

THIS WEEK IN CENTRAL MISSOURI

JENNIES VOLLEYBALL



Away (Colorado Premier Challenge) - vs. No. 19 Lewis (Ind.) - September 4 - 4:30 p.m.
Away (Colorado Premier Challenge) - vs. No. 3 West Texas A&M - September 4 - 8:30 p.m.
Away (Colorado Premier Challenge) - vs. TBA (Bracket Play) - September 5 - TBA
Away (Colorado Premier Challenge) - vs. TBA (Bracket Play) - September 5 - TBA

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2009 Central Missouri Jennies Volleyball Schedule

August

28-29 University of West Florida Invitational
28 vs. Eckerd College (Fla.)W, 3-0
28 vs. Flagler CollegeW, 3-0
29 vs. No.1 Concordia University (St. Paul) . . .L, 1-3
29 vs. No.15 University of West FloridaW, 3-0

September

4-5 Colorado Premier Challenge
4 vs. No. 19 Lewis (Ind.)4:30 p.m.
4 vs. No. 3 West Texas A&M8:30 p.m.
5 vs. TBA (Bracket Play)TBA
5 vs. TBA (Bracket Play)TBA
9 at Rockhurst University (Kan.)7 p.m.
11-12 Peggy Martin Challenge (by Comfort Inn)
11 vs. **St. Mary's**3 p.m.
11 vs. **Pittsburg State***7 p.m.
12 vs. **Edinboro (Pa.)**Noon.
12 vs. **University of Missouri (St. Louis)** . .6 p.m.
15 at Southwest Baptist University*7 p.m.
18 vs. **Missouri Southern State University*** .7 p.m.
23 vs. **Emporia State University***7 p.m.
25 at Washburn University*7 p.m.
26 at Fort Hays State University*3 p.m.

October

2-3 Pittsburg State University Classic
2 vs. Abilene Christian2 p.m.
2 vs. Pittsburg State University*6 p.m.
3 vs. Dallas Baptist University1 p.m.
3 vs. Newman University4:30 p.m.
7 at Truman State University*7 p.m.
9 vs. **Northwest Missouri State University*** .7 p.m.
10 vs. **Missouri Western State University*** . .6:30 p.m.
13 at Missouri Science & Tech.7 p.m.
15 vs. **University of Nebraska-Omaha*** .7:15 p.m.
21 vs. **Southwest Baptist University***7 p.m.
23 at Missouri Southern State University* . . .7 p.m.
28 at Emporia State University*7 p.m.
30 vs. **Washburn University***7 p.m.
31 vs. **Fort Hays State University***6:30 p.m.

November

4 vs. **Truman State University**7 p.m.
6 at Northwest Missouri State University* . . .7 p.m.
7 at Missouri Western State University*7 p.m.
13 at University of Nebraska-Omaha*7 p.m.

* - MIAA match. p.m.

All home matches in **bold** at Multipurpose Building

Last Time Out:

University of West Florida Invitational

The Jennies traveled to Pensacola, Fla., last weekend for the West Florida Invitational. It was a good test for the Jens to start the season facing four teams in two days, all of whom won 20-plus games last season, and two top 15 teams, back-to-back.

In the first two matches of the season UCM went to work like business as usual. Eckerd College and Flagler College both fell to the Jennies without trouble, 3-0, 3-0, respectively. **Allie Huffman** recorded 15 kills against Eckerd, and nine of the 12 players who logged time in the Flagler match accounted for at least one kill.

Saturday's first match pitted the defending National Champions (and No.1 ranked), Concordia St.-Paul against UCM in an early morning battle. The Jens nearly held on to win the first set, leading 21-17, but errors allowed the Golden Bears to re-gain their first lead since the score was 3-4. They would ride that lead to a 22-25 CU win.

Coach Flip Piontek and the Jennies would suffer their first loss of the season to CU, 3-1, (22-25, 12-25, 27-25, 15-25) but not without a fight. In the third set UCM rallied late for a come-from-behind victory, 27-25, led by junior middle hitter **Paula Harris**, and redshirt-freshman **Bradye Peniston**.

The final match of the tournament was another against No. 15 West Florida. The No.12 Jennies gave no indication that the days earlier loss would affect their play. In essentially a West Florida home match, the Jennies handed the Argonauts their third loss of the season, 3-0, (25-22, 25-23, 25-20).

Two UCM players received All-Tournament honors. Harris, who led the team in points (48.5), and blocks (16), and Huffman team leader in kills (40) and team season high kills in a set (15).

On Tap for This Week:

Colorado Premier Challenge

UCM has been playing in the Division II Premier Challenge in Denver, Colorado since 1996. Since then the Jennies have posted an impressive 31-17 record in the highly competitive tournament. In 1996, the Jennies won the Challenge by going 4-0 with wins over North Dakota State, Regis University, Ferris State and Metro State.

In 2008 UCM went 2-2, three of four teams they faced were ranked in the top 25. It started with a loss to No.1 ranked Concordia St.-Paul, 0-3. Then the Jens defeated Regis University, 3-1, lost to No.19 West Florida, 1-3, before evening their record in the Premier with a win against No.21 Chico State, 3-0.

The Jennies have never finished below .500 playing in the Challenge. A record of 2-2 has happened six times, (1999, 2000, 2001, 2002, 2003, 2005). Central Missouri has finished with a 3-1 record five times (1997, 1998, 2004, 2006, 2007), and has never lost every match in the Premier Challenge.

The Opponents:

No. 19, Lewis University - Lewis University (Ind.) will enter the Premier Challenge with a record of 3-1 after attending the West Florida Invitational last week. The Flyers did not play the defending national champs, but their first loss of the season did come from West Florida, 3-0, a team that UCM did not allow to win a set.

Lewis is led by third year Head Coach Lorelee Smith. Smith was an assistant to Peggy Smith at Central Missouri for five seasons, from 2002-'06.

She has guided the Flyers to back-to-back GLVC championships in 2007-08 with

a two-year conference record of 63-12. Their No.11 ranking in 2007 was the highest in the history of the AVCA D-II poll. The matchup history stands at 3-0-0 in favor of UCM.

No. 3, West Texas A&M - The Lady Buffs have moved up two positions after starting the year with the No.5 ranking in AVCA's preseason poll. They are 4-0 since defeating the No.4 ranked GLIAC powerhouse Grand Valley State. UCM leads the series at 8-6-0.

In his first season, West Texas A&M is coached by Jason Skoch. Skoch is a familiar name in the MIAA. He served as head coach of Truman State for four years where he guided the Bulldogs to four-consecutive top-10 rankings in the AVCA final poll. The Bulldogs were ranked fourth in both 2005 and 2008, finished sixth in 2006 and were eighth in the final 2007 rankings. While at Truman State he compiled a 137-22 record (.861 percent).

Other Possible Opponents - The Colorado Premier Challenge is a who's who of NCAA D-II volleyball, hosted by Regis University and No. 23 Metropolitan State College. It is possible that UCM could face either No. 15 West Florida or No. 1 Concordia University St.-Paul, again. Other teams attending the premier Challenge and could possibly face the Jennies are Western Oregon University, No. 25 Augustana (S.D.), Northwest Nazarene, No. 8 Southwest Minnesota State, or No. 9 University of Tampa.

After first round pool play the teams will be divided into gold, silver, and bronze brackets. Gold is the first place pool and will be playing at Regis. Silver and Bronze will be 2nd and 3rd, and will play at Metro State.

Jennies Climbing the Record Book

Career Matches w/ Double-Figure Digs

1. Katie Tarka, 2003-2006	131
2. Audrey Jensen, 2004-07	126
3. Rhea Griffin, 1997-00	93
4. Sarah Dallas, 1995-98	82
5. Jacque Barr, 1999-02	75
Rachel Fister, 2007-present	62

Career Digs

1. Katie Tarka, 2003-2006	3,016
2. Audrey Jensen, 2004-07	2,381
3. Emily Appelbaum, 1984-87	1,694
4. Sarah Dallas, 1995-98	1,614
5. Kim Jackson, 1991-94	1,605
6. Rhea Griffin, 1997-00	1,600
7. Jacque Barr, 1999-02	1,555
8. Kaci Young, 2002-05	1,448
9. Corrie Paul, 1989-92	1,429
10. Wendy Knollman, 1988-92	1,405
Rachel Fister, 2007-present	1,131

Career Assists

1. Kaci Young, 2002-05	5,687
2. Susan Dixon, 1984-87	5,460
3. Kristie Tompkins, 1988-91	5,320
4. Robyn Griffin, 1998-00	4,515
5. Jaime St. Marie, 1995-98	4,337
6. Caitlin Pankratz, 2006-present	4,174
7. Lori Hackett, 1980-83	4,095
8. Rachel Gatewood, 1992-95	3,920
9. Kelly Lincoln, 1990-93	3,626
10. Natalie Loerch, 2000-03	1,076

Career Total Blocks per Game (Min. 200 TB, blocks/sets)

1. Becky Belland, 1987-90 (938/557)	1.68
2. Chris Kalehuawehe, 1995-96 (471/296)	1.59
3. Pat Hempen, 1985-88 (643/409)	1.57
4. Daria McConnell, 1997-99 (409/339)	1.21
5. Jane Salkowski, 1992-94 (385/320)	1.20
6. Jillian Ohrman, 2006-07 (312/261)	1.20
7. Heather Kruse, 1994-95 (343/307)	1.12
Pat Staszak, 1982-85 (451/403)	1.12
9. Becky Haug, 2002-05 (542/488)	1.11
10. Eby Hardman, 1990-93 (552/508)	1.09
Paula Harris, 2007-present (121/140)	0.86

2009 MIAA PRESEASON COACHES POLL

Rk	School	pts	2008 MIAA
1	Emporia State (5)	94	18-2
2	Washburn (5)	92	15-5
3	Central Missouri	79	15-5
T4	Nebraska-Omaha (1)	69	12-8
T4	Truman State	69	16-4
6	Pittsburg State	61	14-6
7	Northwest Missouri	40	7-13
8	Missouri Southern	37	5-15
9	Southwest Baptist	35	5-15
10	Fort Hays State	15	2-18
11	Missouri Western	14	1-19

()-first place votes

2009 AVCA Division II Poll

(As of August 31, 2009)

Rk	School (1st place)	Pts.	2009 W-L	Prev. Rank
1	Concordia-St. Paul (32)	800	4-0	1
2	Cal State San Bernardino	764	3-0	2
3	West Texas A&M	721	5-0	5
4	Emporia State	706	3-0	3
5	Nebraska-Kearney	672	4-0	6
6	Grand Valley State	620	3-1	4
7	UC San Diego	584	4-0	13
8	SW Minnesota State	570	4-0	8
9	Tampa	532	3-0	10
10	Washburn	519	4-0	11
11	Minnesota Duluth	492	3-1	7
12	Central Missouri	457	3-1	12
13	Truman	387	3-1	9
14	Florida Southern	319	3-1	16
15	West Florida	270	2-3	15
16	Nova Southeastern	254	2-2	19
17	Pittsburg State	234	3-1	17
18	Minnesota State	221	3-1	NR
19	Lewis	196	3-1	21
20	Indianapolis	181	4-0	NR
T-21	Cal State L.A.	148	2-1	20
T-21	Western Washington	148	3-1	23
23	Metro State	113	4-0	NR
24	Sonoma State	92	4-0	NR
25	Augustana (S.D.)	72	3-1	22

*MIIA teams in **BOLD**

Others Receiving Votes and listed on two or more ballots: Cal Poly Pomona 54; California (Pa.) 44; Wingate 39; Saginaw Valley State 33; Nebraska-Omaha 32; Hillsdale 28; Chico State 21; Armstrong Atlantic State 12; Dowling 10; Hawai'i-Hilo 9; Lynn 7; Seattle Pacific 4; Northwest Nazarene 2

Eight schools were listed on only one ballot for a total of 45 points.

Dropped Out: California (Pa.) (14); Cal Poly Pomona (18); Western Oregon (24); Wayne State (Neb.) (25)

Around the MIAA This Week:

Friday, September 4

FHSU vs. Colorado State-Pueblo @ Eastern New Mexico Tourney	9 a.m.
MWSU vs. Oklahoma Panhandle State @ Eastern New Mexico Tourney.	11 a.m.
SBU vs. Drury (Mo.) @ Midwestern State Invitational	11 a.m.
UNO vs. Minnesota-Duluth @ Florida Southern Tournament	1 p.m.
ESU vs. Tarleton (Texas) State @ Midwestern State Invite	1:30 p.m.
WU vs. East Central (Okla.) @ Texas Woman's Tourney	1:30 p.m.
Newman (Kan.) @ NWMSU.	2:30 p.m.
UCM vs. Lewis (Ill.) @ Colorado Premier Challenge	3 p.m.
FHSU vs. New Mexico Highlands @ Eastern New Mexico Tourney.	3 p.m.
PSU vs. Angelo (Texas) State @ Abilene Christian Tournament	3 p.m.
SBU vs. Central Oklahoma @ Midwestern State Invitational	4 p.m.
TSU vs. Indianapolis (Ind.) @ North Alabama Tournament	4 p.m.
ESU @ Midwestern (Texas) State in Midwestern State Invitational.	6:30 p.m.
WU @ Texas Woman's University In Texas Woman's Tournament.	6:30 p.m.
UCM vs. West Texas A&M@ Colorado Premier Challenge	7 p.m.
Minnesota State-Moorhead @ NWMSU in NWMSU Invitational.	7 p.m.
UNO @ Florida Southern College in Florida Southern Tournament	7 p.m.
MWSU @ Eastern New Mexico in Eastern New Mexico Tourney	7 p.m.
PSU @ Abilene Christian (Texas) in Abilene Christian Tournament	7 p.m.
TSU @ North Alabama in North Alabama Tournament	8 p.m.

Saturday, September 5

ESU vs. Northwood (Mich.) @ Midwestern State Invitational	9 a.m.
WU vs. Texas A&M-Kingsville@ Texas Woman's Tourney	9:30 a.m.
PSU vs. Cameron (Okla.) @ Abilene Christian Tourney	10:30 a.m.
SBU @ Midwestern (Texas) State in Midwestern State Invite	10:30 a.m.
UNO vs. Bemidji (Minn.) State @ Florida Southern Tournament	11 a.m.
MWSU vs. New Mexico Highlands @ Eastern New Mexico Tourney.	1 p.m.
ESU vs. Central Oklahoma @ Midwestern State Invitational	2 p.m.
MSSU @ Arkansas-Fort Smith	2 p.m.
UNO vs. Grand Valley (Mich.) State @ Florida Southern Tournament	2 p.m.
SBU vs. Tarleton (Texas) State @ Midwestern State Invitational.	2 p.m.
TSU vs. Christian Brothers (Tenn.) @ North Alabama Tournament	2 p.m.
Texas A&M-Commerce @ NWMSU in NWMSU Invitational	2:30 p.m.
WU vs. Southwestern Oklahoma State @ Texas Woman's Tournament.	2:30 p.m.
FHSU vs. Oklahoma Panhandle State @ Eastern New Mexico Tourney.	3 p.m.
PSU vs. Incarnate Word (Texas) @ Abilene Christian Tourney	3:30 p.m.
MWSU vs. Colorado State-Pueblo @ Eastern New Mexico Tourney	5 p.m.
TSU vs. Northern Kentucky@ North Alabama Tournament.	6 p.m.
FHSU @ Eastern New Mexico in Eastern New Mexico Tourney.	7 p.m.
Quincy (Ill.) @ NWMSU in NWMSU Invitational	7 p.m.
UCM vs. TBD (Bracket Play) @ Colorado Premier Challenge	TBD

2009 MIAA STANDINGS

School	MIAA	Overall
Truman State (9)	0-0.	3-1
Central Missouri (12)	0-0	3-1
Northwest Missouri	0-0.	3-1
Missouri Western.	0-0.	1-3
Southwest Baptist	0-0.	2-2
Washburn (10)	0-0.	4-0
Emporia State (4)	0-0.	4-0
Pittsburg State (17).	0-0.	3-1
Nebrask-Omaha	0-0.	4-0
Fort Hays State.	0-0.	0-4
Missouri Southern	0-0.	3-1
() - AVCA/CSTV D-II Top 25 Ranking		

2009 Individual Trends

Double Figure Kills

Allie Huffman	2
Paula Harris	2
Bradye Peniston	1

Double Figure Blocks

Double Figure Digs

Rachel Fister	4
Taylor Krejci	2
Caitlin Pankratz	1

Double Figure Assists

Caitlin Pankratz	4
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Double-Doubles (Kills-Digs)

Double-Doubles (Assists-Digs)

Caitlin Pankratz	1
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The 2009 Jennies Record When...

Playing at home	0-0
Playing on the road	3-1
Playing ranked opponents	1-1
Winning the first game	3-0
Win the second game	3-0
Win the third game	3-1
They hit less than .200	0-1
They hit more than .200	3-0
They hit more than .300	0-0
They have 10 blocks in a match	0-0
A player records 20 kills	0-0

2009 JENNIES VOLLEYBALL NUMERICAL ROSTER

No.	Name	Position	Ht.	Year-Exp	Hometown	Previous School
1	Julia Bates	Setter	6-0	Freshman-HS	Leavenworth, Kan.	Lansing High School
2	Taylor Krejci	Libero/Def. Spec.	5-8	Sophomore-1L	Hickman, Neb.	Norris High School
3	Allie Huffman	Outside Hitter	5-11	Sophomore-1L	Lee's Summit, Mo.	Lee's Summit West High School
4	Kelsey Ellis	Outside Hitter	5-10	Junior-1L	Andover, Minn.	Metro State University
5	Caitlin Pankratz	Setter	5-7	Senior-3L	Buhler, Kan.	Buhler High School
6	Jamie Haworth	Def. Spec./Libero	5-8	Freshman-HS	Rogers, Ark.	Bentonville High School
7	Rachel Fister	Outside Hitter/Libero	5-9	Junior-2L	Labadie, Mo.	St. Francis Borgia High School
8	Jessica Garland	Setter/Def. Spec.	5-7	Sophomore-1L	Indianola, Iowa	Indianola High School
10	Jennifer Williams	Outside Hitter	5-10	Junior-Tr	Overland Park, Kan.	Jacksonville State University
11	Paula Harris	Middle Hitter	6-1	Sophomore-1L	Conway Springs, Kan.	Conway Springs High School
12	Bradye Peniston	Middle/Outside Hitter	6-0	Freshman-Rs	Wichita, Kan.	Valley Center High School
13	Lisa Moore	Outside Hitter	5-11	Freshman-Rs	Lee's Summit, Mo.	Lee's Summit High School
14	Abby Gruenbacher	Middle Hitter	6-2	Junior-Tr	Wichita, Kan.	Jacksonville University
16	Kelsey Ortwerth	Outside Hitter	5-7	Sophomore-1L	Hannibal, Mo.	University of West Florida
17	Sarah Leonard	Middle Hitter	6-2	Junior-2L	Des Moines, Iowa	Roosevelt High School

Head Coach: Phil 'Flip' Piontek **Assistant Coach:** Chrissy Elder **Graduate Assistant Coach:** Jacquelyn Williams

PRONUNCIATION GUIDE

PLAYERS

Rachel Fister FIST-er
 Abby Gruenbacher GREW-en-bock-er
 Jamie Hayworth HAY-worth
 Taylor Krejci KREJ-ee
 Caitlin Pankratz PAN-kratz
 Bradye Peniston BRAY-dee PEN-ist-un

COACHES

Flip Piontek. pe-ON-teck

ALPHABETICAL ROSTER

No.	NAME	Pos.	Ht.	Yr.
1	Julia Bates	S	6-0	Fr.
4	Kelsey Ellis	OH	5-10	Jr.
7	Rachel Fister	OH	5-8	Jr.
8	Jessica Garland	S/DS	5-7	So.
14	Abby Gruenbacher	MH	6-2	Jr.
6	Jamie Haworth	L/DS	5-8	Fr.
11	Paula Harris	MH	6-1	So.
3	Allie Huffman	S/RS	5-10	So.
2	Taylor Krejci	L/DS	5-8	So.
17	Sarah Leonard	MH	6-2	Jr.
13	Lisa Moore	RS/MH	5-11	Fr.-Rs
16	Kelsey Ortwerth	OH	5-7	So.
5	Caitlin Pankratz	S	5-7	Sr.
12	Bradye Peniston	MH	6-0	Fr.-Rs
10	Jennifer Williams	OH	5-10	Jr.

JENNIES IN-SEASON BIRTHDAYS

NAME	BIRTHDATE	WILL BE
JAMIE HAWORTH	AUG. 19, 1991	18
JESSICA GARLAND	AUG. 25, 1989	20
LISA MOORE	AUG. 26, 1990	19
PAULA HARRIS	SEPT. 11, 1988	21
BRADYE PENISTON	SEPT. 15, 1989	20
CAITLIN PANKRATZ	SEPT. 24, 1986	23
TAYLOR KREJCI	OCT. 18, 1989	20
KELSEY ELLIS	NOV. 15, 1988	21

PERSONNEL SITUATION

**Represents number of varsity letters earned at UCM.*

STARTERS RETURNING (5)	Pos.	Ht.	Yr.	LETTERWINNERS RETURNING (9)	Pos.	Ht.	Yr.
Caitlin Pankratz	Setter	5-7	Senior	Kelsey Ellis *	Outside Hitter	5-10	Junior
Paula Harris.	Middle Hitter	6-1	Sophomore	Rachel Fister **	Libero	5-9	Junior
Rachel Fister.	Libero	5-9	Junior	Jessica Garland *	Setter/DS	5-7	Sophomore
Allie Huffman	Outside Hitter	5-11	Sophomore	Paula Harris *	Middle Hitter	6-1	Sophomore
Kelsey Ortwerth	Outside Hitter	5-7	Sophomore	Allie Huffman *	Outside Hitter	5-11	Sophomore
				Taylor Krejci *	Libero	5-8	Sophomore
STARTERS LOST (2)	Pos.	Ht.		Sarah Leonard **	Middle Hitter	6-2	Junior
Carrie Peterson.	Outside Hitter	5-10		Kelsey Ortwerth *	Outside Hitter	5-7	Sophomore
Jacquelyn Williams	Middle Hitter	5-11		Caitlin Pankratz ***	Setter	5-7	Senior
RED-SHIRTS RETURNING (2)	Pos.	Ht.	Yr.	NEWCOMERS (4)	Pos.	Ht.	Yr.
Bradye Peniston.	Middle/Outside Hitter	6-0	Freshman	Julia Bates	Setter	6-0	Freshman
Lisa Moore	Outside Hitter	5-11	Freshman	Abby Gruenbacher	Middle Hitter	6-2	Junior
				Jamie Haworth	DS/Libero	5-8	Freshman
				Jennifer Williams	Outside Hitter	5-10	Junior