

**THRIVE PROGRAM**

##### Recommendation Form

Student's name:

Name of person completing this form:

Relationship to student:

##### The THRIVE Program provides a 2-year residential college experience for young adults with intellectual disabilities, building skills for transitioning from home to independence. THRIVE is a certificate program (not an accredited college degree program) and exiting students will receive a Certificate of Success along with their personal portfolio.

Candidates for the THRIVE Program will meet the following criteria:

* be between 18 and 25 years of age at the time of application
* have been diagnosed with an intellectual, cognitive, or developmental disability\* prior to the age of 18
* have been eligible for a free, appropriate public education
* demonstrate basic literacy skills in reading, writing, and math
* possess a desire and potential to benefit from a post-secondary educational experience, but be unlikely to meet the usual college admission criteria or to be successful in a traditional college degree program
* be motivated to become an independent adult
* possess sufficient emotional maturity and stability to participate in all aspects of a residential college-based program, with supports
* demonstrate the ability to accept and follow reasonable rules and behavior respectfully towards others
* agree to attend and participate in classes and activities related to the THRIVE program
* be able to administer any necessary medications independently

Please briefly describe why you believe this applicant would be a good candidate for the THRIVE Program (feel free to add pages or write on the back of this form):

##### PERSONAL SUPPORT INVENTORY

Please indicate the level of support this candidate currently requires in each area below. These are skills that the THRIVE Program is designed to address; therefore, we would not expect successful candidates to be completely independent on each competency prior to enrollment in the program. In fact, due to the nature of intellectual disabilities, some individuals may continue to require supports in some areas throughout their lifetime. If you have not had the opportunity to observe a particular skill, please check Don’t Know.

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| --- | --- | --- | --- | --- | --- | --- |
| **Independent Living Skills** | **Needs Complete Assistance** | **Needs Moderate Assistance** | **Needs**  **Some Assistance** | **Needs Minimal Assistance** | **Completely Independent** | **Don’t Know** |
| Negotiates/finds way around neighborhood, campus environment |  |  |  |  |  |  |
| Orders and makes purchases from a restaurant or store |  |  |  |  |  |  |
| Handles activities of daily living: hygiene, laundry, light cooking, cleaning |  |  |  |  |  |  |
| Use of judgment skills in an emergency |  |  |  |  |  |  |
| Copes with stress and emotions |  |  |  |  |  |  |
| Adjusts to new situations |  |  |  |  |  |  |

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Social Skills and Communication** | **Needs Complete Assistance** | | **Needs Moderate Assistance** | | **Needs**  **Some Assistance** | | **Needs Minimal Assistance** | | **Completely Independent** | | **Don’t Know** | |
| Able to relate to peers |  | |  | |  | |  | |  | |  | |
| Asks for help or clarification |  | |  | |  | |  | |  | |  | |
| Communicates needs in an appropriate manner |  | |  | |  | |  | |  | |  | |
| Engages in appropriate social interaction |  | |  | |  | |  | |  | |  | |
| Uses telephone, email |  | |  | |  | |  | |  | |  | |
| Able to resist peer pressure |  | |  | |  | |  | |  | |  | |
| Recognizes potentially dangerous situations |  | |  | |  | |  | |  | |  | |
| **Academic and Career Skills** | **Requires Complete Assistance** | **Needs Moderate Assistance** | | **Needs**  **Some Assistance** | | **Needs Minimal Assistance** | | **Completely Independent** | | **Don’t Know** | |
| Attends school/work regularly |  |  | |  | |  | |  | |  | |
| Punctual, takes appropriate breaks |  |  | |  | |  | |  | |  | |
| Able to verbalize personal and emergency information |  |  | |  | |  | |  | |  | |
| Dresses appropriately for the weather and situation |  |  | |  | |  | |  | |  | |
| Meets hygiene expectations |  |  | |  | |  | |  | |  | |
| Motivated to learn and persist on new tasks |  |  | |  | |  | |  | |  | |
| Completes assigned tasks |  |  | |  | |  | |  | |  | |
| Accepts corrective feedback |  |  | |  | |  | |  | |  | |
| Checks and self-corrects work for completion and accuracy |  |  | |  | |  | |  | |  | |
| Able to follow verbal directions |  |  | |  | |  | |  | |  | |
| Able to follow written directions |  |  | |  | |  | |  | |  | |
| Follows rules and safety procedures |  |  | |  | |  | |  | |  | |
| Cooperates with team members |  |  | |  | |  | |  | |  | |
| Gets along with peers |  |  | |  | |  | |  | |  | |
| Keeps a daily schedule |  |  | |  | |  | |  | |  | |
| Able to tell time |  |  | |  | |  | |  | |  | |
| Able to structure own time |  |  | |  | |  | |  | |  | |
| Math skills (please estimate grade level) |  |  | |  | |  | |  | |  | |
| Reading skills (please estimate grade level) |  |  | |  | |  | |  | |  | |
| Writing skills (please estimate grade level) |  |  | |  | |  | |  | |  | |
| Computer skills |  |  | |  | |  | |  | |  | |

Is there anything else you would like the selection committee to know about this applicant?

*THANK YOU*