## What makes **THRIVE** unique?

- Offered on a major, public university campus
- Full integration into residential, social and community life
- Experienced instructors, advisors and counselors to support each student
- Collaborative partnerships with educational agencies and community business
- Core classes emphasize life and social skills, independent living, academic enrichment and career development opportunities
- Campus residence hall living supported by THRIVE student mentors
- Person-centered planning and internships provided. Students experience employment opportunities that match their skill and interests

Graduate from the THRIVE program with a two-year certificate of success!





# **CONTACT US!**

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/UCM-THRIVE





Inspiration and start-up funding for THRIVE provided through the generosity of donors to Expanding College for Exceptional Learners.

# THRIVE

Transformation • Health • Responsibility Independence • Vocation • Education





## MAKING THE NEXT STEP POSSIBLE







At UCM we believe the opportunity for a higher education should be available for all that desire it— Our THRIVE program embodies this value. This program:

- 1. Empowers students with intellectual and developmental disabilities to be independent, participating members of their communities.
- 2. Focuses on self-determination driven by the six core threads in the THRIVE program:
  - Transformation
  - Health

- IndependenceVocation
- Responsibility
- Education

Program success is measured by student outcomes that demonstrate equality of opportunity, full participation, independent living and self-sufficiency.

## **ADMISSIONS CRITERIA**

Applicants must:

- Be 18-25 years old at the time of application.
- Have been diagnosed with an intellectual, cognitive or developmental disability prior to the age of 18.
- Possess sufficient emotional maturity and stability to participate in all aspects of a supported residential college-based program.
- Have been eligible for a free, appropriate public education and have the ability to participate in an independent living environment.
- Demonstrate the ability to accept and follow reasonable rules and behave respectfully towards others.

## To apply, submit an application packet to the THRIVE program.

The application packet should include:

- Four letters of reference
- Disability documentation

Priority is given to applications received by December 31

For more information, visit ucmo.edu/thrive.

#### Semester One

- THRIVE Seminar I: University Foundations
- Daily and Independent Living Skills
- Beginning Bowling (eight weeks) and Valuing Differences (eight weeks)
- Technology Literacy Class and Lab
- Relationships 101
- PLATO (computerized program for academic skills)
- Recreation or Fitness
- Person-Centered Planning, Communications, Study Halls

#### Semester Two

- THRIVE Seminar II: Learning Strategies
- Workplace and Community Skills
- Personal Math
- Elective Class (Credit or non-credit based on student interest or career path)
- PLATO (computerized program for academic skills)
- Recreation or Fitness
- Person-Centered Planning, Communications, Study Halls

## Semester Three

- THRIVE Seminar III: Transition Planning I
- Elective Class (Credit or non-credit based on student interest or career path)
- Internship I (Individualized, 12–20 hours per week)
- PLATO (computerized program for academic skills and work skills)
- Recreation or Fitness
- Person-Centered Planning, Communications, Study Halls

### Semester Four

- THRIVE Seminar IV: Transition Planning II
- Elective Class (Credit or non-credit based on student interest or career path)
- Internship (Individualized, 12–20 hours per week)
- PLATO (computerized program for academic skills and work skills)
- Recreation or Fitness
- Person-Centered Planning, Communications, Study Halls