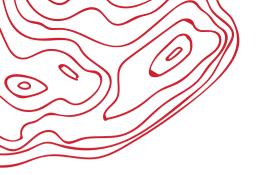


# Warrensburg Area Resources for Students

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From the UCM Office of Health Promotion

Updated May 2021



# **CONTENTS**

\*Indicates resource is for UCM students only

#### **Johnson County Resources**

Local resource page hosted by Johnson County Community Health Services.

#### 211

Call 211 for help finding local resources nationwide, hosted by United Way.

Emergency	1
Food	1
Clothing	2
Disability	3
Career/Academics	4
Classes & Education	6
Housing Assistance/Shelters	6
Transportation	8
Health Care	8
University Wellbeing	10
Safety	12
Child & Family Services	13
Support Groups	15
University Student Life	15
Other Support Services/Assistance	17

### **Emergency**

#### FOR EMERGENCIES CALL 911

Johnson County Ambulance District - 660-747-5735

Johnson County Missouri Sheriff - 660-747-6469 (24 Hours)

National Suicide Prevention Lifeline (24 Hours) - 1-800-273-8255;

Free and confidential support for people in distress, prevention and crisis resources for you or your loved ones.

Poison Control - 1-800-222-1222

### Food

#### Free Groceries:

#### Campus Cupboard

Any UCM faculty, staff member or student who presents a valid UCM ID may select 10 items per week from Campus Cupboard. In the lower level of the UCM Student Recreation and Wellness Center.

Text-Line - Text HELLO to 741-741

#### 660-543-4381

#### ECHO (Early Childhood Hunger Operation)

<u>Facebook.</u> Nonprofit organization and Harvesters agency serving 120 students weekly through 8 area daycare agencies. Distribute food, conduct food drives and fundraisers. **816-714-9311** 

#### Food Stamps - SNAP (Supplemental Nutrition Assistance Program)

The Food Stamp Program helps low-income individuals buy food. Check for eligibility and apply online.

#### Harvesters Food Truck at Shiloh Missionary Baptist Church

A variety of fresh food/grocery items are distributed in a drive-through model. Cars are served on a first-come, first-served basis. **660-747-5685** 

#### Life Church of the Nazarene

One time assistance with gas and food vouchers. 660-747-8949

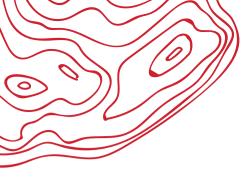
#### Nehemiah Feeding Project

Free meals for all individuals within the Johnson County area on Mondays, Tuesdays, Wednesdays, and Fridays from 5:30 pm until 6:30 pm and every Thursday from 5:00 pm until 6:00 pm.

#### 660-747-5608

#### The Johnson County Food Center

Canned and fresh vegetables and fruit, soups, eggs, bread, cereal, and frozen meat once a month. The amount of food is based on family size and product availability. Clients MUST BE residents of Johnson County, and meet the Missouri Department of Social Services guidelines for poverty-level income. Application required. **660-747-6188** 



#### WIC - Women, Infants & Children

To be eligible for WIC, applicants must have income at or below an income level or standard set by the state agency or be determined automatically income-eligible based on participation in certain programs. Women who are pregnant or breastfeeding, infants, and children up to age 5 are eligible. **660-747-2012** 

# Clothing

#### **Community Clothes Closet**

The Community Clothes Closet provides free clothing for adults and children. They request a \$2 fee per bag, but no one is denied access due to lack of money. Proceeds from the Community Clothes

Closet support the Johnson County Food Center. 660-429-0170

#### **\*UCM Professional Clothing Studio**

The Professional Clothing Studio gives UCM students the opportunity to select professional and business casual clothing appropriate for job fairs, interviews, networking, and class presentations. This service is FREE to all current UCM students! Items are graciously donated 100% by faculty, staff, student organizations, families, community members, and businesses. **660-543-4118** 

# **Disability**

#### Guidance/Advocacy/Assistance:

#### Abilities, LLC

Abilities LLC operates group homes and ISL's in the Warrensburg/Knob Noster areas for children, teenagers and young adults with developmental disabilities. **660-747-7507** 

#### **Behavioral Health Holdings**

Behavioral Health Kansas City creates meaningful change for individuals with developmental disabilities. We work closely with families, schools, and agencies to provide services the individual needs to lead happy and healthy lives. **816-501-5138** 

#### Center for Human Services

<u>Facebook.</u> At the Center for Human Services, we believe in a Life Without Limitations, and for that very reason, we strive to be the leading service provider in Missouri for individuals with disabilities, their families, and new & expecting parents that need our help. **660-826-4400** 

#### **Expanding Horizons**

Expanding Horizons Community Services provides residential services for persons with developmental disabilities. Recognizing people as individuals and not their disabilities enables us to support those who have previously been unable to live in home settings due to their complex medical conditions, severe disabilities or behavioral challenges. **660-747-2676** 

#### Johnson County Board of Services

Provides resource navigation for families; To Support People with developmental disabilities through Advocacy, Resources, and Kindness (SPARK). **660-240-3343** 

#### \*Office of Accessibility Services

Making classes, buildings, events and programs accessible to all students; Testing accommodations, special textbooks, etc. **660-543-4421** 

#### **\*UCM THRIVE**

Through the THRIVE Program, the University of Central Missouri prepares students with disabilities to transition to independent living and find employment that fits their individual goals and abilities.

#### 660-543-4260

#### Welch-Schmidt Center for Communication Disorders

Provides diagnostic and rehabilitative services to children and adults with communication and swallowing disorders. **660-543-4993** 

#### West Central Independent Living Solutions (WILS)

Housing outreach, recreational / therapeutic / transportation services, internet & computer access, ADA information, technical assistance, personal attendant services, and employment info for persons with disabilities. 660-422-7883



#### **Employment:**

#### Missouri Department of Elementary & Secondary Education/

#### Vocational Rehabilitation

Assisting individuals with disabilities, or major barriers to work, find employment opportunities in the community. **660-530-5560** 

#### RISE Community Services

RISE offers individual opportunities to empower voices and achieve dreams through community, employment, residential and vocational services. **660-747-7990** 

### Career/Academics

#### \*Career Services Center

Help exploring internship and career opportunities, strengthening job search skills and building important connections for student's futures, whether you're an alumni or a student on the Warrensburg or Lee's Summit campus. 660-543-4985

#### **Extended Studies**

Extended Studies supports the Missouri Innovation Campus - UCM- Lee's Summit, Online, Dual Credit, Study Abroad, and Workforce and Professional Education initiatives at the University of Central Missouri. **660-543-4984** 

#### J.C. Kirkpatrick Library

Whether you need a big table for group projects, a quiet place to work alone, or just a computer, JCKL has you covered. For research, JCKL provides access to hundreds of thousands of books, millions of scholarly articles, custom-made research starter guides, and expert librarians on call to help you find what you need. **660-543-4154** 

#### \*Military & Veteran Services

UCM's Military and Veterans Success Center provides a safe, secure and supportive environment for transition to college life by connecting students with: Fellow military and veteran students, study groups, a computer lab, assistance from staff. 660-543-8989

#### Missouri Job Center (Sedalia)

Assistance in preparing for and finding employment. 660-530-5627



#### \*Student Financial Services

Go-to source for everything related to financing your education. Student Financial Services will guide you through applying for the FAFSA, understanding the different types of aid, directing you to scholarship options and provide the resources you need

to make educated financial decisions. 660-543-8266

#### \*Success Advising

Academic Success Advisors can help you make the right decisions in selecting a major and defining a path toward earning your degree. We can assist you in building your academic schedule, help you complete required forms and point you toward the resources you'll need

to get where you want to go. 660-543-4721

#### \*Testing Services

UCM Testing Services is dedicated to improving student learning and development, the quality of academic and student support services programs, and the overall intellectual life and learning environment of the institution. Testing Services strives to implement UCM's assessment program, provide the highest quality testing environment, and maintain accurate, confidential and reliable test score and instructional assessment services. **660-543-4919** 

#### \*The Learning Commons

Host to tutoring services, test prep center, supplemental instruction and The Writing Center.

660-543-8972

#### Trails Regional Library - Warrensburg

The mission of Trails Regional Library is to offer opportunities to engage in educational and entertainment activities that enhance and enrich lives. Trails Regional Library endeavors to provide a well-managed, varied collection; contemporary, quality programs and services; effective, courteous customer service; and safe, inviting facilities. **660-747-9177** 

#### **Veterans Upward Bound**

The mission of Veterans Upward Bound (VUB) is to provide supportive services to military veterans, guard members, and reservists which will enable them to enter or re-enter post-secondary education. Although our office is located on the University of Central Missouri campus, veterans in the program can attend a school of their choice. VUB staff will help you understand the costs of attendance to post-secondary education, and assist you with the necessary paperwork and applications. We want to help you prepare fully, so we offer assessments to tell you where you are, and tutoring to get you where you want to be. **660-543-8124** 



### **Classes & Education**

#### **Adult Literacy Program**

Our mission is to expand literacy through instruction, encouragement,

and empowerment. 660-429-5442

#### **Breastfeeding Class at JCCHS**

Through Johnson County WIC. Call to enroll. 660-747-2012

#### Breastfeeding Class at WMMC

Pre-registration required. 660-262-7514

#### Child Birthing & Infant Care Class at WMMC

Free, educational two-night class for patients. Register by calling. 660-262-7514

#### **CPR/AED & First Aid Class**

We provide classroom and online training through the American Heart Association. The classes we offer are BLS for Healthcare Providers and Heartsaver CPR/AED & First Aid classes. Heartsaver Pediatric CPR/AED & First Aid classes are offered monthly. Please contact us for more information, dates being offered, or to schedule your training. 660-747-6121

# Housing Assistance/Shelters

#### CASA (Citizens Against Spouse Abuse), Sedalia

The services that we provide are available to individuals residing in our safe shelter, as well as survivors interested in participating in our outreach program. CASA services include: 24-hour crisis hotline, advocate response for sexual assault survivors at the hospital or law enforcement agencies, court advocacy, individual therapy for adults & children, community support group, residential & outreach services, emergency food & shelter, adult & child case management, Spanish and Russian outreach & interpretive services, community resources & referrals, transportation, volunteer training & development, educational internships & practicum. 660-827-5555

#### Fuller Center for Housing of Johnson County, MO

<u>Facebook.</u> The Fuller Center for Housing of Johnson County, MO primarily serves Johnson County, focusing on serving low income families in need of affordable housing and critical repairs. **660-429-2763** 

#### Housing Authority (Warrensburg)

Warrensburg Housing Authority is a housing authority that participates in the Section 8 Housing Choice Voucher (HCV) program offering housing assistance. **660-747-2281** 



#### **Journey Home**

<u>Facebook.</u> Journey Home will support unsheltered individuals and those in danger of being unsheltered by providing a safe residence, building support networks, and obtaining safe, adequate housing. **660-747-3104** 

#### Missouri Valley Community Action Agency

Individual Development Account, Section 8 housing, weatherization program, crisis intervention, free income tax, diaper assistance. Electric and gas assistance. **660-747-2245** 

#### Refuge on Ming

Homeless shelter offering protection from the elements, basic food and clothing needs, and community integration. 660-624-1062

Survival House

for victims to discuss options, emergency shelter, referrals to other agencies,

Facebook. Services include, but are not limited to, a crisis hotline

case management, crisis intervention, court advocacy, resource advocacy, professional therapy and a volunteer program. Survival House continues to expand and increase its services to both resident and non-resident victims in West Central Missouri. Providing shelter to abused women, men and their children, educating victims, as well as the community, on the nature and dynamics of domestic and sexual violence. 660-429-1088:

Survival's 24/7 Confidential Hotline #: 660-429-2847 OR 800-846-7597

#### Veteran's Supported Housing (Catholic Charities)

Our housing services include rental assistance, transitional housing placement and permanent housing solutions. We work with landlords and community partners throughout Kansas City, Northwest Missouri and Warrensburg to find housing solutions for anyone – families, veterans, older adults or young adults – in need of a place to live. 816-344-3699 OR 816-659-8308



# **Transportation**

#### Amtrak

Train station in downtown Warrensburg.

#### Friend Assisted Rides (FAR) by WILS

Through the WILS FAR transportation program, you are able to lessen the anxiety of appointments by riding with a friend, neighbor, or family member. WILS will reimburse you to pay mileage for the fuel costs of the driver of your choice. Transportation for those with a disability. **660-829-1980** 

#### **Jefferson Lines**

Provides safe, reliable, and affordable bus travel. Bus stop in Warrensburg and inside the Amtrak train station. **800-451-5333** 

#### \*Night Ryder

Free transportation to and from Warrensburg locations with valid UCM Student I.D. Runs when UCM classes are in session during the Fall and Spring semesters. No need to call.

#### Old Drum Transportation Service (OATS)

The Old Drum Bus service is provided by the City of Warrensburg and operated by OATS Transportation, regardless of age, income, disability, race, gender, religion, or national origin.

Call 660-827-2611 to schedule a trip in Johnson County.

#### **\*UCM Safe Team**

The Student Assistant Foot Patrol and Escort (SAFE) Team members are part-time, uniformed, student employees who patrol the campus on foot at night to help deter crime and provide a walking escort from building exit to building entrance or parking areas. In operation seven nights per week during the regular academic year when classes are in session from 7 p.m. - 2:30 a.m. with extended hours on weekends. Call 660-543-4123 for an escort.

### **Health Care**

### Compass Health

Behavioral health services, substance abuse counseling, primary and dental health services.

Two Warrensburg locations. 844-853-8937

#### **Adult Residential Recovery:**

Substance use disorder and addiction recovery center location.

#### First Call Alcohol - Drug Prevention & Recovery (Kansas City)

Help for individuals, families and communities seeking recovery or impacted by substance abuse.

816-361-5900



#### Katy Trail Community Health (Sedalia)

Affordable medical services, family planning, dental care, behavioral health services, care coordination, and other services. M-F: 1-877-733-5824; Sat: 660-826-1188

#### Missouri Department of Mental Health

Crisis, alcohol and drug use, mental illness, developmental disabilities assistance.

#### **New Beginnings**

Pregnancy Resource Center: Pregnancy tests, ultrasound, caring counsel, support services, abortion recovery, Real Choices for Real Life. **660-429-3800** 

#### Recovery Lighthouse, Inc.

Provides individual and group substance abuse counseling. For chemically-dependent people & families. Offer education groups, recovery housing and programs, parenting and anger management classes. 660-429-2222

#### **Survival House**

Facebook. Services include, but are not limited to, a crisis hotline for victims to discuss options, emergency shelter, referrals to other agencies, case management, crisis intervention, court advocacy, resource advocacy, professional therapy and a volunteer program. Survival House continues to expand and increase its services to both resident and non-resident victims in West Central Missouri. Providing shelter to abused women, men and their children, educating victims, as well as the community, on the nature and dynamics of domestic and sexual violence. 660-429-1088;

Survival's 24/7 Confidential Hotline #: 660-429-2847 OR 800-846-7597

#### Western Missouri Medical Center

Western Missouri Medical Center is a fully-accredited acute care facility located in Warrensburg, Missouri. As a not-for-profit, county medical center, Western Missouri Medical Center offers comprehensive health care services to residents of Johnson County and west central Missouri. 660-747-2500

#### Western Missouri Medical Center - Express Care Clinic

When it's not quite an emergency but urgent enough that you need to be seen today, our nurse practitioners and family physician are here for you. 660-262-7580

#### Western Missouri Medical Center - Therapy Services - 660-262-7536

**Physical Therapy:** wmmc.com/practice/physical-therapy/ **Speech Therapy:** wmmc.com/practice/speech-therapy/

Occupational Therapy: wmmc.com/practice/occupational-therapy/
Pediatric Rehab: wmmc.com/practice/pediatric-rehabilitation-services/



\*Campus Community Health

Through our three areas - the Counseling Center, Health Promotion, and the University Health Center - the office of Campus Community Health works to help keep you healthy and safe through health promotion, preventive health and wellness programs, counseling services, and coalition building with both on-campus and off-campus partners. We are committed to addressing and reducing the impact of physical, mental, and emotional health issues on students, through the delivery of quality primary care services and support, in a manner consistent with your level of need.

#### \*Counseling Center

The Counseling Center at the University of Central Missouri provides a variety of services and offers a safe place for you to address any concerns you have about your life or the way you are functioning. Our professional clinicians are here to listen and offer guidance on a variety of personal and social issues. The center also offers Mental Fitness workshops designed to help strengthen your skills for managing life's challenges. Attend at least five workshops in a 12-month period and earn credit on your UCM experience transcript! 660-543-4060

#### \*Health Promotion

The Office of Health Promotion at UCM helps students learn, grow, and thrive through education about, and engagement in, health-promoting and risk-reducing behaviors. Using sound data and best practices such as the Spectrum of Prevention, the Strategic Prevention Framework, and the Social-Ecological Model, we work to put the power of prevention in the hands of our students.

660-543-8947

#### \*UCM Green Dot

Part of the Office of Health Promotion, Green Dot is UCM's primary approach to reducing power-based personal violence on campus and in our community. Green Dot empowers students, faculty, and staff to safely intervene in situations of sexual assault, dating and domestic violence, and stalking by teaching bystander intervention skills and creating a culture of intolerance for power-based personal violence.

660-543-4769

#### \*University Health Center

The University Health Center (UHC) at the University of Central Missouri has a team of dedicated health care professionals available to address your needs. Whether you have an illness or injury or need a routine physical or immunization, we're here for you. If you have ongoing health care needs, our staff can work with your primary care physician to provide lab work, blood pressure checks and other care. We also dispense medications (only those prescribed by UHC providers) and over the counter medications, and have a CLIA-certified lab and immunization clinic.

660-543-4770



#### Title IX/Sex Discrimination & Sexual Misconduct

The University of Central Missouri (UCM) seeks to foster a safe and healthy environment built on mutual respect and trust and is committed to affording equal opportunity in employment and education. UCM believes everyone should have the opportunity to experience our educational environment and University activities free from discrimination. Sex discrimination, including sexual harassment, sexual violence, and other forms of sexual misconduct will not be tolerated. The University prohibits discrimination on the basis of any protected characteristic, including sex, pregnancy, gender identity, gender expression, and gender (non)conformity. By law, UCM has a responsibility to respond promptly and equitably to reports of sexual misconduct. Learn more about mandated reporters and those with privilege of confidentiality.

Title IX Support Line: 660-441-4855; Title IX Coordinator: 660-543-4114



### Safety

#### Domestic Violence Hotline (KC Metro)

This phone is answered 24 hours a day, and you will be able to get information free of charge on housing, financial aid, medical aid, counseling services and shelters.

816-HOTLINE OR 816-468-5463

#### **Domestic Violence Hotline (National)**

With nearly two-and-a-half decades of experience answering the call to support and shift power back to people affected by relationship abuse, the history of The Hotline is full of bold leadership and selfless advocacy. 1-800-799-SAFE (7233)

#### Missouri Child Abuse & Neglect Hotline

The Children's Division Child Abuse and Neglect Hotline is a toll-free telephone line which is answered seven days a week, 24 hours a day, 365 days a year to report suspected child abuse, neglect, or exploitation. Anonymous reports are accepted from individuals who are not mandated by occupation to report, but please consider identifying yourself. **1-800-392-3738** 

#### <u>Parental Helpline</u>

Being a parent is a critically important job, 24 hours a day. It's not always easy. Call the National Parent Helpline® to get emotional support from a trained Advocate and become empowered and a stronger parent. 1-855-427-2736

#### \*Public Safety

The Department of Public Safety at the University of Central Missouri is responsible for all law enforcement and safety on the UCM campus. Located at 306 Broad Street, Public Safety works closely with the Warrensburg Police Department, the Johnson County Sheriff's Department and the Missouri State Highway Patrol. Public Safety oversees University Police, Parking Services, and Access Control. The department provides numerous personal safety and awareness resources and programs designed to keep you safe on campus. 24-Hr: 660-543-4123; Text-Line: 660-422-2632

#### Warrensburg Fire Department

The Mission of the Warrensburg Fire Department is to provide fire suppression, emergency medical services, and community risk reduction services so our community can enjoy high quality of life and property protection delivered with compassion and integrity. 660-747-9136

#### Warrensburg Police Department

Our mission is to create a safe community through partnerships with our community.

660-747-9133

# Child and Family Services

#### **Big Brothers Big Sisters of Johnson County**

Provides mentoring services to Johnson County youth through community based and school based programs. **660-429-1991** 

#### **Child Abuse Prevention Association (CAPA)**

CAPA is committed to preventing and treating all forms of child abuse and neglect by creating changes in individuals, families and society that strengthen relationships and promote healing through counseling, family support and education. **816-252-8388** 

#### Child Safe of Central Missouri (Sedalia)

We are committed to serving children who are alleged victims of sexual abuse, severe physical abuse, exploitation and other traumatic events that involve a crime. We provide advocacy for the child and their non-offending family members. **660-829-3434**;

Child Abuse/Neglect Hotline: 1-800-392-3738

#### Child Support Enforcement

Child Support Enforcement provides a variety of services, from the establishment of paternity and child support orders to the enforcement and modification of child support orders. **660-543-7962** 

#### **Connected Hearts**

Connected Hearts is an organization that provides funds and services donated from the community for needy children to prevent homelessness and help children experiencing homelessness; this is achieved through a school - based referral system. Counselors, social workers and educational personnel identify the children in dire need. **660-441-3047 OR 660-909-2622** 

#### Cornerstones of Care

In partnership with the Missouri Children's Division, we train, license and support individuals, couples and families just like you to provide safe, trauma-informed, temporary homes for children in state custody, including traditional, respite, kinship, and medical foster care. In addition, our specialized treatment foster care program offers the highest level of care available to children who have experienced significant trauma. **660-362-1177** 

#### Family Support Division Information Line

The Family Support Division (FSD) can help you or your family with food stamps, health care, child care, child support, and other needs as we support our mission to maintain and strengthen Missouri families. 855-373-4636 OR 660-543-7900

#### **Head Start**

Preschool program for three and four year old children of families who meet income and qualification guidelines. Early Head Start, helping pregnant teens and children birth to age 3. **660-429-1144** 



#### **Johnson County Extension Office**

Offering information, classes and programming including personal financial management, community development, and 4-H clubs. **660-747-3193** 

#### ParentLink WarmLine

ParentLink's WarmLine provides Missouri residents with access to family strengthening information and support. Visit with professionals who can assist you in thinking through solutions to your parenting concerns. WarmLine professionals have their Masters Degrees in human service fields such as Human Development and Family Studies, Social Work, and Education

and Counseling Psychology. 1-800-552-8522

#### Parents Anonymous of Missouri

The purpose of Parents Anonymous is to prevent child maltreatment and juvenile delinquency by strengthening families through self-help programs. Parents Anonymous provides consultation, training, and technical assistance to agencies, policymakers, and parents. **816-765-6600** 

#### Parents as Teachers (Warrensburg)

Parents As Teachers is an early childhood family education program to assist and support families in preparing their children for success in school and beyond. Give your child the best possible start in life! Join the more than 200,000 families who are benefiting from Parents As Teachers. The Warrensburg R-VI School District currently has four parent educators. **660-747-7424** 

#### Room 29:11

Exists to assist foster families and relative families of children entering foster care. We are a resource to provide much needed items for those children. All items are free of charge for foster children in our area. \*Facebook page has not been active since the beginning of COVID-19 Pandemic.

#### **Salvation Army Social Services**

(Warrensburg) Salvation Army Family Services. 660-422-4304

#### Whiteman AFB Airman & Family Readiness Center

Provide unparalleled, client focused, education, resources and outreach while connecting base and community partners to enhance work-life balance. Open to all active duty military members, Guard, Reserve, spouses, family members, and DoD civilians. 660-687-7132

#### Whiteman AFB Family Advocacy

Classes and Seminars Offered: New Parent Support Program; Play Group; Common Sense Parenting; Love and Logic; You, Your Children and Divorce; 1-2-3 Magic!; Anxiety/Stress Management; SHARP Shifting Angry Response Patterns. 660-687-2188

# **Support Groups**

#### Alcoholics Anonymous (Warrensburg)

2nd Chance AA Group open meetings. 660-624-4132

#### Diabetes Ask the Educator Support Group

This group is for anyone diagnosed with diabetes and those who support them. Meets the fourth Tuesday of every other month. **660-262-7425** 

#### **Different Strokes for Different Folks**

This group is for anyone who has survived stroke or brain injuries and those who support them. Meets the second Tuesday of each month. **660-262-7536** 

#### Johnson County Cancer Support Group

This is a support group of people whose lives have been touched by cancer and need support or have support to give. Meets the first Sunday of each month. 918-845-4440

### **University Student Life**

#### \*Center for Multiculturalism and Inclusivity

The Center for Multiculturalism and Inclusivity (CMI) at the University of Central Missouri works to create a campus atmosphere where people of all backgrounds, identities and perspectives feel welcome, secure and included. The Center helps connect underrepresented students to the resources, organizations and student support services they need to thrive-as UCM students and future professionals. 660-543-8049

#### \*Office of Student Activities

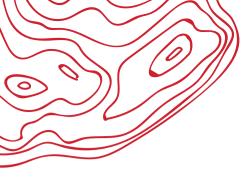
The Office of Student Activities at the University of Central Missouri will help you make the most of your student experience at UCM. You can participate in more than 200 student organizations, engage in diversity education, and build your leadership skills. You'll quickly learn there's something for everyone at UCM! **660-543-4007** 

#### \*Office of the Registrar

The Office of the Registrar & Student Records is where you will find information about academic standing, transcripts, graduation, and more! Contact to remove your directory information (address, phone, etc.) from the university website. **660-543-4900** 

#### \*Student Experience & Engagement Office

The Office of Student Experience and Engagement at the University of Central Missouri provides a wide array of student support services and opportunities to enhance your experience and help you succeed at UCM. Our office is dedicated to connecting you with the programs, facilities and services that will help you grow educationally, professionally and personally. **660-543-4114** 



#### \*Student Recreation and Wellness Center

Get in shape, enhance your personal and physical development and have a great time at the Student Recreation and Wellness Center (SRWC) at the University of Central Missouri. The center features fitness equipment, free weight room, a gym, walking track, climbing wall, sport courts, fitness rooms for group classes and activities, inside seating areas and an outside patio. The center hours and fees were created with UCM students in mind. 660-543-8643

#### \*Technology Support Center

660-543-4357

#### \*University Housing & Dining Services

University Housing provides residential experiences that empower students to become confident, successful, lifelong learners who are dedicated to service. Living on campus is a great choice and an integral part of the complete college experience. With a broad spectrum of opportunities designed to complement your academic endeavors, you'll be part of a community where you can grow and experience life independently, yet have support to help you excel on campus. Plus, there's always something happening! 660-543-4515

#### \*US Bank

We are committed to providing you with better ways to manage your money around the clock, wherever and whenever you need us. We are conveniently located on the main level of the Elliott Student Union in suite 207B, next to Student Activities and the Union Bowling Center. As part of the UCM community, our staff is dedicated to making sure you have the best banking experience possible. 660-747-6143



### **Assistance**

#### Johnson County Cancer Foundation

JCCF is a non-profit organization formed to help the residents of Johnson County, Missouri who need financial support due to the costs of fighting cancer. **660-909-3361** 

#### Johnson County Emergency Management

Disaster preparedness training and information. 660-747-2666

#### Johnson County United Way

Providing support for individuals and families by assessing needs, developing strategies, investing resources, creating solutions and connecting with resources. **660-747-5174** 

#### Legal Aid of Western Missouri

Provides civil legal representation in income maintenance (denials of public assistance benefits); housing (landlord/tenant); utilities; employment; consumer; and domestic relations. Applicants must meet income guidelines and live within the 13 county area. **660-747-7101** 

#### Open Door Benevolent Ministries (Sedalia)

Food pantry, food kitchen, thrift store, and other services. 660-827-1613

#### **Project Community Connect**

<u>Facebook.</u> Project Community Connect is a one-day, one stop event to connect people with health and social services. There will be health screenings, some dental work done, haircuts, showers, birth certificates, and more. It's free and open to the public. **660-864-9613** 

#### Standing in the Gap Ministries

Grocery delivery, sponsorship and mentorship. 816-209-7172

#### **Teachers Warehouse**

The warehouse provides individuals, organizations and the business community with the opportunity to share their resources with our students and school systems. 660-864-3976 OR 660-429-5490

#### Warrensburg Chamber of Commerce

The Warrensburg Chamber of Commerce mission is to create opportunities that drive commerce and promote business; a community that supports business, values education and empowers leaders.

660-747-3168

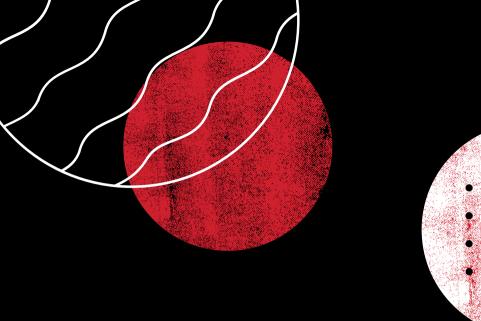
#### Warrensburg City Hall

660-747-9131

#### Warrensburg Main Street

Provides resources for people to support local community/businesses of Warrensburg.

660-429-3988



### Contact the UCM Office of Health Promotion

(660) 543-8947 healthpromotion@ucmo.edu ucmo.edu/healthpromo

