



UNIVERSITY OF CENTRAL MISSOURI

Health Studies

4-Year Plan Health Studies (Credit Hours)	
YEAR ONE	
Fall Semester	Spring Semester
Writing I (GE) (3)	Writing II (GE) (3)
MATH 1111 (GE) (3)	KALI (GE) (3)
CHEM 1104 (GE) (4)	Literature (GE) (3)
Fine Arts (GE) (3)	Additional KA 1 (GE) (3)
HLTH 1010 (1)	HLTH 1100 (GE) (3)
Total Hours: 14	Total Hours: 15
YEAR TWO	
Fall Semester	Spring Semester
MGT Info (GE) (3)	COMM 1050 (GE) (3)
PSY 1100 (GE) General Psychology (3)	PSY 3030 Intro to Statistics (3)
HIST (GE) (3)	BIOL 3401 (3) Human Physiology
HLTH 2200 Applied Nutrition (3)	HLTH 2400 Community Health (3)
HLTH 3300 Health Behavioral Theory (3) (F only)	Approved Elective (3)
Total Hours : 15	Total Hours: 16
YEAR THREE	
Fall Semester	Spring Semester
BIOL 3402 Human Physiology (5)	BIOL 3215 Medical Terminology (3)
NUTR 3340 Nutrition (3)	NUTR 3350 Community Nutrition (Spring only) (3)
PSY 3100 Research (3)	HLTH 3350 Epidemiology/Population Health (3) (Sp only)
HLTH 3400 Planning/Evaluation (3) (F only)	HLTH 4410 Implementation/Logistics (3) (Sp only)
COMM 2010: Interpersonal Communication (3)	Approved Elective (3)
Total Hours: 17	Total Hours: 15
YEAR FOUR	
Fall Semester	Spring Semester
HLTH 4370 Pathophysiology (3)	HLTH 4765 Internship (6)
HLTH 4420 Health Advocacy, Policy, & Ethics (Fall only) (3)	HLTH 4450 Global Health (Spring only) (3)
HLTH 4310 Drugs: Addiction to Recovery (3)	Approved Elective (3)
PSY 3220 Life Span (3)	
Approved Elective (3)	
Free Elective (2)	
Total Hours: 17	Total Hours: 12
TOTAL 120	