

University Housing: COVID-19 Response and Social Distancing

What does a socially distant move in process look like?

- Apartment residents in Foster Knox, Todd, Nickerson, and The Crossing as well as the residence halls will sign up for a specific move in time
- Students will enter the building alone to pick up keys and paperwork
- Limit of 2 additional family/friends to help move the student in. Students and guests will need to wear masks/cloth face coverings when in public areas.
- Students should plan to complete the move in within 2 hours
- Once all possessions are inside the room, guests and student should be inside the room with the door closed
- One family unit at a time should utilize the elevators
- Volunteers will be posted at exterior doors to direct students to the appropriate move in locations

What does social distancing look like in housing?

- Residence hall rooms are single occupancy rooms
- Maintain six feet from others
- Common spaces (floor lounges, laundry room, student kitchens) will have signs posted regarding the recommended capacity for utilizing the space.
- Masks will be worn when in public areas and when in student room if you are unable to maintain 6 feet social distancing
- Students should limit student room occupancy to no more than 3 people in the room at a time
- Elevator use will be limited to two students or one family unit at a time

What does social distancing look like in the dining centers?

- All dining employees will wear masks
- Carry-out service will be available
- Floor decals and consistent signage to reinforce traffic patterns and social distancing.
- Stations will be attended by uniformed staff and there will be no self-service stations (i.e. Ice Cream, Toasters, Waffles, Salad Bars)
- Staff will frequently sanitize serving stations to ensure safety
- Efficient station designs for each meal period to ensure quality selection and service and optimal sanitation standards
- No personal refillable containers will be utilized in the dining room
- Menu toppings and condiments to be portioned by the attendant
- Reusable dishware and utensils, if available, to be stored behind the service area and distributed by the attendant in a sanitary fashion
- Adjustments in seating availability, due to local government regulations, and set capacity of the space
- Tables that are cleaned and disinfected after each use and free of any items like salt/pepper shakers or napkin dispensers

What are my actions to maintain good health?

- Students will be responsible for taking their own trash and recycling to exterior containers so custodial can focus on cleaning and sanitizing
- Everyone coming onto campus will wear a face mask that covers mouth and nose when in public areas.
- Students should possess a thermometer, hand sanitizer and cleaning products to assist with sanitizing their living area
- Avoid close contact with people who are sick

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your face, eyes, nose and mouth with unwashed hands.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces, including the bathroom.
- When checking out kitchen equipment/keys to lockable kitchens you will receive a disinfectant spray to treat the kitchen area before/after use
- Clean and disinfect your shared bathroom after use (includes sink and shower faucets, toilet handle)
- Consider using a bathroom caddy so personal possessions remain in your room when not in use

How do I know if I am sick?

- Current medical guidelines indicate the following symptoms may be associated with COVID-19: fever or feeling feverish, chills, headache, muscle aches or body aches, fatigue, cough, difficulty breathing, new loss of taste, new loss of smell, loss of appetite, nausea, vomiting, diarrhea, confusion, rash, sore throat.
- The University Health Center will work with students to help you know whether you need to be tested for COVID-19 and whether you need to quarantine (stay home). Start the process by filling out the COVID-19 Screening form available at the [University Health Center website](#).

What happens if I get sick?

- If you are sick, stay home and let the University Health Center know by completing the [COVID-19 Screening form](#)
- If you need medical assistance, the University Health Center (UHC) is available to provide medical care for students through secure virtual zoom appointments. Call 660-543-4770 for an appointment.
- If you need emergency medical assistance, call 911 from off campus or 660-543-4123 if on campus; an ambulance will be sent. If you think you may have COVID or have been exposed to COVID let the emergency crew know when calling.
- There are 3 levels of COVID-19 quarantine status at UCM. Quarantine typically lasts 10-14 days but may be longer or shorter depending on your situation.
 - Self-quarantine/self-monitor: you have mild allergy-like symptoms (runny nose, sneezing), or participation in any large, in-person gatherings where it was difficult to remain spaced at least 6 feet apart and where attendees traveled from outside the local area.
 - Medical quarantine: you have a known exposure to a person who tested positive for COVID-19 or symptoms of COVID-19 (cough, shortness of breath, fever, headache, body aches, loss of taste or smell) or you have been tested for covid-19 and are awaiting results.
 - Medical isolation: you have a positive test for COVID-19.
- If you are in quarantine/isolation, UCM will work with you to help you continue your coursework.
- People in quarantine or isolation should stay in their residence and not attend class or work or any extracurricular activities until quarantine/isolation is lifted.
- Note: to be eligible to receive a medically excused quarantine absence from class you MUST complete the [COVID-19 Screening form](#) while you are sick.
- Students who are confirmed positive will be provided details about possible relocation and meals if on a student meal plan.
- Students who have a service animal or approved emotional support animal will need to make arrangements for their animal.