

2010-2012

**Biennial Review
University of Central Missouri**

Submitted to Dr. Charles Ambrose, President

**Prepared by:
Office of Violence and Substance
Abuse Prevention**

I. Statement of Alcohol and Other Drugs (AOD) Program Goals

The university environment reflects and impacts the larger culture. Therefore, while alcohol use is present at UCM, our institution strives to create an environment where alcohol, if used, is used in a low-risk and legal manner. Learning a mature attitude toward alcohol while in college prepares one to handle it in society after leaving college. UCM aims to make alcohol less obtrusive on campus, to help students learn to approach alcohol in a more mature and responsible manner, and to promote a safer environment for the entire community. Students must recognize that when alcoholic beverages are misused, problems will arise, and they must accept the responsibility for preventing and coping with these problems. They should become increasingly aware of the problems associated with alcohol abuse in our society. To this end, the University sponsors programs to educate students in the low-risk and legal use of alcohol, and conducts activities to support a healthy environment in which our students learn and live.

As a result of their experience at UCM, all students should be able to:

Knowledge/Attitude

- K1: Know definitions of safety (i.e. responsible drinking, healthy relationships)
- K2: Recognize a particular situation as threat to health/safety (i.e. alcohol poisoning, domestic violence, hazing)
- K3: Be motivated to take action (i.e. for intervention=connection to community & identifying self as agent of change. For self: intrinsic motivation to change.)
- K4: Diagnose barriers to intervening (i.e. what keeps the average person from stepping up to stop bullying)
- K5: Know options for intervening to overcome barriers (i.e. direct, indirect)
- K6: Know resources for assistance on and off campus
- K7: Know campus system/procedure for seeking assistance
- K8: Know campus system/procedure for reporting crime
- K9: Accurately perceive campus norms regarding violence and substance abuse

Skills

- S1: Make healthy choices regarding substance usage
- S2: Develop and maintain healthy relationships
- S3: Intervene in problematic situations
- S4: Seek assistance for self or others when needed
- S5: Participate in leadership experiences to improve the health and safety of their community
- S6: Participate in academic co-curricular experiences to improve the health and safety of their community
- S7: Utilize their sphere of influence on campus to improve health and safety among their peers

II. UCM's Long Range Goals Related to AOD:

- Continue to decrease binge drinking among all underage students, remaining below the state rate for binge drinking among all students (currently 25.6%). Continue to decrease prevalence of underage drinking overall.
- Reduce UCM high risk drinking rates for all students to below the state rate, currently 25.6%.
- Reduce rates of associated problems due to AOD use (such as missing class or experiencing violence) by UCM students to at or below state rates.
- Eliminate or continue to decrease the percentage of students who have driven after consuming alcohol or ridden with a driver who has been drinking

III. Strategic Plan

University of Central Missouri
Strategic Plan for Alcohol, Tobacco, Other Drug, and Violence Risk Reduction
Initially Approved August 2007
Updated August 2010, August 2011, August 2012, August 2013

The University of Central Missouri (UCM) utilizes a comprehensive approach to address high-risk alcohol use, tobacco, other drug use, and violence (ATODV). Our plan is data driven, focusing on evidence based strategies designed to impact the on and off campus environment, affect individual change, and increase the capacity of our local community to address ATODV. The UCM Office of Violence and Substance Abuse Prevention (VSAP) develops and implements this strategic plan in partnership with the UCM Campus Alcohol Board and other campus entities.

Off campus groups are also referenced in this plan. CAB works collaboratively with the Warrensburg Area Partners in Prevention (WAPIP), a C-2000 campus community coalition, to address ATODV. CAB also supports the work of the Community Coalition of Responsible Choices (CCoRC) project which originated from a U.S. Department of Justice Enforcing Underage Drinking Laws grant awarded in October 2009. This grant is currently in a no-cost extension status through September 30, 2014.

This strategic plan consists of 10 focus areas indicated by data from UCM's administration of the Missouri College Health Behavior Survey (MCHBS). The ten focus areas include:

1. Underage drinking
2. High risk drinking
3. Driving while intoxicated
4. Marijuana use
5. Tobacco use
6. Sexual or intimate partner violence
7. Bystander intervention skills training
8. Using prescription drugs without a prescription
9. Ensuring adequate program resources
10. Ensuring program evaluation

Focus Area 1—Underage Drinking: Since 2007 UCM has seen a 31% reduction in all underage students who reported binge drinking (defined as consuming 5 or more drinks in a two-hour period) in the past two weeks (from 34.9% to 24.1%.) Source: Q48, MCHBS.

Long-term goal: Continue to decrease binge drinking among all underage students, remaining below the state rate for binge drinking among all students (currently 25.6%). Continue to decrease prevalence of underage drinking overall.

Strategy 1.1: **Provide alcohol prevention education**, with an emphasis on first year students. (*Prevention Education*) Strategy Lead: Violence and Substance Abuse Prevention (VSAP), Residence and Greek Life, and additional CAB members.

- Activity 1.1.a: Require Alcohol Edu (pre-matriculation) for first year students.
- Activity 1.1.b: Utilize peer educators and trained volunteers to provide educational programs covering policy, social norms clarification, and harm reduction in housing, Greek Life, athletics, and other groups to complement and increase the knowledge and decision-making skills introduced in AEDU.
- Activity 1.1.c: Increase internship and volunteer opportunities in VSAP, to support students' academic goals and to better inform VSAP of student culture

Strategy 1.2: **Utilize Maxient software to optimize the role of campus administrative procedures and law enforcement** as part of a comprehensive strategy (*Environmental Management*) Strategy Lead: Associate Vice Provost for Student Experience and Engagement, with cooperation and assistance from CAB

- Activity 1.2.a: Review current administrative procedures and sanctions for all areas for consistency and effectiveness
 - Objective 1.2.a: report status and recommendations to CAB
- Activity 1.2.b: Review current public safety procedures for consistency and effectiveness.
 - Objective 1.2.b: report status and recommendations to CAB
- Activity 1.2.c: Evaluate outcome data: #'s of repeat offenses, # with violations on academic probation or suspension, etc
 - Objective 1.2.c: report to CAB
- Activity 1.2.d: Update procedures and sanctions as recommended and engage campus-wide stakeholders to approve, implement and communicate campus administrative procedures to all key stakeholders including students.

- Objective 1.2.d: complete procedure and sanctions recommendations and changes, and draft a communication strategy to inform major stakeholders

Strategy 1.3 Increase **alcohol-free, affordable, late night entertainment options** for students (*Alternative Activities, Environmental Management*) Strategy Lead: Office of Student Activities and Wing It (the Whiteman Air Force Base DOJ grant activities group), with cooperation and assistance from CAB and VSAP.

- Activity 1.3.a: Increase partnerships between campus and community offices for late night events.
 - Objective 1.3.a: Number of alcohol-free activities offered to students
- Activity 1.3.b: Develop and build in program evaluation for this strategy, including impact of the program on decisions to drink or not,
 - Objective 1.3.b: report to CAB
- Activity 1.3.c: Continue to provide mini grants for late night alcohol free activities planned by student groups
 - Objective 1.3.c: number of alcohol free activities planned by students and attendance at these activities

Strategy 1.4 **Engage Warrensburg Area Partners in Prevention (WAPIP) coalition** in promoting the safe sale, service and consumption of alcohol. (*Environmental Management*) Strategy Lead: VSAP and Vice Provost for Student Experience and Engagement

- Activity 1.4.a: Provide leadership, administrative support and funding as available to WAPIP in support of environmental management efforts
- Activity 1.4.b: Evaluate and report progress towards goals
- Activity 1.4.c: Support downtown revitalization efforts to support a safe and sociable hospitality environment when alcohol is served

Strategy 1.5: **Promote the use of effective academic practices and procedures** to reduce underage drinking. (*Environmental Management*) Strategy Lead: VSAP, Associate Vice Provost for Student Experience and Engagement

- Activity 1.5.a: Utilize the VSAP webpage as a campus and community resource for prevention theory and practice
- Activity 1.5.b: Encourage alcohol violations as an indicator of academic risk by addressing this in discussions of student retention and the UCM CARE (Consult, Assess, Respond, Educate) Team

Strategy 1.6: **Promote the use of effective university and department/office-level alcohol policies and procedures.** (*Environmental Management*) Strategy Lead: Associate Vice Provost of Student Experience and Engagement, with support from CAB

- Activity 1.6.a: Annually review all university and department/office-level alcohol policies and procedures and recommend changes as needed to improve outcomes and ensure use of best-practice strategies.
 - Objective: 1.6.a: Number of policies and procedures reviewed each year.
- Activity 1.6.b: Update and revise the university procedures for alcohol sales and service to better reflect the role of CAB in the process, and to serve as a better tool for educating

campus members on expectations for events in which alcohol sales or service is requested.

- Objective 1.6.b: template available for procedural review
- Activity 1.6.c: Review compliance with the Safe and Drug Free Schools Act
 - Objective 1.6.c: updated procedures
- Activity 1.6.d: Assist and provide consultation to the Alcohol Review Board, comprised of select university administrators, on the review and approval process for all proposed changes to alcohol procedures and requests for non-routine alcohol sales or service.
- Activity 1.6.e: Investigate potential need for Board of Governors policy, or UCM procedure, for UCM alcohol or other drug corporate sponsorship and advertisement.
 - Objective 1.6.e: report to CAB, draft text if needed.

Strategy 1.7: Conduct Covert Underage Buyer (CUB) compliance checks in local establishments (*Environmental Management*) Strategy lead: Community Coalition of Responsible Choices (CCoRC) Alcohol Enforcement Team, with membership from UCM Public Safety, Warrensburg PD, Knob Noster PD, Holden PD, and Johnson County Sheriff's Department

- Activity 1.7.a: Provide server training to local establishments
- Activity 1.7.b: Conduct compliance checks saturations
 - Objective 1.7.b: outcomes of checks
- Activity 1.7.c: Publicize the outcomes of the checks to local media

Focus Area 2—High Risk Drinking: UCM has seen a 19% reduction among **all students** in binge drinking since 2007, (from 34.8% to 28.2% of all students.) Considering **only those UCM students who drink**, 34.9% do so in a high risk way (5 or more drinks in a 2 hour period at least once in the past two weeks.) (Source: Q48, MCHBS.) This type of consumption increases student risk for impairment issues, negative consequences and resultant academic difficulties, and long term health problems.

Long term goals:

- I. Reduce UCM high risk drinking rates for all students to below the state rate, currently 25.6%.
- II. Reduce rates of associated problems due to AOD use (such as missing class or experiencing violence) by UCM students to at or below state rates.

Strategy 2.1: Implement all activities and interventions under Focus Area 1 – Underage Drinking.

Strategy 2.2: Be EPIC (Encouraging Positive Interventions on Campus) Campaign (*Social norms clarification, bystander intervention, brief intervention*). Strategy Lead: VSAP, with cooperation and assistance from University Relations

- Activity 2.2.a: Utilize MCHBS data to develop EPIC Social Norms Marketing Campaign messages. Include an action step (i.e. learn more, take the survey, etc.) on each poster.
- Activity 2.2.b: Identify ways to require students to take the E-CHUG as part of the EPIC campaign
 - Objective 2.2.b: Implementation of plan

Strategy 2.3: **Small group social norms clarification/bystander intervention exercises** utilizing audience response technology (“clickers”). (*Social norms, bystander intervention, prevention education*). Strategy lead: VSAP, with support from Institutional Research

- Activity 2.3.a: Assess social norms related to academics and harm reduction strategies through MCHBS
- Activity 2.3.b: Update existing jeopardy games and clicker presentations with new MCHBS data
 - Objective 2.3.b: number of programs provided and program evaluations
- Activity 2.3.c: Create new social norms programs as appropriate.

Strategy 2.4: **Harm Reduction education** (*Prevention Education, harm reduction*): Strategy Lead: VSAP

- Activity 2.4.a: UCM students report playing drinking games at higher rates than Missouri rates. Expand harm reduction strategies, focusing particularly on drinking games.
- Activity 2.4.b: Develop a UCM specific, EPIC BAC card

Strategy 2.5: **Increase help seeking behavior, including the effective use of intervention and recovery resources** for students. (*Problem Identification and Referral, Brief Interventions*) Strategy lead: Student Behavior Team, Counseling Center, and VSAP, with cooperation and assistance from CAB

- Activity 2.5.a: Utilize ECHUG brief assessment and motivational interviewing as an alcohol sanction for first violations.
 - Objective 2.5.a: track access and utilization for all referral sources.
- Activity 2.5.b: Educate the campus community about referral processes and available resources
 - Objective 2.5.b: production and distribution of web or print materials
- Activity 2.5.c: Implement BASICS for alcohol policy second offenses
 - Objective 2.5.c: Number of trainings conducted
- Activity 2.5.d: Investigate on-campus recovery options for students
- Activity 2.5.e: Utilize Maxient software to track local off-campus alcohol violations among students

Strategy 2.6: **Educate potential party hosts** about ways to decrease risk for themselves and their guests (*Environmental Management*) Strategy lead: VSAP and Department of Public Safety

- Activity 2.6.a: develop electronic methods of distributing the information available in the House Party Guide
- Activity 2.6.b: Distribute all printed guides
 - Objective 2.6.b: number of guides delivered
- Activity 2.6.c: report parties advertised on Facebook to Public Safety so they can talk with party planners before the event to help them plan better or avoid service to minors
 - Objective 2.6.c: number of conversations

Strategy 2.7: **Provide server training for students** who are employed at local liquor license establishments to help them discourage service to underage and clearly intoxicated individuals. (*Environmental Management, Prevention Education*) Strategy lead: VSAP and Career Services

- Activity 2.7.a: Work with Missouri Department of Public Safety, Missouri Alcohol and Tobacco Control to provide Server training for students at the beginning of each semester
- Activity 2.7.b: Provide recognition for students who complete the training

Strategy 2.8: Conduct alcohol enforcement saturations focusing on private parties (*Environmental Management*) Strategy lead: Community Coalition of Responsible Choices (CCoRC) Law Enforcement group, with membership from UCM Public Safety, Warrensburg PD, Knob Noster PD, Holden PD

- Activity 2.8.a Conduct alcohol enforcement saturations
 - Objective 2.8.a: outcomes of saturations

Focus Area 3—Drinking and Driving: 25.2% of UCM students (compared to 24.6% statewide) report driving after drinking at least once in past year (C_Q86, MCHBS 2013). 30.6% of UCM students (compared to 35.8% statewide) reported riding in a vehicle a driver who had been drinking at least once in past year (C_Q90, MCHBS 2013.)

Long-term goal: Eliminate or continue to decrease the percentage of students who have driven after consuming alcohol or ridden with a driver who has been drinking

Strategy 3.1: Strengthen the CHEERS program. (*Harm reduction/Health Protection*)

Strategy Lead: VSAP, Department of Justice Grant team, and WAPIP

- Activity 3.1.a: Develop and implement strategies to recruit and retain local and area establishments in the CHEERS program.
 - Objective 3.1.a: number of businesses who join CHEERS
- Activity 3.1.b: Advertise CHEERS to students, along with the definition of as designated driver as one who has had 0 drinks

Strategy 3.2: Continue the Night Ryder safe ride program (*Harm reduction/Health Protection*)

Strategy Lead: Office of Student Activities, with support from CAB

- Activity 3.2.a: Increase publicity of the Night Ryder schedule and phone numbers
 - Objective 3.2.a: Development and distribution of Night Ryder publicity
- Activity 3.2.b: Provide businesses with materials to give patrons to explain the Night Ryder
 - Objective 3.2.b: Number of materials distributed
- Activity 3.2.c: Evaluate the need for and feasibility of transportation to/from private parties, considering a variety of models

Strategy 3.3: Conduct periodic DWI saturations (*Environmental Management*) Strategy lead: Community Coalition of Responsible Choices (CCoRC) Alcohol Enforcement Team, with membership from UCM Public Safety, Warrensburg PD, Knob Noster PD, Holden PD, and Johnson County Sheriff's Department

- Activity 3.3.a Conduct DWI saturations
 - Objective 3.3.a: outcomes of saturations
- Activity 3.3.b: Press Releases about saturations

Strategy 3.4: Consider DWI checkpoints as a way to raise public awareness about enforcement

- Activity 3.4.a: Discuss possibility at CCoRC Alcohol Enforcement Team meetings

Focus Area 4—Marijuana: The percentage of UCM students who report using marijuana once or more in the past year increased between 2012 and 2013 from 19% to 27%. (In 2013, the state average for past year prevalence of marijuana use is 22%.) 4.7% of UCM students use marijuana daily, which is almost twice the state average for daily use (2.6%). Source: Q116, MCHBS 2013

Long-term goal: Decrease marijuana usage rates to below state rates.

Strategy 4.1: Utilize social norms clarification to promote the positive norm (*Prevention Education*). Strategy lead: VSAP

- Activity 4.1.a: Integrate marijuana norms clarification into the EPIC social norms campaign
- Activity 4.1.b: Develop marijuana small group social norms clarification program

Strategy 4.2: Evaluate the effectiveness of current sanctions schedule for students who violate university drug policy (*Environmental Management, Brief Interventions*) Strategy lead: VSAP, with support from Associate Vice Provost for Student Experience and Engagement

- Activity 4.2.a: Track violations through Maxient
- Activity 4.2.b: Utilize BASICS for marijuana for all offenses

Focus Area 5—Tobacco: 29.5% of UCM students report smoking cigarettes at least once in the past year (compared to 20.5% statewide). 8% of UCM students report using smokeless tobacco at least once in the past year (compared to 6% statewide.) Source: Q160, MCHBS 2013

Long-term goal: Reduce tobacco use among UCM students to at or below state rates.

Strategy 5.1: Provide tobacco cessation services to students (*Brief interventions*) Strategy lead: VSAP

- Activity 5.1.a: Train staff and volunteers in tobacco cessation
- Activity 5.1.b: Provide free or low cost nicotine replacement therapy to students
- Activity 5.1.c: Advertise this service
- Activity 5.1.d: Conduct tobacco cessation motivational interviews
- Activity 5.1.e: Evaluate outcomes

Strategy 5.2: Implement a tobacco-free environment at UCM (*Environmental management, peer education*) Strategy lead: VSAP, Vice Provost for Student Experience and Engagement

- Activity 5.2.a: Provide leadership for UCM Tobacco Policy Implementation committee
- Activity 5.2.b: Provide training to the campus community for how to ask for compliance with the revised campus tobacco policy, to be in effect January 1, 2014.
- Activity 5.2.c: Consult as appropriate with national experts on tobacco policy change
- Activity 5.2.d: Develop signs, print and electronic media to communicate the new policy
- Activity 5.2.e: Evaluate the effectiveness of the new policy utilizing environmental scanning

Strategy 5.3: **Develop Tobacco Free Ambassadors peer education group.** (Peer education).
Strategy lead: VSAP

- Activity 5.3.a: Recruit and train TFAs
- Activity 5.3.b: Assist TFAs in developing activities for the year

Focus Area 6— Sexual or Intimate Partner Violence: 14.8% of UCM students report experiencing non-consensual sexual contact in their lifetime (state average 13.3%). 2% of UCM students report experiencing sexual assault in the past year (state average 1.4%). 23.6% of UCM students report they have been in a verbally or emotionally abusive relationship (state average of 17.6%), and 18.6% report experiencing mental abuse (state average 14.4%). This is an increase in all areas since 2012. Source Q202, 214, 201, MCHBS 2013.

Long term goal: Eliminate or decrease the prevalence of sexual and intimate partner violence to below state rates.

Strategy 6.1: **Utilize social norms clarification/bystander intervention skills** training to focus on sexual assault prevention. Strategy lead: VSAP

- Activity 6.1.a: Develop training sessions
- Activity 6.1.b: Adapt training session to be appropriate other diverse audiences such as social fraternities and sororities, athletes, or ROTC students

Strategy 6.2: **Raise awareness of local resources and reporting mechanisms** for victims of sexual and intimate partner violence. Strategy lead: Counseling Center, with assistance from VSAP.

Strategy 6.3: Because the majority of sexual assaults among college students involve alcohol, **all of the above strategies in Focus Area 2—High Risk Drinking** are applicable to this focus area.

Strategy 6.4: **Continue to evaluate and improve advocacy, education, and reporting systems to support a safe campus environment.** Utilize Title IX and Campus SaVE act as guidelines.
Strategy lead: Vice Provost for Student Experience and Engagement, Title IX Coordinator

- Activity 6.4.a: Implement online gender violence prevention education for all incoming students
- Activity 6.4.b: Develop advocacy system through new Mentoring, Advocacy and Peer Support office

Strategy 6.5: **Bystander intervention skills training** as described in Focus Area 7.

Focus Area 7—Bystander Intervention Skills Training: Bystander Intervention (BI) skills training is a promising practice for addressing each of the focus areas above. UCM is committed to teaching Bystander Intervention skills training to a broad spectrum of students, faculty and staff members in order to empower our community to act on our values.

Long term goal: The majority of UCM students will complete a BI skills training by the time they graduate UCM. Currently 7.8% of UCM students have completed a training (source: Q272 UCM specific MCHBS 2013)

Strategy 7.1: **Develop EPIC social norms marketing campaign** for intervening in a variety of issues. (Also discussed in Strategy 2) Strategy lead: VSAP, with support from student designer in University Relations

- Activity 7.1.a: Collaborate with University Relations to develop an EPIC brand
- Activity 7.1.b: revise VSAP website to incorporate EPIC
- Activity 7.1.c: implement campaign

Strategy 7.2: **Continue to improve existing EPIC small group social norms/bystander intervention skills program.** Strategy lead: VSAP

- Activity 7.2.a: Collaborate with Residence and Fraternity and Sorority Life, University Athletics, and others to make a plan for incorporating EPIC into their organizational culture.
- Activity 7.2.b: Develop and present organizational specific programs

Strategy 7.3: **Support development of the new EPIC Educators bystander intervention/peer education group.** Strategy Lead: VSAP

- Activity 7.3.a: Provide training for EPIC Educators
- Activity 7.3.b: assist EPIC Educators in developing their plan for the year

Strategy 7.4: **Use social media to capture and share positive intervention stories/success stories**

Focus Area 8—Using prescription drugs without a prescription: 17.7% of UCM students have used prescription drugs such as Adderall, Oxycotin, or Ambien without a prescription at least once in the past year, compared to a state average of 15.4% (Q133, MCHBS 2013)

Strategy 8.1: **Implement social norms campaign** regarding this issue. Strategy Lead: VSAP, with support from University Relations

- Activity 8.1.a: Work with PIP graphic designer to develop messaging
- Activity 8.1.b: Utilize EPIC Educators to help distribute materials

Strategy 8.2: **Implement prescription drugs prevention education campaign.** Strategy Lead: VSAP

- Activity 8.2.a: Work with PIP to train EPIC educators
- Activity 8.2.b: Look at MCHBS data to determine if

Focus Area 9—Ensuring adequate program resources: Sustaining a comprehensive ATODV prevention program requires adequate, ongoing resources, including engaged and well-trained students and staff.

Long-term goal: Secure adequate resources and develop partnerships to fully implement the university strategic plan for AODV prevention on an annual basis.

Strategy 9.1: **Appropriately utilize university sources of program support.** Strategy lead: Vice Provost for Student Experience and Engagement, with support from CAB

- Activity 9.1: conduct regular resource utilization analysis. Make recommendations for university leadership on any significant resource allocation needs to support and sustain essential programs.

Strategy 9.2: Appropriately utilize Missouri Partners in Prevention (MOPIP) grant resources to implement the university strategic plan prevention. Strategy lead: VSAP

- Activity 9.2.a: Ensure all grant participation requirements are met, including monthly PIP meeting attendance.
- Activity 9.2.b: Maximize use of available grant funds to support implementation of the university strategic plan

Strategy 9.3: Apply for and manage appropriate state and national grant funds as they become available. Strategy Lead: VSAP, with support from CAB

- Activity 9.3.a: Implement project activities as outlined in U.S. Department of Justice Grant to Enforce Underage Drinking Laws subcontract from the Missouri Department of Public Safety
 - Objective 9.3.a: Complete activities by September 2013
- Activity 8.3.b: Implement project activities as outlined in the ACT Missouri grant (if funded)
 - Objective 9.3.b: Complete activities by September 2014
- Activity 9.3.c: Regularly evaluate new grant opportunities.

Strategy 9.4: Increase the capacity of and support for student leaders and student groups to engage in effective prevention efforts

- Activity 9.4.a: Provide training for groups on evidenced based strategies
- Activity 9.4.b: Advise GAMMA (Greeks Advocating Mature Management of Alcohol)
- Activity 9.4.c: Involve students in the Campus Alcohol Board and Warrensburg Area Partners in Prevention coalition. Seek student involvement in projects outlined in this strategic plan.
- Activity 9.4.d: Provide funding to Residence and Greek Life Community Advisors who utilize evidenced based alcohol programs in their communities.

Strategy 9.5: Support necessary and ongoing education of student, staff and faculty who are responsible for implementing this strategic plan. To include:

- Activity 9.5.a: Meeting of the Minds Annual Conference
- Activity 9.5.b: Tobacco cessation training
- Activity 9.5.c: Motivational Interviewing training
- Activity 9.5.d: BASICS training
- Activity 9.5.e: Membership in Missouri Coalition Against Domestic and Sexual Violence
- Activity 9.5.f: Membership in BACCHUS Peer Education Network
- Activity 9.5.g: Additional periodic training as needed, such as CPE training, Ethics training, etc.

Strategy 9.6: Develop new partnerships for ATODV prevention

Focus Area 10—Ensuring adequate program evaluation: All aspects of this ATODV prevention strategic plan require accurate, meaningful and ongoing evaluation for effectiveness and efficacy.

Long-term goal: Conduct regular, ongoing program evaluation on all aspects of the university ATODV strategic plan.

- Strategy 10.1: **Implement MCHBS** each spring between February and April. Strategy lead: Institutional Research
- Strategy 10.2: **Include program evaluation** in all aspects of strategic plan implementation. Strategy lead: All
- Strategy 10.3: **Utilize the results** of ongoing program evaluation to inform and influence the initiatives and strategies utilized in this university strategic plan. Strategy lead: CAB, VSAP
- Strategy 10.4: **Conduct biennial review** to inform our practice and in compliance with Safe and Drug Free Schools legislation. Strategy lead: VSAP

State and Federal Laws

Compliance with the Drug Free School & Campuses Act

The University of Central Missouri ensures compliance by completing a biennial review of AOD prevention efforts and ensuring all UCM community members are informed of AOD policies, laws, and risks associated with use.

All students (on-campus, students abroad, those taking online classes and those who take courses at the UCM Summit Center) receive the policies regarding conduct, alcohol, tobacco and other drugs annually in the handbooks given out when students purchase textbooks at the beginning of the fall semester. All policies are also available online 24/7 in UCM's Guide to Good Decision-Making. New students who begin in the spring semester instead of fall receive the handbook when they arrive. If a student requests a policy, they are directed online or to the Office of Student Engagement and Experience, Administration Building 213. All policies and procedures regarding standards of conduct, alcohol, tobacco and other drugs can be found in full text in UCM's Guide to Good Decision-Making, which is available online at:

<http://www.ucmo.edu/student/documents/decisionmaking.pdf>

All new UCM employees are briefed on the AOD policies during new employee orientation, which occurs twice a month. All students also have access to the policies through the UCM website: available at www.ucmo.edu/hr/handbooks/manual/relations.cfm. Requests for policy are directed to Human Resources.

UCM is currently working to develop a coordinated effort for mandatory annual notifications; the DFSC annual notification will be included in that effort.

UCM's Drug Free Schools and Workplace Statement

The University has established and is committed to enforcing clear policies that promote an educational environment free from the abuse of alcohol and other substances. The University complies with federal regulations that require an alcohol and drug testing program for safety sensitive positions. The University expects students, employees, visitors, and organizations to adhere to state statutes prohibiting individuals under the age of 21 from drinking or having alcohol in their possession. Drinking or possession of alcoholic beverages is prohibited in University buildings and residence halls except in those places where an explicit exception has been granted. The University also expects students, employees, and visitors to comply with laws that govern the possession, use, distribution, and sale of alcohol and illicit drugs. Anyone found to be in violation of such laws shall be subject to all applicable criminal penalties, as well as disciplinary action in accordance with applicable policies of the University of Central Missouri. Students under the age of 21 are reminded it is unlawful to use fictitious identification for purchasing alcohol. Health risks associated with the use of illicit drugs and alcohol include, but are not limited to, addiction, accidents as a result of impaired judgment and ability, overdose, damage to internal organs or a developing fetus, and unpredictable or violent behavior. Information on referral and assistance with alcohol or drug-related problems is available from the Counseling Center (PH 660-543-4060), University Health Center (PH 660-543-4770), or Human Resources (PH 660-543-4255).

Compliance with the Jeanne Clery Act

The Security Annual Report is produced each year in compliance with the Clery Act. This report details many of the steps taken by the University and the Security Department to ensure the security of its students, faculty, and staff. This report is available here:

<http://www.ucmo.edu/ps/police/UCMAnnualSecurityandFireSafetyReport.pdf>

Missouri Laws

In Missouri, it is illegal for anyone under the age of 21 to consume, purchase or possess alcohol. If a person violates these laws and is found guilty in a court of law, they are subject to suspension of driving privileges, a fine of up to \$1,000, and up to one year in jail.

Additionally, Missouri has a "Possession by Consumption" law which prohibits minors from having a blood alcohol content in excess of .02%. For more information about Missouri alcohol laws, visit the Missouri General Assembly Revised Statutes (Chapter 311) at <http://moga.mo.gov/statutes/C300-399/3110000325.HTM>. For information about Missouri drug laws visit the Missouri General Assembly Revised Statutes (Chapter 195) at <http://www.moga.mo.gov/statutes/c195.htm>.