.95	1995
3.	Susie Thomas	3:06.18	1994
4.	Brandi Heaps	3:06.60	1993
5.	Sybil Cassidy	3:06.98	1993
6.	Sandy Thomas	3:07.19	1995
7.	Sheri Lentz	3:08.96	1995
8.	Sandy Davidson	3:09.79+	2006
9.	MacKenna Muncy	3:11.57	2002
10.	Kirsten Hasemeier	3:12.96+	2002

Mile Run

		<u>mark</u>	<u>year</u>
1.	Marilyn Carlson	4:52.24*	1976
2.	Connie Frank	4:55.24*	1988
3.	Kristin Anderson	4:56.26	2006
4.	Darla Moberly	4:56.98	1985
5.	Rachel Harvey	5:01.77	2001
6.	Sandy Thomas	5:01.86+	1995
7.	Beth Cook	5:04.04+	1998
8.	Angela Elsberry	5:04.83+	1994
9.	Susie Thomas	5:07.37	1994
10.	Jane Rudkin	5:08.06	2002

3000 Meter Run

		<u>mark</u>	<u>year</u>
1.	Darla Moberly	9:31.44*	1985
2.	Jane Rudkin	10:04.81	2002
3.	Nancy Goodwine	10:10.84*	1983
4.	Kristin Anderson	10:13.00	2005
5.	Rachel Harvey	10:20.42+	1999
6.	Gina Kennison	10:24.20	2008
7.	Connie Frank	10:26.74*	1988
8.	Carrie Reidel	10:28.91	2002
9.	Danielle Moul	10:29.11	2005
10.	Erica Foltz	10:31.09	2000

Two Mile Run

		<u>mark</u>	<u>year</u>
1.	Darla Curp	10:24.42	1984
2.	Connie Frank	10:44.74*	1988
3.	Nancy Goodwine	10:51.14*	1983
4.	Barb Thompson	11:31.04	1982
5.	Sandy Clutter	11:38.54*	1983
6.	Mary Adams	11:54.34*	1981
7.	Michelle Terhune	11:54.64*	1981
8.	Kellie Metcalf	11:57.14*	1986
9.	Terri Hunter	12:12.54*	1991
10.	Barb Hostmeyer	12:14.84*	1981

5000 Meter Run

		<u>mark</u>	<u>year</u>
1.	Kristin Anderson	16:28.86	2006
2.	Jane Rudkin	17:35.33	2002
3.	Sandy Thomas	17:36.00+	1999
4.	Carrie Reidel	17:47.48	2002
5.	Gina Kennison	17:59.31+	2006
6.	Nicole Hasemeier	18:04.54+	2006
7.	Danielle Moul	18:10.00	2005
8.	Brandi Heaps	18:14.84	1994
9.	Sandy Davidson	18:20.16	2007
10.	Bethany Detrick	18:22.37	2002

880 Relay

		<u>mark</u>	<u>year</u>
1.	????????	1:54.74*	1977

1600 Relay (Mile Relay - 1.20)

		<u>mark</u>	<u>year</u>
1.	Catherine Rucker Melissa Bolinger	Beth Eiken Lori Pitz 3:53.06	2005
2.	Jessi Kirkman Melinda Branch	Melissa Bolinger Lori Pitz 3:54.58	2004
3.	Cody Varner Amber Walker	Beth Eiken Lori Pitz 3:55.11	2006
4.	Teresa Snyder Millicent Foskin	Meshell Nelson Serena Brown 3:55.94*	1989
5.	Treisha Thorpe Melissa Short	Rachel Harvey Marisa Johnston 3:57.03	2000

3200 Relay (Two Mile Relay -2.40)

		<u>mark</u>	<u>year</u>
1.	Marisa Johnston Colleen Cook	Erica Foltz Melissa Short 9:26.72	2000
2.	????????	9:32.04*	1982
3.	Jill Call Melinda Branch	Marisa Johnston Rachel Harvey 9:32.74	2001
4.	Susie Thomas Kim Menke	Sheri Lentz Sandy Thomas 9:34.02	1996
5.	Melissa Short Lori Pitz	MacKenna Muncy Rachel Harvey 9:34.81	2002

*converted time

+oversized track

Distance Medley Relay

		<u>mark</u>	<u>year</u>
1.	Alison Kelley Lori Pitz	Amber Walker Kristin Anderson 11:44.87	2006
2.	Gina Kennison Lori Pitz	Melissa Bolinger Kristin Anderson 12:05.44	2005
3.	Melissa Short MacKenna Muncy	Colleen Cook Rachel Harvey 12:19.21+	2002

High Jump

		<u>mark</u>	<u>year</u>
1.	Jennifer Drum	5-11 1/4	2004
2.	Jenna Schmidt	5-9 3/4	2009
3T.	Eby Hardman	5-8	1992
3T.	Robin Miller	5-8	2005
5.	Haley Morrissey	5-7 1/4	2008
6T.	Amanda Brannan	5-7	1996
6T.	Angela Horned	5-7	1984
6T.	Kelli Newkirk	5-7	2001
6T.	Jodi Donovan	5-7	2004
10T.	Peggy Pierson	5-6	1984
10T.	Samantha Frisbie	5-6	2008

Long Jump

		<u>mark</u>	<u>year</u>
1.	Stacy Clark	19-0 3/4	1995
2.	Anne Carlson	18-10 1/2	2009
3.	Rochelle Moss	18-9	1991
4.	Brittanie Roldan	18-4 1/4	2009
5.	Lindsay Lettow	18-3	2009
6.	Victoria Freeman	18-2 1/2	2003
7.	Khalilah Childress	18-2	1997
8.	Lori Pitz	18-1	2006
9T.	Kenna Jenkins	17-11	2003
9T.	Cody Varner	17-11	2007

Triple Jump

		<u>mark</u>	<u>year</u>
1.	Brittanie Roldan	40-1 1/2	2009
2T.	Khalilah Childress	39-0 1/2	1997
2T.	Kenna Jenkins	39-0 1/2	2003
4.	Jenna Schmidt	38-7	2008
5.	Iva Vasileva	38-6	2003
6.	Anne Carlson	38-0 1/4	2006
7.	Nakisha Rollison	37-5 3/4	2003
8.	Victoria Freeman	37-5	2001
9.	Cody Varner	37-4 1/2	2007
10.	Roslyn Lewis	37-3	1988

Pole Vault

		<u>mark</u>	<u>year</u>
1.	Denise Sandbothe	12-10	2005
2.	Iva Vasileva	11-6 1/4	2002
3.	Cristie Stevenson	11-3 3/4	2001
4.	Amy Kennison	10-11 3/4	2009
5T.	Meagan O'Donnell	10-10	2006
5T.	Heather Wohlleber	10-10	2006
7.	Erin Carver	10-6	2006
8.	Cara Gerke	10-4	2008
9.	Jenny Beissenherz	10-2	1999
10T.	Elaine Jarnagin	9-8	1999
10T.	Jessi Kirkman	9-8	2003

Shot Put

		<u>mark</u>	<u>year</u>
1.	Kayla Muyskens	47-10	2009
2.	Mary Otto	45-1 1/2	1986
3.	Laurie Onstot	45-1	1986
4.	Jessica Donovan	44-9 3/4	2008
5.	Mary Hyder	44-8 1/2	1980
6.	Becky Haug	44-8	2006
7.	Dina Grubb	44-3 1/4	1989
8.	Onetha Jackson	43-9	1981
9.	Tiffanie Jones	43-2 1/4	2002
10.	Leah Lord	42-10 1/4	2007

Weight Throw

		<u>mark</u>	<u>year</u>
1.	Kayla Muyskens	53-5	2009
2.	Kita McCain	51-4 1/2	2004
3.	Daleen Banks	50-9 1/2	2000
4.	Chelsi Rohr	49-10 1/2	2007
5.	Alana Richmond	48-8	2001
6.	Joey Orrison	47-3 1/2	1997
7.	Debbie Mann	47-1 3/4	1999
8.	Tiffanie Jones	46-2	2002
9.	Leah Lord	45-6 1/4	2006
10.	Erin Brechue	44-10 3/4	2006

Pentathlon

		<u>mark</u>	<u>year</u>
1.	Anne Carlson	3830pts	2009
2.	Lindsay Lettow	3730	2009
3.	Lori Pitz	3692	2006
4.	Cody Varner	3424	2007
5.	Elaine Jarnagin	3411	1999
6.	Jenna Schmidt	3316	2009
7.	Denise Sandbothe	3163	2004
8.	Angela Selby	3114	2009
9.	Jessi Kirkman	3048	2004
10.	Haley Morrissey	3031	2006

Men's Outdoor

100 Meter Dash

	<u>mark</u>	<u>year</u>	
1.	Bruce Williams	10.36	2006
2.	Damond Berry	10.43	2008
3.	Jeremy Knox	10.53	1998
4.	Eric Moore	10.54	2007
5.	Greg Schmidt	10.55	2000
6.	Michael Payne	10.59	1991
7.	Britt Johnson	10.64	2009
8.	Jason Shaw	10.67	2002
9.	Chris Leverette	10.70	2008
10T.	Michael Dotts	10.71	1989
10T.	Kevin O'sadnick	10.71	2004

200 Meter Dash

	<u>mark</u>	<u>year</u>	
1.	Bruce Williams	20.93	2006
2.	Jeremy Knox	20.95	1998
3.	Imani Butler	21.02	2006
4.	Arnold Hammond	21.08	1983
5.	Edwin Harris	21.10	2001
6.	Damond Berry	21.13	2008
7.	Petko Yankov	21.23	2004
8.	Greg Schmidt	21.28	2001
9.	Kevin O'sadnick	21.32	2004
10T.	Kai Roper	21.38	2007
10T.	Britt Johnson	21.38	2009

400 Meter Dash

	<u>mark</u>	<u>year</u>	
1.	Edwin Harris	46.79	2000
2.	Arnold Hammond	46.94	1983
3.	Ira Baldwin	47.18	1991
4.	Kai Roper	47.44	2008
5.	Petko Yankov	47.74	2004
6.	Duane Brisbon	47.77	2002
7.	Kirk Tyner	47.80	2004
8.	Willie Tague	47.89	1988
9.	Ken White	47.91	1990
10T.	Lamont Truitt	48.02	2001
10T.	Ryan Irvin	48.02	2005

800 Meter Run

	<u>mark</u>	<u>year</u>	
1.	Leif Kennedy	1:49.80	2002
2.	Kyle Brown	1:50.57	2007
3.	Craig Heeney	1:51.28	1987
4.	Kevin Clark	1:51.30	1985
5.	Jerry Coleman	1:51.94*	1973
6.	Alexandr Alexin	1:52.63	1998
7.	Presley Cherubin	1:52.70	2004
8.	Mike Fairbanks	1:52:94	1985
9.	Brayce Forsha	1:53.14*	2000
10.	Terry Cotter	1:53.24*	1966

Honor Roll

1500 Meter Run

	<u>mark</u>	<u>year</u>	
1.	Alexandr Alexin	3:45.67	1997
2.	Brayce Forsha	3:47.74	2000
3.	Paul Bennett	3:49.49	2000
4.	Mike Knutson	3:49.71	2002
5.	Leif Kennedy	3:51.12	2003
6.	Ed Lundsford	3:52.77	1982
7.	Mark Leicht	3:53.04*	1977
8.	Mike Fairbanks	3:54.29	1985
9.	Dave Plains	3:54.34	1990
10.	Jonah Melly	3:54.94*	1993

3000 Meter Steeplechase

	<u>mark</u>	<u>year</u>	
1.	Vladimir Golias	8:43.04	2000
2.	Charlie Gray	8:56.44*	1975
3.	Kyle Ellis	8:57.80	1978
4.	Eliasa Tanui	9:00.05	1996
5.	Gary Thompson	9:05.20	1982
6.	Jonah Melly	9:05.40	1994
7.	Ed Crumm	9:07.54*	1977
8.	Paul Orscheln	9:09.91	1994
9.	Ron Clark	9:11.50	1982
10.	Gary Denny	9:12.94	1978

5000 Meter Run

	<u>mark</u>	<u>year</u>	
1.	Mark Curp	14:02.21	1981
2.	Rick Clear	14:21.24*	1977
3.	Jarod Wall	14:21.60	2006
4.	Vladimir Golias	14:24.28	2000
5.	Mike Knutson	14:28.90	2003
6.	Adam Akers	14:31.03	2007
7.	Ron Tabb	14:37.24*	1976
8.	Ed Lundsford	14:38.00	1985
9.	Alexandr Alexin	14:40.29	1996
10.	John Mulligan	14:41.94	1979

10,000 Meter Run

	<u>mark</u>	<u>year</u>	
1.	Mark Curp	29:14.62	1980
2.	Jarod Wall	29:53.67	2006
3.	Rick Clear	30:12.04*	1977
4.	Laban Sialo	30:18.01	2009
5.	John Mulligan	30:22.03	1979
6.	Philip Saina	30:27.34*	1998
7.	Steve Brummit	30:32.50	1979
8.	Ron Tabb	30:42.24*	1976
9.	Justin Adams	30:45.20	1995
10.	Todd Beran	30:50.92	1995

*converted time

<u>110 Meter Hurdles</u>		
	<u>mark</u>	<u>year</u>
1.	Bruce Derks	14.04
2.	Stephen Chambers	14.19
3.	Jeff Sander	14.25
4.	Jason Ramsey	14.29
5.	Arvis Greene	14.39
6.	Danny Holland	14.40
7.	Darwin Featherston	14.44*
8.	Matt Prescott	14.46
9.	Dustin Boswell	14.47
10.	David Baxter	14.51

<u>400 Meter Hurdles</u>		
	<u>mark</u>	<u>year</u>
1.	Tony McCullouch	50.36
2.	Jason Ramsey	51.29
3.	Anthony Cooper	52.72
4.	Darius walker	52.81
5T.	Jerry Miller	52.84*
5T.	David Baxter	52.84*
7.	Arvis Greene	52.97
8.	Jacob Palmer	53.35
9.	Stephen Chambers	53.54
10.	Casey Canada	53.73

<u>400ter Relay</u>		
	<u>mark</u>	<u>year</u>
1.	Dannon Abney Eric Moore	Damond Berry Chris Leverette 40.29
2T.	Dannon Abney Eric Moore	Bruce Williams Kai Roper 40.62
2T.	Jason Shaw Kevin O'sadnick	Petko Yankov Kirk Tyner 40.62
2T.	Dennis Hopgood Chris Leverette	Ivey Lee Britt Johnson 40.62
5.	Jeremy Knox Edwin Harris	Greg Schmidt Kevin O'sadnick 40.72

<u>800 Meter Relay</u>		
	<u>mark</u>	<u>year</u>
1.	Seth Mason Kai Roper	Ryan Irvin Bruce Williams 1:24.82

<u>1600 Meter Relay</u>		
	<u>mark</u>	<u>year</u>
1.	Dannon Abney Bruce Williams	Ryan Irvin Kai Roper 3:06.42
2.	Darius Walker Britt Johnson	Anthony Cooper Kai Roper 3:10.75
3.	David Baxter Jeremy Knox	Leif Kennedy Edwin Harris 3:10.93
4.	Jeremy Knox Tommy Tavegia	Tim Stockdale Jason Ramsey 3:11.03
5.	Kevin O'sadnick Kirk Tyner	Presley Cherubin Petko Yankov 3:11.88

<u>Sprint Medley Relay (2-2-4-8)</u>		
	<u>mark</u>	<u>year</u>
1.	Tim Stockdale Edwin Harris	Jeremy Knox Alexandr Alexin 3:19.02

<u>3200 Meter Relay</u>		
	<u>mark</u>	<u>year</u>
1.	Brayce Forsha Paul Bennett	Mike Knutson Leif Kennedy 7:32.52

<u>Distance Medley Relay (12-4-8-16)</u>		
	<u>mark</u>	<u>year</u>
1.	Brayce Forsha Joe Conley	Edwin Harris Paul Bennett 9:52.48

<u>6400 Meter Relay</u>		
	<u>mark</u>	<u>year</u>
1.	Scott Stetzler Rick Schmid	Mike Fairbanks Tony Lehr 17:39.44*

High Jump		mark	year
1.	Ivan Varbanov	7-2 ½	2004
2.	Andy Gilmore	7-1 ¾	2003
3.	Jeff Sander	7-0 ½	1999
4.	Mark Blahnik	7-0	1987
5.	Neil Brownfield	6-11	1977
6.	Mark Webster	6-10 ½	1991
7.	Kevin Jones	6-9	1978
8T.	J.D. Snead	6-8 ¼	1992
8T.	Tim Bischel	6-8 ¼	1989
10T.	Jason Ramsey	6-8	1997
10T.	Boyd Harrison	6-8	1982
10T.	Jason Wilcox	6-8	2004

Long Jump		mark	year
1.	Danny Holland	25-8 ½	1987
2.	Greg Schmidt	25-0 ¾	1999
3.	Jimmy Rocquemore	24-10 ½	1987
4.	Duane Brisbon	24-9	2002
5T.	Marques Wooten	24-7	2004
5T.	Eric Moore	24-7	2009
7.	Darrell Sears	24-5 ¾	1993
8.	James Gillespie	24-3 ½	1999
9.	Byron Russell	24-1 ¾	1967
10.	Jeff Sander	24-1 ½	1999

Triple Jump		mark	year
1.	Duane Brisbon	52-11	2002
2.	Ivan Varbanov	52-8 ¼	2002
3.	James Robinson	51-11 ¾	1999
4.	Darrell Sears	51-2 ¼	1994
5.	Tyrone McNichols	50-3 ½	1986
6.	Danny Holland	49-1 ¼	1984
7.	Stephen Chambers	48-10 ¼	2003
8.	Dave Ogilvie	48-8 ½	1977
9.	Willie Cook	48-6 ¼	1988
10.	Andrei Skvortsov	48-4 ¾	1997

Pole Vault		mark	year
1.	Andrei Skvortsov	18-0 ½	1997
2.	Roman Botcharnikov	17-0 ¾	1996
3.	Brad Feldkamp	16-8	1990
4.	Chris Thoma	16-5 ½	1996
5.	Jeff Chanay	16-5 ½	1996
6.	Josh Roberts	16-5 ¼	2000
7.	Chad Harting	16-5	1992
8.	Mike Housh	16-2 ½	1991
9.	Tarius McClure	16-1 ¾	1988
10.	Derek Kliethermes	16-0 ¾	2001

Shot Put		mark	year
1.	Brad Mears	60-7 ¼	1994
2.	Drew Frizzell	58-4	2009
3.	Jeff Kremer	57-4 ¼	1998
4.	Derrick Mears	56-10 ½	1987
5.	Jaban Moore	56-8 ½	2009
6.	Aaron Thurman	56-2	1996
7.	Kerry Tarr	56-0	1985
8.	Steven Edwards	55-2 ¼	2005
9.	Wes Martin	54-10 ½	1984
10.	Brian Phillips	54-0	1985

Discus		mark	year
1.	Jeff Kremer	197-6	1998
2.	Steven Edwards	181-10	2006
3.	Eddie Velarde	175-0	1992
4.	Kerry Tarr	173-6	1983
5.	Brad Mears	172-4	1994
6.	Drew Frizzell	170-10	2009
7.	Aaron Thurman	169-0	1996
8.	Barry Bohlman	167-9	1984
9.	Tom Woodward	167-0	1998
10.	J.W. Page	166-3	1971

Javelin Throw		mark	year
1.	Dan Tarpey	192-3	1988
2.	A. J. Roth	190-9	2007
3.	Sam Corrigan	181-4	1993
4.	Alfie Bethel	180-10	1999
5.	Ryan McCracken	179-7	2003
6.	Joe Hettinger	177-11	1997
7.	Troy Blunt	175-7	1989
8.	Zach Miller	173-10	2001
9.	Tim Bischel	172-10	1989
10.	Jeff Sander	172-8	1997

Hammer Throw		mark	year
1.	Dan Raithel	219-8	2008
2.	Drew Frizzell	219-5	2009
3.	Jeff Kremer	213-9	1997
4.	Steven Edwards	191-9	2006
5.	Jaban Moore	188-1	2008
6.	Aaron Thurman	186-10	1996
7.	Spencer McKnight	185-6	1996
8.	Tom Woodward	180-8	2002
9.	Casey Sims	180-7	2004
10.	Derrick Mears	173-9	2007

Decathlon		mark	year
1.	Jeff Sander	7636 pts.	1999
2.	Jason Ramsey	7259	1997
3.	Aaron Crossley	7212	2002
4.	Dustin Boswell	6948	2002
5.	Zack Miller	6860	2001
6.	A J Roth	6820	2008
7.	Tim Bischel	6806	1988
8.	Troy Harding	6746	1992
9.	Jim Radar	6706	1983
10.	Darius Walker	6585	2009

Women's Outdoor**Honor Roll****100 Meter Dash**

	<u>mark</u>	<u>year</u>	
1.	Elise Johnson	11.84	2007
2.	Rochelle Moss	12.04*	1993
3.	Evelise Gomez	12.11	2008
4.	Serena Brown	12.14*	1988
5.	Shelly Holder	12.15	1994
6.	Charise Smith	12.30	1982
7.	Tiffany Hunter	12.31	1999
8T.	Chelsea Luck	12.32	2008
8T.	Amber Walker	12.32	2006
10.	Lori Mortenson	12.33	2009

200 Meter Dash

	<u>mark</u>	<u>year</u>	
1.	Amber Walker	24.52	2006
2.	Chelsea Luck	24.74	2007
3.	Shantel Newbold	24.81	2005
4.	Elise Johnson	24.82	2007
5.	Shelly Holder	25.01	1993
6.	Serena Brown	25.11	1988
7.	Lori Pitz	25.24	2005
8T.	Treisha Thorpe	25.29	2001
8T.	Beth Eiken	25.29	2006
8T.	Jessi Kirkman	25.29	2004

400 Meter Dash

	<u>mark</u>	<u>year</u>	
1.	Shantel Newbold	56.20	2005
2.	Doris Hammond	56.39	1984
3.	Catherine Rucker	56.80	2004
4.	Shelly Holder	56.88	1994
5.	Millicent Foskin	56.92	1990
6.	Marilyn Carlson	56.94*	1978
7.	Meshel Nelson	57.21	1991
8.	Victoria Freeman	57.22	2003
9.	Jackie Neville	57.30	1984
10.	Treisha Thorpe	57.50	2001

800 Meter Run

	<u>mark</u>	<u>year</u>	
1.	Marilyn Carlson	2:06.64*	1976
2.	Millicent Foskin	2:09.90	1990
3.	Melissa Short	2:10.35	2002
4.	Rachel Harvey	2:10.83	2001
5.	Lucille Carson	2:14.08	1987
6.	Erica Foltz	2:14.38	2003
7.	Elizabeth George	2:14.72	1993
8.	Karen Sanders	2:14.84	1982
9.	Beth Cook	2:14.91	1997
10.	Candy Knabe	2:15.06	1990

1500 Meter Run

	<u>mark</u>	<u>year</u>	
1.	Connie Frank	4:30.00	1986
2.	Darla Moberly	4:33.04*	1986
3.	Kristin Anderson	4:36.54	2004
4.	Rachel Harvey	4:39.20	2000
5.	Lucille Carson	4:39.24*	1987
6.	MacKenna Muncy	4:41.05	2002
7.	Erica Foltz	4:41.82	2003
8.	Susie Thomas	4:42.82	1995
9.	Angela Elsberry	4:42.84	1995
10.	Sandy Thomas	4:43.13	1995

3000 Meter Run

	<u>mark</u>	<u>year</u>	
1.	Darla Moberly	9:20.85	1986
2.	Connie Frank	9:47.70	1988
3.	Erica Foltz	9:52.69	2003
4.	Kristin Anderson	9:57.58	2005
5.	Rachel Harvey	10:02.61	2000
6.	Carrie Reidel	10:11.66	2002
7.	Gina Kennison	10:15.35	2008
8.	Sandy Thomas	10:21.27	1995
9.	Jane Rudkin	10:26.24	2002
10.	Susie Thomas	10:28.74*	1995

5000 Meter Run

	<u>mark</u>	<u>year</u>	
1.	Darla Moberly	16:29.23	1986
2.	Kristin Anderson	17:14.04	2005
3.	Nancy Goodwine	17:26.13	1983
4.	Carrie Reidel	17:30.55	2002
5.	Connie Frank	17:49.24*	1988
6.	Barb Hostmeyer	17:53.54*	1980
7.	Barb Thompson	17:55.44*	1981
8.	Sandy Thomas	17:56.55	1996
9.	Amber Neal	17:58.10	2000
10.	Gina Kennison	17:58.80	2006

10,000 Meter Run

	<u>mark</u>	<u>year</u>	
1.	Darla Moberly	34:37.54*	1986
2.	Nancy Goodwine	35:39.64*	1983
3.	Carrie Reidel	36:48.12	2002
4.	Sandy Thomas	37:02.00	1996
5.	Barb Thompson	37:24.24*	1982
6.	Kristin Anderson	37:52.58	2005
7.	Danielle Moul	37:54.18	2005
8.	Robyn Windsor	38:09.14*	1992
9.	Nicole Hasemeier	38:12.60	2006
10.	Jane Rudkin	38:24.72	2002

*converted time

<u>100 Meter Hurdles</u>		<u>mark</u>	<u>year</u>
1.	Chelsea Luck	14.06	2007
2.	Denise Sandbothe	14.10	2004
3.	Melissa Bolinger	14.23	2005
4.	Belinda Hayden	14.25	1986
5.	Lindsay Lettow	14.32	2009
6.	Kim Riebold	14.52	2002
7.	Brittanie Roldan	14.57	2008
8.	Heather Jones	14.59	1991
9.	Teresa Snyder	14.64	1988
10.	Anne Carlson	14.72	2007

<u>400 Meter Hurdles</u>		<u>mark</u>	<u>year</u>
1.	Shelly Holder	59.93	1994
2.	Marilyn Carlson	1:00.74*	1977
3.	Lori Pitz	1:01.35	2005
4.	Melissa Bolinger	1:01.58	2004
5.	Teresa Snyder	1:01.83	1989
6.	Stephanie Thompson	1:01.84*	1981
7.	Kathy Gephards	1:02.44*	1979
8.	Kim Riebold	1:03.12	2002
9.	Lindsay Lettow	1:03.27	2009
10.	Cody Varner	1:04.45	2006

<u>3000 Meter Steeplechase</u>		<u>mark</u>	<u>year</u>
1.	Kristin Anderson	10:32.92	2005
2.	Jane Rudkin	11:05.58	2002
3.	Sandy Davidson	11:18.44	2008
4.	Kirsten Hasemeier	11:23.98	2003
5.	Nicole Hasemeier	11:26.63	2006
6.	Amber Neal	11:34.99	2001
7.	Alison Kelley	11:49.23	2006
8.	Amy Stetzler	11:58.29	2004
9.	Jillian Doddema	12:15.80	2007
10.	Kathryn West	12:17.31	2009

<u>400 Meter Relay</u>		<u>mark</u>	<u>year</u>
1.	Chelsea Luck Elise Johnson	Beth Eiken Evalise Gomez 47.26	2007
2.	Catherine Rucker Elise Johnson	Beth Eiken Shantel Newbold 47.28	2005
3.	Chelsea Luck Elise Johnson	Nikki Morris Evelise Gomez 47.33	2008
4.	Chelsea Luck Elise Johnson	Amber Walker Beth Eiken 47.42	2006
5.	Catherine Rucker Denise Sandbothe	Beth Eiken Jessi Kirkman 47.61	2004

<u>800 Meter Relay</u>		<u>mark</u>	<u>year</u>
1.	Beth Eiken Elise Johnson	Lori Pitz Amber Walker 1:39.88	2006

<u>1600 Meter Relay</u>		<u>mark</u>	<u>year</u>
1.	Shantel Newbold Melissa Bolinger	Beth Eiken Lori Pitz 3:45.56	2005
2.	Treisha Dulgarian Melinda Branch	Melissa Bolinger Victoria Freeman 3:47.31	2003
3.	Catherine Rucker Melissa Bolinger	Beth Eiken Melinda Branch 3:48.61	2004
4.	Shantel Newbold Beth Eiken	Lori Pitz Amber Walker 3:49.08	2006
5.	Misti Woodruff Angela Elsberry	Candy Knabe Millicent Foskin 3:49.41	1992

<u>Sprint Medley Relay (2-2-4-8)</u>		<u>mark</u>	<u>year</u>
1.	Treisha Dulgarian Victoria Freeman	Shannon Henson Erica Foltz 4:00.76	2003

<u>3200 Meter Relay</u>		<u>mark</u>	<u>year</u>
1.	Melissa Short Erica Foltz	Marisa Johnston Rachel Harvey 9:05.05	2000

<u>Distance Medley Relay</u>		<u>mark</u>	<u>year</u>
1.	Rachel Harvey Melissa Short	Colleen Cook Jane Rudkin 12:05.95	2002

<u>6400 Meter Relay</u>		<u>mark</u>	<u>year</u>
1.	Jane Rudkin Erica Foltz	Melissa Short Rachel Harvey 20:41.29	2002

*converted time

High Jump

		<u>mark</u>	<u>year</u>
1.	Jenna Schmidt	5-9 ¾	2009
2.	Jennifer Drum	5-9 1/4	2004
3.	Angela Horned	5-9	1983
4.	Robin Miller	5-7 ¾	2005
5T.	Haley Morrissey	5-7 1/4	2006
5T.	Jodi Donovan	5-7 1/4	2006
5T.	Lori Pitz	5-7 1/4	2006
8.	Samantha Frisbie	5-7	2008
9T.	Peggy Pierson	5-6 ½	1984
9T.	Lindsay Lettow	5-6 ½	2009

Long Jump

		<u>mark</u>	<u>year</u>
1.	Lindsay Lettow	19-4 ¾	2009
2.	Stacy Clark	19-0 ¾	1995
3.	Lori Pitz	18-11	2002
4.	Rochelle Moss	18-8	1991
5.	Brittanie Roldan	18-6 ½	2007
6.	Khalilah Childress	18-5 ½	1997
7.	Victoria Freeman	18-3 1/4	2003
8.	Kelly Donze	18-3	1996
9.	Anne Carlson	18-2 ½	2007
10.	Belinda Hayden	18-2	1986

Triple Jump

		<u>mark</u>	<u>year</u>
1.	Brittanie Roldan	40-6 ¾	2009
2.	Khalilah Childress	39-8 ½	1998
3.	Iva Vasileva	39-3 1/4	2002
4.	Kathy Collier	38-9	1984
5.	Kenna Jenkins	38-7 ¾	2003
6.	Jenna Schmidt	38-0 ¼	2008
7.	Nakisha Rollison	37-10	2003
8.	Anne Carlson	37-7 ¾	2006
9.	Jamie Alexander	37-6 ½	1995
10.	Cody Varner	37-5 ¾	2006

Pole Vault

		<u>mark</u>	<u>year</u>
1.	Denise Sandbothe	12-2	2005
2.	Cristie Stevenson	11-7	2001
3.	Amy Kennison	11-0 ¼	2007
4.	Meagan O'Donnell	10-11 ¾	2006
5.	Iva Vasileva	10-8 1/4	2002
6T.	Heather Wohlleber	10-8	2006
6T.	Jenny Beissenherz	10-8	1999
8.	Cara Gerke	10-6	2007
9.	Erin Carver	10-3 1/4	2004
10.	Cori Whitson	10-0	2009

Hammer Throw

		<u>mark</u>	<u>year</u>
1.	Debbie Mann	162-11	1999
2.	Kita McCain	162-6	2004
3.	Erin Brechue	160-11	2005
4.	Leah Lord	160-0	2007
5.	Nicole Cassmeyer	158-8	2002
6.	Jessica Donovan	153-1 ½	2009
7.	Daleen Bakns	150-0	1999
8.	Alana Richmond	146-5	2001
9.	Joey Orrison	138-6	1997
10.	Kayla Muyskens	138-4	2008

Shot Put

		<u>mark</u>	<u>year</u>
1.	Mary Otto	45-6 ½	1988
2.	Jessica Donovan	43-10 ½	2008
3.	Laurie Onstot	43-7	1985
4.	Becky Haug	43-6 ½	2006
5.	Onetha Jackson	43-6 1/4	1981
6.	Mary Hyder	42-7 1/4	1980
7T.	Nicole Cassmeyer	42-0 ¾	1999
7T.	Amy Lund	42-0 ¾	1993
7T.	Dani Anderson	42-0 ¾	1993
10.	Angel Benner	41-10 ¾	1995

Discus

		<u>mark</u>	<u>year</u>
1.	Becky Haug	159-1	2005
2.	Debbie Mann	149-8	1998
3.	Dina Grubb	148-8	1987
4.	Kayla Muyskens	148-6	2008
5.	Angel Benner	147-9	1995
6.	Pam Lueckenotto	147-2	1987
7.	Mary Hyder	145-3	1980
8.	Laurie Onstot	144-8	1985
9.	Leah Lord	142-9	2007
10.	Mary Otto	138-8	1986

Javelin

		<u>mark</u>	<u>year</u>
1.	Neikki Shelton	132-2	1984
2.	Anne Carlson	130-8	2006
3.	Haley Morrissey	128-2	2007
4.	Leah Bateman	127-9 ½	2009
5.	Lori Pitz	127-7	2006
6.	Jean Hils	126-3	1984
7.	Lea Stickle	125-3	1979
8.	Karen Frogge	121-2	1977
9.	Angela Selby	121- 1 ½	2009
10.	Jenny Nail	120-8	1994

Heptathlon

		<u>mark</u>	<u>year</u>
1.	Lori Pitz	5230pts	2006
2.	Lindsay Lettow	5216	2009
3.	Anne Carlson	4880	2007
4.	Cody Varner	4863	2007
5.	Denise Sandbothe	4700	2005
6.	Elaine Jarnigan	4639	1999
7.	Heather Jones	4590	1992
8.	Jessi Kirkman	4541	2004
9.	Jenna Schmidt	4510	2008
10.	Shelly Holder	4330	1993