

Central Missouri Mule Run Cross Country Meet

Date: Friday, September 12th, 2008

Race:	5:45 PM	High School Girls	2.5 Mi. (4000 Meters)
	6:10	College/Open Women	2.5 Mi. (4000 Meters)
	6:35	High School Boys	2.5 Mi. (4000 Meters)
	7:00	College/Open Men	4.0 Mi. (6400 Meters)

Site: UCM's Keth Memorial Golf Course, located in Pertle Springs Park, 1 mile south of UCM's main campus.

Course: Surface is grass and crosses several gravel cart paths. Spikes may be worn. The course is rolling. The course will be available for viewing on Friday September 12th after 4:30 PM only, due to golfers being on the course.

Entry Fee: \$75. per team. A men's and a women's team count as two teams.
\$10. per individual.

Team Entry: College/ Open races have unlimited entry.
High School races have a limit of 35 competitors. Enter all that may compete and declare your 35 competitors at check-in.

Awards: Medals to the top 25 individuals in the High School races. No individual awards for the college races.

Facilities: The clubhouse has been removed and our Driving range has expanded in that area. There are no locker rooms available at the course and portable restrooms only. Athletes should come dressed to compete. Locker Rooms will be available at the Multi-purpose building after 7:00 PM.

Packet

Pick-Up- Packets with final meet information and numbers may be picked up at the course after 4:00 on Friday.

Meet

Info: Additional meet information including course maps, entry lists and results will be available at: http://www.ucmo.edu/athletic/index_flash.cfm as soon as it becomes available.

Entry

Process: Entries must be completed on-line. To enter the meet go to:

High School-

<http://trackmeet.aspisolutions.com/team/index.asp?IDMeet=2193>

College/Open-

<http://trackmeet.aspisolutions.com/team/index.asp?IDMeet=2194>

Follow the directions to complete your entries. Entering marks can be left blank. The entry site will open on September 5th at 8:00 AM and close on Wednesday September 10th at 10:00 AM

Declarations: You must declare your team on the entry web site. The declaration deadline is **Wednesday September 10th at 10:00 AM**

Additional

Information: Kirk Pedersen

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