

# THIS WEEK IN CENTRAL MISSOURI

# JENNIES VOLLEYBALL



Away (University of West Florida Invitational) - vs. Eckerd College - August 28 - 9 a.m.

Away (University of West Florida Invitational) - vs. Flagler College - August 28 - 4:30 p.m.

Away (University of West Florida Invitational) - vs. Concordia University (St. Paul) - August 29 - 10:30 a.m.

Away (University of West Florida Invitational) - vs. University of West Florida - August 29 - 4:30 p.m.

## 2009 Central Missouri Jennies Volleyball Schedule

### August

28-29	<u>University of West Florida Invitational</u>	
28	vs. Eckerd College (Fla.)	9 a.m.
28	vs. Flagler College	4:30 p.m.
29	vs. Concordia University (St. Paul)	10:30 a.m.
29	vs. University of West Florida	4:30 p.m.

### September

4-5	<u>Colorado Premier Challenge</u>	
4	vs. Lewis (Ind.)	4:30 p.m.
4	vs. West Texas A&M	8:30 p.m.
5	vs. TBA (Bracket Play)	TBA
5	vs. TBA (Bracket Play)	TBA
9	at Rockhurst University (Kan.)	7 p.m.
11-12	<u>Peggy Martin Challenge (by Comfort Inn)</u>	
11	vs. <i>St. Mary's</i>	3 p.m.
11	vs. <i>Pittsburg State*</i>	7 p.m.
12	vs. <i>Edinboro (Pa.)</i>	Noon.
12	vs. <i>University of Missouri (St. Louis)</i>	6 p.m.
15	at Southwest Baptist University*	7 p.m.
18	vs. <i>Missouri Southern State University*</i>	7 p.m.
23	vs. <i>Emporia State University*</i>	7 p.m.
25	at Washburn University*	7 p.m.
26	at Fort Hays State University*	3 p.m.

### October

2-3	<u>Pittsburg State University Classic</u>	
2	vs. Abilene Christian	2 p.m.
2	vs. Pittsburg State University*	6 p.m.
3	vs. Dallas Baptist University	1 p.m.
3	vs. Newman University	4:30 p.m.
7	at Truman State University*	7 p.m.
9	vs. <i>Northwest Missouri State University*</i>	7 p.m.
10	vs. <i>Missouri Western State University*</i>	6:30 p.m.
13	at Missouri Science & Tech.	7 p.m.
15	vs. <i>University of Nebraska-Omaha*</i>	7:15 p.m.
21	vs. <i>Southwest Baptist University*</i>	7 p.m.
23	at Missouri Southern State University*	7 p.m.
28	at Emporia State University*	7 p.m.
30	vs. <i>Washburn University*</i>	7 p.m.
31	vs. <i>Fort Hays State University*</i>	6:30 p.m.

### November

4	vs. <i>Truman State University</i>	7 p.m.
6	at Northwest Missouri State University*	7 p.m.
7	at Missouri Western State University*	7 p.m.
13	at University of Nebraska-Omaha*	7 p.m.

\* - MIAA match. p.m.

All home matches in **bold** at Multipurpose Building

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## Last Time Out:

## Remembering 2008

Last year the Jennies posted a 15-5 MIAA record (.750), 29-10 overall (.744), tying for third in a conference that sent six of eleven teams to the NCAA tournament. The sixth seeded Jennies upset the No.3 seed Washburn, 3-0, in the Southwest Regional quarterfinal match to finish 3rd in the region. A run at the national title halted in the regional semifinal with a 3-1 defeat from, second seeded conference opponent, Truman State. The season marked the 26th consecutive NCAA Tournament appearance for Jennies volleyball and the 31st consecutive season with at least 25 wins.

Head Coach Peggy Martin ended her 33 year career as Head Coach with 1,064 wins, including a memorable final regular season home victory in front of a record crowd of 1,351. Martin is succeeded by 23-year assistant coach Phil 'Flip' Piontek.

UCM had five members of its squad named to the All-Conference team in 2008. Sophomore libero **Rachel Fister** was the lone first-team selection for the Jens. The Jennies also picked up three second-team selections in freshman middle hitter **Paula Harris**, freshman outside hitter **Allie Huffman**, and junior setter **Caitlin Pankratz**. Senior middle hitter **Jacquelyn Williams** was named to the MIAA honorable mention squad for the second consecutive season. Huffman also recieved MIAA Freshman of the Year and Regional Freshman of the Year honors, and was a AVCA Honorable Mention All-American. Prankatz was also named to ESPN the Magazine's Academic All-District first-team for her athletic and academic performances. She posted a 3.90 GPA while majoring in Accounting. Fister, Prankatz, and Harris also recieved AVCA Southwest Regional Honorable Mentions.

All five of the honorees are returning for the 2009 campaign, however, only four will be wearing a Jennies jersey. First year Head Coach Flip Piontek will have Williams on his coaching staff as a graduate assistant.

## Looking Forward:

## 2009 Preview

The 2009 version of the Central Missouri Jennies volleyball team will have a new leader for the first time in three decades as Flip Piontek takes the reins after many years as assistant coach under legendary head coach Peggy Martin.

The Jennies finished 2008 ranked No. 11 in the nation and have now been ranked in every poll since 1986, a record 275 consecutive weeks.

To keep that streak going, the young Jennies will look to leadership from the lone senior setter, Pankratz. Pankratz returns for 2009 after grabbing several accolades last season. She also has more than 4,000 assists in her career and will finish as one of the all-time best setters at Central Missouri.

There is plenty around Prankatz as well, UCM returns five starters and nine letterwinners to a lineup that took third in the region last season.

Look for sophomore outside hitter Allie Huffman to have another solid year. As a

freshman, the Lee's Summit, Mo., native led the team with 454 kills.

At rightside, **Kelsey Ortwerth** will return as a starter after a solid 2008 campaign. The powerful lefty logged 200 kills and 167 digs playing in 108 games.

UCM will also see some competition on the inside to compliment returning second-team All-MIAA and honorable mention all-region selection Harris. She led the Jennies with 488 points and 105 blocks last season, and looks to have an even bigger year in 2009.

## The Opponents:

**Eckerd College** - This will be the first meeting between the Tritons of Eckerd and the Jens. A member of the Sunshine State Conference, Eckerd finished tied for sixth at 8-8 in a conference with perennial powerhouse Tampa University. The SSC Preseason Coaches Poll picked the Tritons to finish in sixth place for 2009.

**Flagler College** - The Flagler Saints finished with a winning record of 20-16 as an independent. The new edition to the Peach Belt Conference was picked to finish second in the PBC Preseason Coaches Poll, garnering two first-place votes. The Saints have not made an NCAA tournament appearance since the program began in 1990. This will be the first meeting between the Jens and the Saints.

**Concordia University (St. Paul)** - A member of the Northern Sun Intercollegiate Conference, and defending back-to-back NCAA D-II National Champions, the Golden Bears held a mark of 37-1 in 2008. Returning to the roster for UC-St. Paul is 2008 AVCA D-II Player of the Year, setter, Maggie McNamara. She has led the nation in assists for three consecutive years. Also returning, sophomore middle hitter Emily Palkert who earned First-Team All-American honors in 2008, while hitting for a .347 average.

**University of West Florida** - The Argonauts have been picked to win the Gulf South Conference East Division in the coaches preseason poll. Last year West Florida went to the NCAA Regional Tournament, losing to Nova Southeastern in the final round. Patricia Gandolfo is a returning AVCA All-Region Honorable Mention and a GSC first-team selection.

## The Coaches:

**Flip Piontek** - After 23 years in the assistant role, Flip takes the reins to one of the most successful programs in NCAA D-II. During his time at UCM, the team has compiled a 729-174 (.807) record overall, and a 278-36 (.885) mark in MIAA play. The Jennies have claimed 15 MIAA titles, and have been to the NCAA Tournament in each of his 23 seasons. Piontek played volleyball while serving our country in the Air Force.

**Courtney Draper** - Now in her sixth season at the helm of the Eckerd College volleyball program, Draper guided the Tritons to their third consecutive NCAA tournament appearance in 2008. She added to the history of Eckerd volleyball by earning her 100th career victory on October 25, 2008. Draper played four seasons at Florida State University under legendary head coach Dr. Cecile Reynaud, where she earned a starting position as a walk-on her sophomore year. During her senior year, Draper was the recipient of the Golden Nole, awarded to the team's most valuable player.

**Taylor Mott** - Begins her 11th season as head coach of the Flagler College volleyball program, posting a career record of 208-133. Mott is the youngest active coach in Division II to reach 200 wins. She has been named the Florida Sun Conference Coach of the Year three times (2001, 2003 and 2004). The Saints have eight consecutive winning seasons under Mott, the longest streak in the history of the program. Mott graduated from the University of Mississippi where she lettered all four years for the Lady Rebels and earned Academic All-SEC honors in 1994 and 1995. She also serves as the Assistant Athletic Director/Senior Women's Administrator.

## 2009 MIAA PRESEASON COACHES POLL

Rk	School	pts	2008 MIAA
1	Emporia State (5)	94	18-2
2	Washburn (5)	92	15-5
3	Central Missouri	79	15-5
T4	Nebraska-Omaha (1)	69	12-8
T4	Truman State	69	16-4
6	Pittsburg State	61	14-6
7	Northwest Missouri	40	7-13
8	Missouri Southern	37	5-15
9	Southwest Baptist	35	5-15
10	Fort Hays State	15	2-18
11	Missouri Western	14	1-19

(#)-first place votes

## 2009 AVCA Division II Poll (As of August 21)

Rk	School (1st place votes)	.Pts.	'08 W-L
1.	Concordia-St. Paul (32)	.800	37-1
2.	Cal State San Bernardino	.760	30-4
3.	<b>Emporia State</b>	<b>.710</b>	<b>34-4</b>
4.	Grand Valley State	.692	33-4
5.	West Texas A&M	.671	34-5
6.	Nebraska-Kearney	.655	32-4
7.	Minnesota Duluth	.572	26-9
8.	Southwest Minnesota State	.549	27-6
9.	<b>Truman</b>	<b>.530</b>	<b>33-8</b>
10.	Tampa	.511	27-5
11.	<b>Washburn</b>	<b>.468</b>	<b>30-6</b>
12.	<b>Central Missouri</b>	<b>.442</b>	<b>29-10</b>
13.	UC San Diego	.411	21-7
14.	California (Pa.)	.394	41-2
15.	West Florida	.346	25-7
16.	Florida Southern	.293	25-9
17.	<b>Pittsburg State</b>	<b>.269</b>	<b>28-8</b>
18.	Cal Poly Pomona	.247	20-8
19.	Nova Southeastern	.213	24-12
20.	Cal State L.A.	.187	21-8
21.	Lewis	.150	31-8
22.	Augustana (S.D.)	.126	23-11
23.	Western Washington	.106	21-3
24.	Western Oregon	.073	22-3
25.	Wayne State (Neb.)	.056	23-10

Others Receiving Votes and listed on two or more ballots: Minnesota State 39; Saginaw Valley State 25; Northern Kentucky 13; Dowling 11; Indianapolis 11; Sonoma State 10; Chico State 9; Wingate 9; Armstrong Atlantic State 6; Northern Michigan 2

Nine schools were listed on only one ballot for a total of 33 points.

**Brady Starkey** - Enters his seventh season with the Golden Bears as one of the most accomplished head volleyball coaches in NCAA D-II history. He guided UC-St. Paul to back-to-back National Championships in 2007 and 2008. Starkey is the winningest active Division II coach by percentage (91.0%). He has put together a career record of 203-20. Starkey's teams have never lost more than a single conference decision in a season.

**Melissa Wolter** - Since arriving in 2003, Wolter has compiled a 105-43 record. In seven career seasons as head coach, Wolter is 141-94. Coach Wolter has high expectations entering her sixth campaign with West Florida, saying this years recruiting class may be the most talented in her tenure.

## Around the MIAA This Week:

### Friday, August 28

**UCM vs. Eckerd College (Fla.) @ West Florida Invitational. . . . . 9 a.m.**  
 MWSU vs. SW Minnesota State @ Augustana (S.D.) Tourney . . . . . 9 a.m.  
 FHSU vs. Newman (Kan.) @ UN-Kearney Tournament . . . . . 10 a.m.  
 Tarleton State (Texas) @ UNO . . . . . 10 a.m.  
 SBU vs. Alabama-Huntsville @ Arkansas Tech Spikefest . . . . . 11 a.m.  
 WU vs. Western (Colo.) State @ Colorado Mines Classic . . . . . 11 a.m.  
 ESU vs. North Alabama @ UNO Showcase . . . . . 12:15 p.m.  
 NWMSU vs. Ouachita Baptist (Ark.) @ Christian Brothers Tourney . . . . . 1 p.m.  
 FHSU vs. Rockhurst (Mo.) @ UN-Kearney Tournament . . . . . 2:30 p.m.  
 TSU vs. Abilene Christian (Texas) @ UNO Showcase . . . . . 2:30 p.m.  
 MWSU vs. Regis (Colo.) @ Augustana (S.D.) Tourney . . . . . 3 p.m.  
 SBU vs. Cameron (Okla.) @ Arkansas Tech Spikefest . . . . . 3 p.m.  
 WU vs. Adams State (Colo.) @ Colorado Mines Classic . . . . . 3:30 p.m.  
 Midwestern State (Texas) @ MSSU . . . . . 4 p.m.  
 PSU vs. Southeastern Oklahoma State @ MSSU Invitational . . . . . 4 p.m.  
**UCM vs. Flagler College (Fla.) @ West Florida Invitational . . . . . 4:30 p.m.**  
 ESU vs. Dallas Baptist (Texas) @ UNO Showcase . . . . . 4:45 p.m.  
 NWMSU vs. Illinois-Springfield @ Christian Brothers Tourney . . . . . 5 p.m.  
 Abilene Christian (Texas) @ UNO . . . . . 7 p.m.  
 Missouri S&T @ MSSU . . . . . 7 p.m.  
 PSU vs. Harding (Ark.) @ MSSU Invitational . . . . . 7 p.m.  
 TSU vs. Minnesota State-Mankato @ UNO Showcase . . . . . 7 p.m.

### Saturday, August 29

ESU vs. Eastern New Mexico @ UNO Showcase . . . . . 9:30 a.m.  
 NWMSU @ Christian Brothers (Tenn.) . . . . . 10 a.m.  
 PSU vs. Midwestern (Texas ) State @ MSSU Invitational . . . . . 10 a.m.  
 Southeastern Okla. State @ MSSU . . . . . 10 a.m.  
**UCM vs. Concordia-St. Paul (Minn.) @ West Florida Invitational . 10:30 a.m.**  
 SBU vs. Texas A&M-International @ Arkansas Tech Spikefest . . . . . 11 a.m.  
 WU vs. Mesa (Colo.) State @ Colorado Mines Classic . . . . . 11 a.m.  
 Dallas Baptist (Texas) @ UNO . . . . . 11:45 a.m.  
 TSU vs. Tarleton (Texas) State @ UNO Showcase . . . . . 11:45 a.m.  
 MWSU vs. Chadron (Neb.) State @ Augustana (S.D.) Tourney . . . . . 1 p.m.  
 ESU vs. Minnesota State-Mankato @ UNO Showcase . . . . . 2 p.m.  
 NWMSU vs. Missouri-St. Louis @ Christian Brothers Tourney . . . . . 2 p.m.  
 FHSU vs. Bemidji (Minn.) State @ UN-Kearney Tournament . . . . . 2:30 p.m.  
 Harding (Ark.) @ MSSU . . . . . 4 p.m.  
 PSU vs. Missouri S&T @ MSSU Invitational . . . . . 4 p.m.  
 TSU vs. Eastern New Mexico @ UNO Showcase . . . . . 4:15 p.m.  
**UCM @ West Florida . . . . . 4:30 p.m.**  
 SBU @ Arkansas Tech . . . . . 5 p.m.  
 MWSU @ Augustana (S.D.) . . . . . 5:30 p.m.  
 WU vs. Fort Lewis (Colo.) @ Colorado Mines Classic . . . . . 5:30 p.m.  
 North Alabama @ UNO . . . . . 6:30 p.m.

## 2009 MIAA STANDINGS

### MIAA East Division

School	MIAA	Overall
Truman State ( )	0-0	0-0
<b>Central Missouri ( )</b>	<b>0-0</b>	<b>0-0</b>
Northwest Missouri	0-0	0-0
Missouri Western	0-0	0-0
Southwest Baptist	0-0	0-0

### MIAA West Division

Washburn ( )	0-0	0-0
Emporia State ( )	0-0	0-0
Pittsburg State ( )	0-0	0-0
Fort Hays State	0-0	0-0
Missouri Southern	0-0	0-0

( ) - AVCA/CSTV D-II Top 25 Ranking

## 2008 Team Leaders

### Kills

Allie Huffman . . . . . **454**

### Kill Pct.

Jacquelyn Williams . . . . . **.328**

### Blocks

Paula Harris . . . . . **105**

### Digs

Rachel Fister . . . . . **690**

### Assists

Caitlin Pankratz . . . . . **1490**

### Service Aces

Rachel Fister . . . . . **38**

### Double-Doubles (Kills-digs)

Allie Huffman . . . . . **13**

## The 2009 Jennies Record When...

Playing at home	.0-0
Playing on the road	.0-0
Winning the first game	.0-0
Win the second game	.0-0
Win the third game	.0-0
They hit more than .200	.0-0
They hit more than .300	.0-0
They hit more than .400	.0-0
They have 10 blocks in a match	.0-0
A player records 20 kills	.0-0

# 2009 JENNIES VOLLEYBALL NUMERICAL ROSTER

No.	Name	Position	Ht.	Year-Exp	Hometown	Previous School
1	Julia Bates	Setter	6-0	Freshman-HS	Leavenworth, Kan.	Lansing High School
2	Taylor Krejci	Libero/Def. Spec.	5-8	Sophomore-1L	Hickman, Neb.	Norris High School
3	Allie Huffman	Outside Hitter	5-11	Sophomore-1L	Lee's Summit, Mo.	Lee's Summit West High School
4	Kelsey Ellis	Outside Hitter	5-10	Junior-1L	Andover, Minn.	Metro State University
5	Caitlin Pankratz	Setter	5-7	Senior-3L	Buhler, Kan.	Buhler High School
6	Jamie Haworth	Def. Spec./Libero	5-8	Freshman-HS	Rogers, Ark.	Bentonville High School
7	Rachel Fister	Outside Hitter/Libero	5-9	Junior-2L	Labadie, Mo.	St. Francis Borgia High School
8	Jessica Garland	Setter/Def. Spec.	5-7	Sophomore-1L	Indianola, Iowa	Indianola High School
10	Jennifer Williams	Outside Hitter	5-10	Junior-Tr	Overland Park, Kan.	Jacksonville State University
11	Paula Harris	Middle Hitter	6-1	Sophomore-1L	Conway Springs, Kan.	Conway Springs High School
12	Bradye Peniston	Middle/Outside Hitter	6-0	Freshman-Rs	Wichita, Kan.	Valley Center High School
13	Lisa Moore	Outside Hitter	5-11	Freshman-Rs	Lee's Summit, Mo.	Lee's Summit High School
14	Abby Gruenbacher	Middle Hitter	6-2	Junior-Tr	Wichita, Kan.	Jacksonville University
16	Kelsey Ortwerth	Outside Hitter	5-7	Sophomore-1L	Hannibal, Mo.	University of West Florida
17	Sarah Leonard	Middle Hitter	6-2	Junior-2L	Des Moines, Iowa	Roosevelt High School

**Head Coach:** Phil 'Flip' Piontek **Assistant Coach:** Chrissy Elder **Graduate Assistant Coach:** Jacquelyn Williams

## PRONUNCIATION GUIDE

### PLAYERS

Rachel Fister . . . . . FIST-er  
 Abby Gruenbacher . . . . . GREW-en-bock-er  
 Jamie Hayworth . . . . . HAY-worth  
 Taylor Krejci . . . . . KREJ-ee  
 Caitlin Pankratz . . . . . PAN-krat-z  
 Bradye Peniston . . . . . BRAY-dee PEN-ist-un

### COACHES

Flip Piontek. . . . . pe-ON-teck

## ALPHABETICAL ROSTER

No.	NAME	Pos.	Ht.	Yr.
1	Julia Bates	S	6-0	Fr.
4	Kelsey Ellis	OH	5-10	Jr.
7	Rachel Fister	OH	5-8	Jr.
8	Jessica Garland	S/DS	5-7	So.
14	Abby Gruenbacher	MH	6-2	Jr.
6	Jamie Haworth	L/DS	5-8	Fr.
11	Paula Harris	MH	6-1	So.
3	Allie Huffman	S/RS	5-10	So.
2	Taylor Krejci	L/DS	5-8	So.
17	Sarah Leonard	MH	6-2	Jr.
13	Lisa Moore	RS/MH	5-11	Fr.-Rs
16	Kelsey Ortwerth	OH	5-7	So.
5	Caitlin Pankratz	S	5-7	Sr.
12	Bradye Peniston	MH	6-0	Fr.-Rs
10	Jennifer Williams	OH	5-10	Jr.

## JENNIES IN-SEASON BIRTHDAYS

NAME	BIRTHDATE	WILL BE
JAMIE HAWORTH	AUG. 19, 1991	18
JESSICA GARLAND	AUG. 25, 1989	20
LISA MOORE	AUG. 26, 1990	19
PAULA HARRIS	SEPT. 11, 1988	21
BRADYE PENISTON	SEPT. 15, 1989	20
CAITLIN PANKRATZ	SEPT. 24, 1986	23
TAYLOR KREJCI	OCT. 18, 1989	20
KELSEY ELLIS	NOV. 15, 1988	21

## PERSONNEL SITUATION

*\*Represents number of varsity letters earned at UCM.*

STARTERS RETURNING (5)	Pos.	Ht.	Yr.	LETTERWINNERS RETURNING (9)	Pos.	Ht.	Yr.
Caitlin Pankratz . . . . .	Setter	5-7	Senior	Kelsey Ellis * . . . . .	Outside Hitter	5-10	Junior
Paula Harris. . . . .	Middle Hitter	6-1	Sophomore	Rachel Fister ** . . . . .	Libero	5-9	Junior
Rachel Fister. . . . .	Libero	5-9	Junior	Jessica Garland * . . . . .	Setter/DS	5-7	Sophomore
Allie Huffman . . . . .	Outside Hitter	5-11	Sophomore	Paula Harris * . . . . .	Middle Hitter	6-1	Sophomore
Kelsey Ortwerth . . . . .	Outside Hitter	5-7	Sophomore	Allie Huffman * . . . . .	Outside Hitter	5-11	Sophomore
				Taylor Krejci * . . . . .	Libero	5-8	Sophomore
<b>STARTERS LOST (2)</b>	<b>Pos.</b>	<b>Ht.</b>		Sarah Leonard ** . . . . .	Middle Hitter	6-2	Junior
Carrie Peterson. . . . .	Outside Hitter	5-10		Kelsey Ortwerth * . . . . .	Outside Hitter	5-7	Sophomore
Jacquelyn Williams . . . . .	Middle Hitter	5-11		Caitlin Pankratz *** . . . . .	Setter	5-7	Senior
<b>RED-SHIRTS RETURNING (2)</b>	<b>Pos.</b>	<b>Ht.</b>	<b>Yr.</b>	<b>NEWCOMERS (4)</b>	<b>Pos.</b>	<b>Ht.</b>	<b>Yr.</b>
Bradye Peniston. . . . .	Middle/Outside Hitter	6-0	Freshman	Julia Bates . . . . .	Setter	6-0	Freshman
Lisa Moore . . . . .	Outside Hitter	5-11	Freshman	Abby Gruenbacher . . . . .	Middle Hitter	6-2	Junior
				Jamie Haworth . . . . .	DS/Libero	5-8	Freshman
				Jennifer Williams . . . . .	Outside Hitter	5-10	Junior